SECRETS

Physical, and Chirurgical:

By the deceased Dutchesse of LE-NOX, and now published for the use and benefit of such as live farr from Physicians and Chirurgions: being approved of by eminent Doctors, and published by their charitable advice for the publique good.

Whereunto is annexed,
A Discovery of the Natures and
Properties of all such HERBS
which are most commonly
known, and grow in
Country gardens.

LONDON.

Printed for John Stafford at the signe of the George at Fleet-bridge. 1656.





To the Reader.

Ingenious Reader,

Doe not here present thee with an idle story, but with the choicest secrets that our later times have afforded; they have formerly been preferved as so many Jewels of great value by the most virtuous Durchesse of Lenox: since whose decease severall eminent and able Doctors have both approved, and (for the good of the Republick) recommended it to the Presse, that so the whole Nation may have the benefit of it. I confesse that these times afford many choice and excellent pieces; but I am confident (I speak it with respect to all) that there hath been none published of a A 3 more

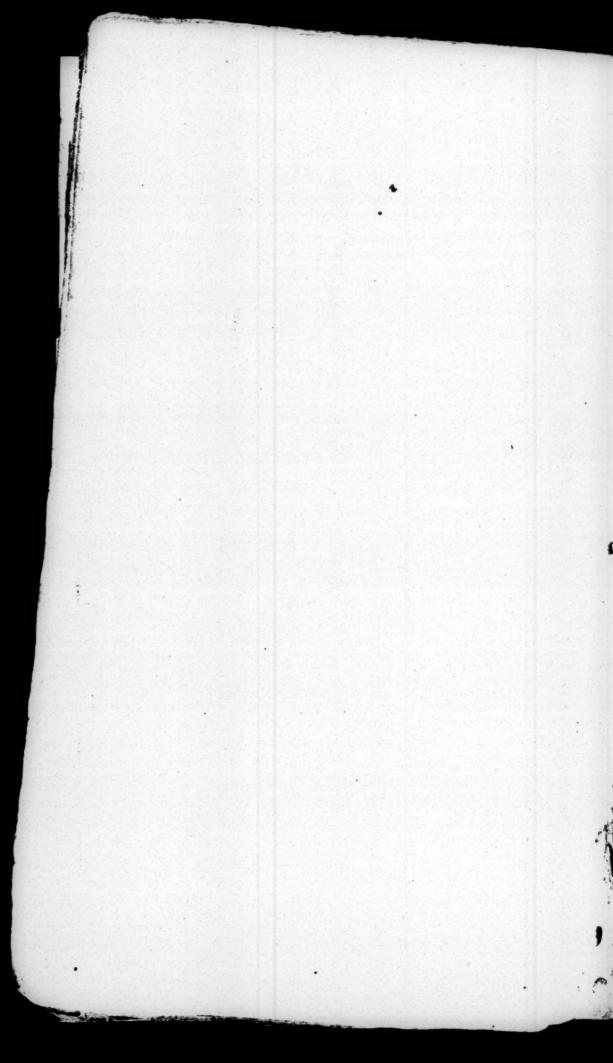
To the Reader.

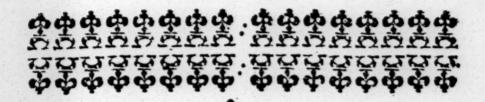
more plainer, and excellent method than this; neither is it unknown what rare and excellent cures the Durchesse in her life time performed by it; since whose decease, it was perused and methodized by those famous Doctors, Dr. owen Wood, Dr. Read, and Dr. Johnson, whose approbation, without any further testimony is sufficient to bespeak it excellent: I shall therefore present it to the world, desiring that the Insirm may receive the benefit, and give God the glory.



An Advertisement to the READER.

In this whole Treatife, the Quantities of the Inward Medicines must be ballanced with the Age and Strength of the Patient. For the Doses that I have set down are intended for those that are in full ripeness of years, in the vigorous strength of their age. Those that are by age or nature more tender or feeble, must take less quantities at a time, according to the difference of their Age and Strength.





The Epistle to the Reader

Iscreet Ladies, Gentlewomen, and others; this small Epitome of Physick and Chirurgery, being most nfefull,

ple, as well Rich as Poor, it being fuch a precious fewell, and gathered by Doctor Owen Wood, and after recommended by that worthy and learned Man Doctor Read, that writ so many things of Physick and Chirurgery, and it having his approbation and judgement; likewise since by Doctor fohnson, and by two other professors in Physick, I could not let it lye in obscurity; and the rather I put it abroad, because that

Tothe Reader.

that I have known some hundleds of late have found the benefit of it; and by the practise of this Epitome, I know a skilfull Gentlewoman hath with Gods bleffing, preserved and recovered many a sick and diseased Body. And as in all civill and well ordered Common-wealths, even where best Schools of Learning and famous Universities are, you shall finde published not only methodicall Discourses concerning the curation of infirmities of the Body of Man: but Treatises also containing parable Medicaments, which any one who is endued but with a mean judgement, may apply to himself, whereas reither Physician nor Apothecary can be had, or is near at hand.

Great plenty of such Books are published in the English tongue; for we delight in uttering of of Pamph-less, promising the revelation of secrets

To the Reader.

fecrets in Physick, which prove no-thing else but triviall toyes. Many times we are reasonably ill stored with such stuffe of late, which emboldeneth no small number of bold Knaves and impudent Queans to meddle with the practife of Physick, to the utter ruine of no small number of improvident persons who commit themselves to the Skil and Cure of such unworthy persons. That this is a truth, the manifold complaints which come to the Physicians Colledge, when the Fellows fit, do make good. So that it might seem requisite rather to suppresse most of these Treatises, then to publish any more of this kinde. But this Book is priviledged to be Printed, and to come abroad, if you respect the Method or Matter.

The Remedies may easily be found out, the Diseases being set down in the first Table.

The

To the Reader:

The Remedies are not to be rejected; but seem to have been set down by one who was no stranger in the practise of Physick. And likewise the helps for Accidents in the second Table.

The Stationer is not willing to keep the Treatise within his private wals, but to present it to the publick view and censure. He only desireth that his good intention, and purpose to further the publick good, may be taken in good part of those who have not too censuring Spirits: and he hath found the favourable acceptance of this Treatife; therefore he will not spare to publish Books of the like Subject as they come to his hands, if they shall be thought worthy. For Quis nisi mentis inops oblatum respuit aurum? what fool wil refuse Gold if it be offered (Reader) here is that is more worth then Gold, Diamonds, Rubies, or any Precions Siones

To the Reader.

Stones; for here is the Fewell of Health when the u wantest it, here is Strengthning to old Age, here is comfort when thou beest in Torments, and here is rest and ease for thy Grief and Pains when thou art cast down. And more, here be such helps for Suddain Accidents as do indanger Life, thou mayest be here by this thy own Doctor, thy own Apothecary, and thy own Chirurgean; for if thou beest in pain, and full of diseases hourely Day and Night, and canst have no earthly comforts of health or joy, thou wouldest think it a hell to live so without ease, health', strength or abilities of Body, which with Gods bleffing here are to be got for a small sum of money, only adding a little Labour to prepare it, and thy care and paines to practife, and the Lord, if thou prayest to him, will give his bleffing, as thou mayest see in the sale of this small Tract by

To the Reader.

by Printing five Impressions in lesse then foure years, and by the Approbation these Doctors in Physick, and by the well liking and acceptation of many thousands of good people which have received good by the same, to whom and all others, it is recommended and approved by these following,

Somen Wood,

Alexander Read,

John Johnson,

Steven Bradwell:

Also by a skilfulli Gentlewo-

I. S.

838888888888888888888

Curteous Reader.

Inding this Epitome of excellent experien-ced Secrets of Phyfick and Chirurgery commended to publick view for the benefit of both professors, under the hand of that famous Dr. Alexander Read; I applyed my self to the perusall of it, and finding some grosse mistakes both in the quantities of the Doses, as also in the true names of the ingredients, and seriously considering how prejudicious the errour might be to these which might bave occasion to use these medicines,

Reader.

cines, with expectation of health by the: I earnestly importuned a friend of mine, an eminent professor in Physick, to undertake the perusall of the whole Booke, who hath purged it from those former imperfections it was much before blemished with, and hath rendered this 5th. Edition more full and perfect, by some Additions of collected Receits gathered out of the practised experences, of many able & prosperous Physicians, hoping that what was intended by me for your safety, shall be candidly and thankefully accepted from bim that is studious of your bealth.

THE



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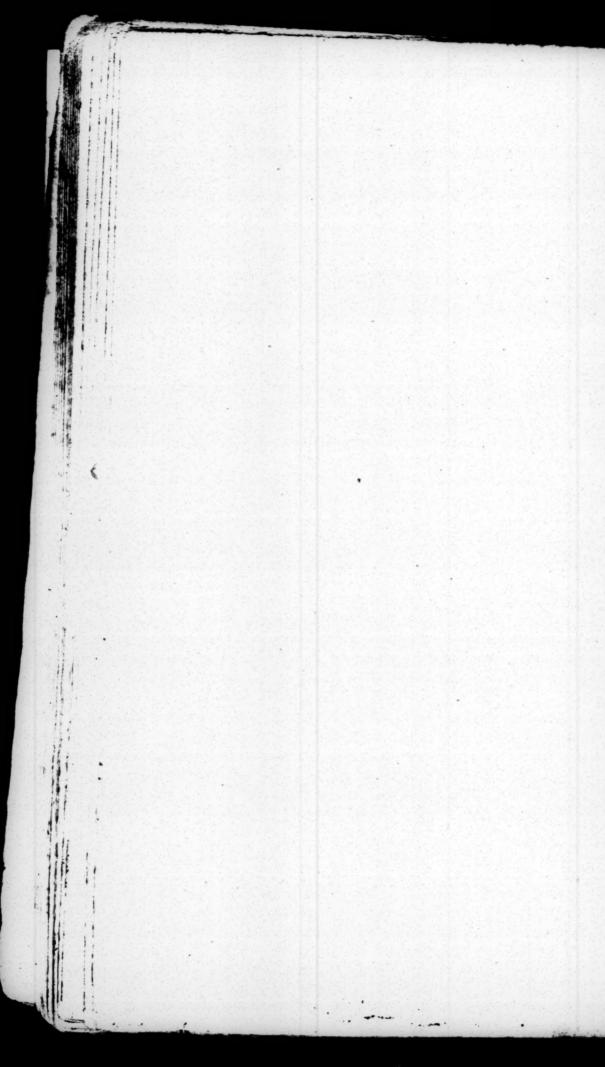
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FINIS.



THE
SECRETS
OF
PHYSICK
AND
CHIRURGERY.

Of all Aches in generall.

Ake young red Sage and Rue ana j tb, young Bay leave iij 3, Wormwood viij 3, wash them not, shred them small, Sheepe sewet hot out of the Sheep iij tb, mix the sewet and hearbs together, beating them in a Morter by a little at once with the hearbs, till it be all green and no white seen of the sewet;

B then

then mix all in a Pan with your hand in one pottle of oyle, then cover the Pan close, and set it in some private place for eight dayes, then boyl it simpering, still stirring it with a spatula; when it is half boyled, add thereto oyle of Spike iiij3: when it is boyled enough drop one drop on a bright Sawcer, it will be very green, then it is well boyled; then strain it out very close, rub the small of the back therewith, it helpeth the Stone, as much as a Pease put into the ear with black wooll, cureth all griefs thereof, and all Aches are cured therewith.

2. How to cure old Aches.

Ake oyle of Turpentine di. 16, oyle of Bayes iiij 3, Mace, Cloves, Nutmegs, Cinnamon ana j 3, oyle of Spike j 3, Juniperberries viij 3, Castor, Euforbium ana j 3, Brocks grease iij 3, Mummy j 3 d. digest them for one moneth in horse-dung, then distill them artificially, and anoynt the grief therewith.

Acres

3. Aches in Bones and Joynts, the Cure.

The Spring time, grinde them small, and boyl them over a soft fire with fresh Butter in an earthen pot sufficiently; then take them from the fire, let them cool, and keep them close stopped; then take as many of Broom slowers in May, grinde them as the other, then mix them all together, and boyle them again with a quarter of a pint of Malmsey, then keep it to anoynt the grief therewith.

4. Aches or Lamenesse in Members or Joynts.

Tand Ox-Gall and part. æquales; mix them together in a great bladder, shaking them well; anoint therewith warm twice a day til you are well.

5. Aches in any Member.

Doyle Ox-Gall, Aquavitæ, of each Balike in a Pipkin, scum it, and there-

4 The secrets of Physick

with great labour and hardnesse; then cover it warme with a peece of Fur till it be well.

6. Another for the same.

Oyl fresh Butter not salted in Malmesey, bathe the griese very hot therewith, make it up warm as before.

7. An Oyl that cureth all Aches in Man or Beast.

Ake of pure Sope ij3, Aquavitæ iij3, liquid Storax ij3, and boyl the Aquavitæ, and boyl the other Simples therein, stirring it with a spoon till it come to a thick Unguent; anoint the grief therewith twice a day, rubbing it very well, and cover it warm with Fur or Cotten.

8. An Unguent for ache, bruise, or sprain.

TAke Rue, Vervayne, Dill, Selfheal, Yarrowe, Mugwort, Comfre-7, frey, Adders tongue, red Sage, red Fennell, red Nettles, red Dock-leaves, Valerian, and Carduus Benedictus ana M: ij. bruite all these in a morter, boyl them in sbjd of May butter for a quarter of an houre, still stirring it; adde thereto oyl of Excter, oyle of Dill, ana j 3, let them boil one walme more, sirst strain out the hearbs, then boyle the oyles, and anoint therewith.

9. For any Ague faine into the legs and swolne, the cure.

Ake Plantain, Marigolds, Houndstongue, S. Johns Wort, Betony, red Fennel, Sowthistle, Dandelion, Smallage, and Plumtree-leaves and Mj: shread them with Wheatmeal, then see the them in hot Cowes milk to a plaister, so apply it: this will dissolve the humour and digest it, by the serositie of the blood: approved.

10. Aspasmus or numne se in joynts orel'ewere, to cure.

ET the Patient drink every morning fasting one 3 of Camphire in

The secrets of Physick

a draught of Betony-water, wherein infuse some Steechados: this cureth in one Moneth with the use thereof,

11. Argentum vivum to mortifie.

First beat an Almond in your morter, then put thereinto so much powder of Verdigrease as a Bean, then put in your Quicksilver with a spoonfull of strong Vinegar; incorporate them all well together: this will mortife it well for any use.

12. Apoplexy to Cure.

Tyme, Marjoram Balm, Marjoram gentill anaj M: boyle them in water, and bath or foment the head therewith warm; stamp the hearbs, put to them oyl of Rue, and of Lillies anaj 3, apply them warm to the head; if the weather be cold then anoint the head with warm oyles, as oyle of Dill, Bevercod, or Pyretrum, or such like; not only the Head, but also the Neck and whole Back.

13. A falve for the Apoplexy.

Ake Calamus, Costus roots, ana liij 3, Siler, or siler Mountain, Bazill seed ana iij 3, boyl all these together on a small size of Charcoale in white wine, untill the wine be consumed; then mix the oyles of Rue, Dill, Bevercod with it, and anoint the whole head and the back-bone all the length thereof down to the end: if this cure not, then shave all the head, and apply the plaster following, spread on a piece of leather, that all the head may be covered therewith: Take Galbanum, Sagapenum, Opoponax ana j 3, Aloes succotrine j 3, Turpentine j 3, nielt them and mix them together to a plaister.

14. Aqua Composita, good for head, memory, and all Diseases.

Take the roots of Saxifrage and the leaves, Parsley, Alexanders, Fennell, Tyme, Hysope, Pennyriall, Rosemary, Lavender, Primroses, Mints, B4 Origan, Origan, Sage, Calamint, Avence, Bettony, Savine, Pennyryall, Lettice and Violets and one small handfull, then take Galingale, Pepper of both sorts, small and long, Cloves, Mace, Nutmegs and j 3, Cinamon, Cubebs, Setwall, Pellitory of Spain, Lignum Aloes and j 3 di. stamp small the hearbs, and pound the spices, then insufe them all night in six quarts of red wine, the next day distill them in a Limbeck, so is it sinished.

15. Another Aqua Composita.

Campana a great root, iii Crops of Horehound, Mints, Parsley, and Centory ana j M. Insuse all these powned and bruised in three gallons of strong ale or wine lees, adde thereto of Annis seeds and Lycorice ana iiij 3, bruised with some powder of Ireos and Calamus Aromaticus, distill them as before is set down.

16. Ague or burning Feaver, to cool or belp.

Ake a posset of new milk and butter milk of a pottle, take off the Curd, let the patient drink so much thereof cold as he can, use it two or three times, it cooleth the body, and taketh away the sit.

Item, After the possetale is digested, let him, to comfort his stomack, drink

Mace-ale made with small ale.

Item, Also let him eat either great pears or wardens cold being baked; they comfort the stomack, and cool the body.

17. Aque, a medicine to binde to the wrist, to cure it.

Ake a plaster of leather fit for the wrist, pricked sul of holes, and spread it over with Venice Turpentine; then strew it all over with powder of Rue and Fankincense ana, mix as much as will stick thereon, lay it to the wrist a little before the fit cometh, and let it lye untill the fit be gone.

B 5

18. Ague.

18. Ague kot, a cooling Julip.

Mundifie French Barley j M, then boyle it in a gallo of rain water, put therein raysins of the sun stoned iiija, damask prunes iij 3, boyle them to the consumption of halfe, then strain it hard out and put them to the fire again, and put therein Succory, Violet leaves, Sanickle, Spinage, Strawberry leaves, Borage, Coltsfoot, Maydenhaire, Buglosse, Liverwort, Cinck foyle, Endive, Longwort leaves and Ribwort ana di. M. cut somewhat small, and boyled till halfebe consumed, then strain it hard, commix therewith fyrup of Vinegar, the syrups of Lemmons and Roses ana iij3, drink thereof cold at any time, it both cooleth and comforteth very much.

19. Ague to beale both in old and young, proved.

Mand ale, then take the young tops of Rosemary, Marigolds, Plantaine,

taine, and young Bayleaves ana ij 3, cut them small, and boyl them in the posset ale, untill all their strength be forth, and drink a great draught thereof warm a little before the sit cometh, and sweat upon it; doe this some three times, it will cure, being proved on many.

20. Aromaticum Rosatum, which healeth the weaknesse of the stomack, comforteth all parts of the body, cleanseth corrupt humors in the Breast, comforteth the brain and heart, and causeth good digestion.

Ake pure red Roses sisteene 3, Lycorice mundissed j 3, lignum Aloes, and yellow Sanders and iij 3, Cinamon sive 3, Mace and Cloves ij 3 d. gum Dragant ij 3 di. Nutmegs, grains of Paradise and Galingale j 3, Spikenard, Ambergreece and Musk and di. 3, white Sugar as much as sufficeth, and dissolve them all together in syrup of roses.

21. Aguetertian, the cure.

Ake Burre roots j 3, three corns of long pepper, stamp the roots and pepper, boil them in a pinte of ale with ij 3 of Treacle, till halfe be wasted, drink it warm and sweat two hours.

22. Ague or Feaver hot, a Julip.

Ake Succory, Endive, Violets and Borage ana Mj: Fennell-roots pithed j M, Lycorice mundified j 3, French Barley ij3, boyl them in a gallon of water to a pottle, and drink thereof, it cooleth much.

23. Ague tertian, the cure.

Ake nine young red Sage leaves, nine sprigs of Yarrow, three Bay leaves, three sprigs of Rue, boyl all these in one pinte of posset ale, to the consumption of a third part, then strain it hard, let the Patient drink a good draught thereof very hot before the sit come, and sweat well after it; use this three times.

24. Ague

24. Ague tertian, the cure.

Take dry Orenge pils, Nutmegs, roche Allom ana iiij 3, tenne Cloves, all powdered together; give of this powder to the fick as much as will lye on a shilling, to drink in three spoonfuls of wine Vinegar, two hours before the fit cometh; if you take therewith Bezor three grains, it is the better; then take nine roots of Maiden weed for a man, and six for a woman, put in a little bagge, hang it nine days about the Patients neck, and six days about a womans neck, then burn the bag and roots, and let the Patient be purged.

25. Ache, Grief or pain, an Unguent, the cure.

Ake Cammomile, Mallowes, Sage, Dill and Marigold-leaves ana j M, stampe them and boyle them in Malmsey and Linseed-oyle ana di. pinte, and fresh Butter out of the Churn j th, let them be well boyled, strain them, and anoint therewith.

26. For

26. For an Ague, sore in knee or joynt, for swelling or Sciatica.

Fry Alchouse with fresh Butter in a frying pan till it be soft, and not too moist, apply it very hot to the grief or swelling till it be well, renew it every twenty sour hours.

27. Ague or Fever of Phlegm, Diary or Quotidian.

flowers, Coriander, Orenge pils ana iij 3, insuse them in Vinegar and white wine ana iij 3, of Penides jsb, of sugar or Honey jsb di Make thereof a syrup, if the stomach be empty or weak, or the guts empty, then put in all Wine and no Vinegar: this is an excellent syrup for either, by adding or diminishing simples hereunto, according to the insimiles, and nature thereof, it may serve for any grosse matter in any cold distemper.

28. Pils of excellent vertue to purge all Phlegmatick Fevers or Agues.

Tarbith, ana j3, Esula di. 3, Coloquintida j grain, salt Gem, Mastick, Ginger, Wormwood, Lettice, Raysons mundified, Bdellium ana iiij3, with syrup of roses, make up these pils, the Dose is j3 more or lesse, according to the patients strength, give them after you have used the other syrup 9 days to digest it: These be good in any Tertian Ague, if you adde to them this following in any phlegmatick Feavers or diseases, viz.

Item, Rubarb, ij 3, Spikenard di.3, Diagridii, Mastick ana j 3; mix these with the aforesaid, the dose is di.3, more or lesse as the strength of the patient is, and the vehemency of the Fever.

29. The poor man's cure for his Fever.

First digest the humour with Oxymell Iulianizans, then purge the inner bark of an Elder, an eg-shell full, 30. Ague or Feaver Quartan of Melanchel.

First digest the matter with Oxymell simplex, or with the Decoction of Senna, Epithimum, and Harts tongue, after that use some Oxymell Diureticum, then purge with Diasena Diaboraginis sharpened with Lapis Lazuli, and sometimes purge with Hierarussi, and thus by little and little proceed: Or take Violet flowers, Borage, Sena, Thyme, the juyce of Fumitory and Lycorice, make your decoction of whay, insuse therein some Elder bark, then adde thereto iij. forts of Myrabolanies ana iiij 3, stirred together on a soft fire, and after the straining, adde to it Lapis Armenus nine times quenched in the same decoction, and j 3 thereof made in subtill powder; minister this before day. 31. For

31. For the Feaver Quartan.

This Feaver is cured by giving every morning j3 of Calamint fasting, with Triacle di. Myrrh 3j, if need be to comfort the stomach, adde thereto some juyce of Mints; this given many times together, hath cured many after the body is well purged.

32. Aque or Feaver Tertian.

The true Tertian is caused of burnt choler mixed with other Humours, which happeneth most to young people in Summer time, else it is no true Tertian, though it come of red choler, for choler when it is putre-fied in the veins, causeth a continuall Fever, if without the veins it maketh a Tertian; if putrefied in two places, it maketh a double Tertian: A Tertian beginneth with rigour like the pricking of needles, and endeth with vaporous sweat.

33. The cure.

Take of Endive, Succory both kinds, and iiij 3 the four cold seeds, and 3, slowers of Violets, Borage, and water Lillies and ij 3, red Roses iiij 3, Sugar j fb, make your syrup, and digest it with this, then purge as followeth.

34. First use this Glifter.

R Violets, Mercury ana ij M. oyl of Violets ij 3, boyl and make your decoction, then strain it: dissolve therein Cassia Extract, and Tamarinds ana j 3, oyl of water Lillies ij 3, make your Glyster.

35. Then a Purge if need require.

Re of the digestive syrup aforesaid if 3, Rubarb and Agarick ana j 3 di. the seeds of Endive and Spikenard ana di. 3. Barly water and Almond, milk ana iij 3 give this in the morning.

If the Thirst be great in this Feaver, take the sour cold seeds, husk them,

boy

boyl them in water with Gum Dragant, stamp them well, and put to them a little Vinegar, let the Patient drinke thereof in his fit.

Also, if you give the Patient the juice of Plaintain to drink before the fic three severall times, it cureth all Tertians.

Also, the seed of Nettles stamped with salt and Cobwebs bound to the wrist, cureth all Tertians.

36. For the Aque.

Ake iij 3 of Roche allom, and put it into a pinte of ale, and boyl them in a pipkin together, about a quarter of an houre or more, then give it to the sick party to drink prety warme about two houres before the sit comes, that they cannot drink up at the first, let it be warmed against the comming of the second sit, and give it as before: after two houres be past, let the party drink as much posset drink as he can.

Sweating is very good to cure an Ague being gotten into a sweat before

fore the cold fit comes; it must be used twice or thrice before the Ague be quite cured, and let them drink no other drink during their sweat, but Aquavitæ and small beere mingled together, but it must not be too strong of the Aquavitæ.

37. A medicine to lay to the wrists.

Re as much black Sope as a wallnut, and three times as much crowne Sope, mingle them together, then shread a pretty quantity of Rue, and half a spoonfull of pepper finely beaten, with a quarter of a spoonfull of sine Wheat slower, mingle all these together, and take as much strong beer as will make it spread upon a linnen cloth, then make two plaisters thereof, and lay to each wrist one, and sew them fast on for nine days, you must apply them just as the cold sit beginneth to come upon them.

38. Feaver which cometh of Blood, the cure.

Ithe Median on the same side or arm; if you let not bloud provoke the Nose to bleed; then take Endive, Succory, Maiden hair, Rosemary, slowers of Politricum ana iij 3, Barley d. sall the cold seeds ana ij 3, Violets, the flower of Buglosse, Borage & Gilly-slowers ana iij 3, make your decoction of iij sh, boyl it till it come to one, dissolve therein Cassia extract j 3, oyl of water Lillies iij 3, make your Glysser; then make a Ptisan of Parley viij 3, Lycorice bruised ij 3, Borage, Buglosse and the cold seeds, boyl and strain it, and adde ij 3 of Vinegar, and drink it.

To purge, & Barley water di. Hb, disfolve therein Cassia Fistula, Manna and Tamarinds and di. 3, Vinegar ij 3, Sugar and Penedes qu. sufficit; give this in the morning, and keep a good diet. 39. Back weak to comfort.

Ake Knot grasse strings, Strawberry strings, of Cats-tail, Cinquesoil strings, wilde Tansey, Shep herds purse, Comfrey and p. j. boy these with Knuckles of Veal and mar row of Beess back, thicken with a little Rice powdred, and a sew Raisins of the sun stoned, two large Mace blades eighteen great Cloves, eat it sasting in the morning.

38. Back weak to restore.

Tansie, with the powder: eat of this in the morning, and neither eat nor drink one hour after.

Re Roses iii : 1 de d'ore " 3

el-

low Sanders j 3 di. fine Bole ij 3, burnt Ivory j 3, Camphire j 3, Wax j 3, oyl of Rose buds ij 3, melt the Oyle and Wax together with the rest, make a Plaister, lay it to the Back: but for want of this Plaister, take oyl of Roses, oyl of Violets and water Lillies mixt together, and anoint the Back therewith, it cooleth.

41. Belly and sides hardnesse, an Unguent.

Magrippa, oyle of Camomile ana j3, make an Unguent thereof, you may mix some Aquavitæ therewith.

42. Bloud to staunch.

Hold Shepheards purse in your hand, look on it, or lay it on the wound, if it be a vein that bleedeth, boyl Rue in water, stamp it and lay it thereon, then lay it up in Lambs wool never washed; or take a great Spider, put in a linen cloth, prick it with a pin, and smell thereto.

43. Another excellent one.

Re Sanguis Draconis, Bole Armoniack, Vermilion and part. æqual compound them with the white of Eggs, beat to the form of a plaister this applyed hath stayed the bloud of a womans brest cut off.

44. Bloud Spitting to staunch.

DRink as much powder of Michael Ddung as will lye on a groat, in a little juyce of Plantain and Sugar, drink it first and last, morning and evening, till you be well.

45. Bloud piffing to stay.

Boyl Spearmints, Betony, Rue, Bursa pastoris, and Knot grasse in Goats milk, or other milk, drink of it three days first and last.

46. Black and blew in the face by a blow.

Take paper four double, wet it well in cold water, and lay it to the Bruise.

t

47. Bloud bruised to avoid.

Boyl Nep bruised in Wine or Ale, Bdrink it warm nine mornings together, it cureth.

48. Breast swoln, to ripe, break and heal.

Boyl Hollyhocks, Mallows ana through a cloath the water out, then fcrape red Clay from the wall fix spoonfuls, and ten spoonfuls of wine Vinegar, with a little Hogs grease, boyl them with the hearbs all together to a poultis, apply it wery warm, use it till you are well.

49. Breaft

49. Breast sore, to break.

Doyl Fenugreek seed, and Linseed powdred and ij 3, Figs small cut, ten house Snails, Lilly roots bruised and ij 3, boyl them all together in strong ale to a poultis, lay it on as hotas she can suffer it; so use it till she be well.

50. Bruise to cure and help.

Sapply it to the grief: Parsly fried with Butter soft, and applyed, doth the like. Egrimony stamped small, and rolled up in round bals, then lay it in some place till it be moldy, then fry it with Hogs grease or May butter till it be a green Salve, so use it on rotten Apples, with a spoonfull of Rice boyled in Milk to a poultis, doth the like.

51. Burning or scalding the cure.

Ake Sallet oyl well beaten in fair water, therewith anoint the grief for three days, this taketh out the fire.

Item,

Item, then take the inner bark of Elder, Hartstongue, and Housleck ana iiij 3, Sheeps trickles j M, Sheep-sewet iiij 3, boyl them together to a good thicknesse, and put thereto Wax j 3, then strain it, and Plaister-wise apply it to the grief till it be whole without scar.

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Item, Take the fat of Bicon in slices, lay it in water two houres, then take it out and dry it with a Cloth, and with a needle and a twisted thread slitch it together with a bay leaf, between every slice two bay leaves, rost it at the fire, turning the thread in your hand, set under it a platter with some fair water therein, to receive the dropping, let it not burn in the roasting, anoint the grief with the dripping.

52. Another of the Jame.

The Ake oyl of Roses ij 3, Cream iv 3, Honey j 3 mixed, and make an Oyntment, therewith anoint the grief.

53. An Injection or Lotion.

Boyl in white wine Centory, Knot Barasse, wilde Tansie, Yarrow and di. M. Honey j 3, Allom powdred ij 3, inject this.

54. Bruises, a plaister.

Tallow viij 3, shred small, and boyles in a little white wine or vinegar, add thereto Frankincense and Mastick and iv 3 in powder, let it boyl till all be melted, plaisterwise apply it on the grief as hot as you can suffer it, till you be well.

55. Breasts to cleanse of Phlegme.

Take white Wine and Water and one pint, Wine Vinegar ten spoonfuls, English Honey clarified with whites of Eggs vj 3, Fennell and Parsley roots, and Lycorice all mundified, and then sliced ana ij 3, Enula Campana

pana powdred ij 3, Egrimony j 3 di. Figs cut in pieces twelve, Annis and Commin seed, Hysope, Thyme, and Pennyriall ana j 3 di. boyle all these close covered sufficiently, then strain it, drink thereof first and last till you be well.

56. Brain and back to purge.

Ake a Dose of Pils of Betony powder, and English Honey, take two pils thereof as big as a small Nut when you goe to bed, this will manifest it self next morning in the Chamber pot.

37. Brains, Nerves, Sinews, or Griefs of the Head, the cure.

Boyl in ten pounds of water the Blowers of Stochados, the seeds of new Piony and Fennell ana ivz, Thyme, Calamint, Balm, Organy, or wilde Marjoram, Sage, Betony, and Rosemary flowers ana j z di. let all these boyl to the consumption of half, then strain is, and boyl the liquor again C z

with honey ana ij th, to the height of a syrup, put thereinto Cinnamon, Ginger, Calamus aromaticus bruised ana ij 3, bound up in a litle linnen cloth, take of this syrup two spoonsuls at once first and last.

58. Breath stinking the cure.

Boyle in a pottle of white Wine, the tops of Rosemary j M, Annised bruised j 3, Wormwood three sprigs, Sassafas, Orenge pils bruised, Cloves, and Cinnamon bruised anaj 3, Comminseed bruised j 3, let all these boyl to the consumption of one pinte; drink there-of morning & evening a good draught, warm in the morning, cold at night.

In the day time use to bite of a Nutmeg, and swallow some, also Mastick

chewed sometime is good.

59. Breath stinking, Lozenges to cure.

Ake the juyce of Lycorice mundified ij 3, boyl it in Hysop water to a good hight, then work it up in your hands with some oyl of Anniseed and and Gum Arabick, and some with three grains of Musk, incorporate altogether; make Lozenges thereof, dissolve one at once in your mouth.

60. Bones broken and set, a Plaister to

Ake the fresh dung of a Sheep two parts, Barley-meal, one part, so much of the white of Eggs beaten well, compound a plaister, put therein a little Bole Armoniack, lay it about the bone, remove it not in tendays.

61. Bloud to french at Nofe, or in a wound.

Ake the greatest Toad you can finde, and hang it up alive, and so let him hang all Summer, till he be as dry as a stocksish, so keep him, let the par ty bleeding smell to him, being wrap'd up in a thin linnen cloth, it stancheth the bloud.

62. To skale a mortified black bone.

Take honey of Roses, dip pledgets herein, lay them hot on the bone C4 untill untill it doth loosen, dresse it every night for three nights, if it then loosen not by the sides in feeling, then apply

this Cyntment.

Take pure Hogs grease di. st., Ar. gentum Vivum ij 3 well mortified; and well brayed together; warm the Un. guent in a Sawcer, with a feather anoint the bone evening and morning, and lay thereon lint, and rol it up just, let him keep his bed, and take no cold, and shortly the Bone will rise, then heal it up as need requireth.

63. Bruise or Eruises to cure.

Our out the white of an Egg, then fill the Egg up with Parmacitty, rost it soft, then sup it up, and fast three houres after, use it till you be well.

64. Bloudy-Flux, Scowring, or Gonorbea.

TAke the seed of white Poppy, Mallowes, Quinces, and Pursleyne all powdered; take also Mirtell, Gum Arabick, Gum Dragant, Pine kernells, Sugar,

Supar, Lycorice, Penedes, Psilium, mucilage of Almonds ana iiij 3, of fine Bole, sanguis Draconis, red Roses, Spodii, Myrrhe ana j 3, mix them with Hydromell, and make it in Trochis; they will last kept in a box in a warm dry place seven years, the Dose is j 3 given in milk.

65. Eurning or Scalding, an approved.

Medicine.

Take the inner bark of Elder, the leaves of Alexander, and the leaves of Daysies: boyl them in Hogs grease, then strain them well, and anoint the Grief with a feather, and cover it it with a red Colwort leaf, and it will be whole on warrantise.

66. Back paines the cure.

THe Paracelsian Plaister laid thereon warm cureth.

67. Breath given in Consumption or weaknesse.

Maidenhair, Parsley, Fennell, Smallage roots ana j 3, Zarsa parilla iv 3, insuite them sour and twenty hours in three quarts of water, then boyl them till one quart be consumed, then put in your Pullet or Chicken being first boyled one walm, and scum it, then let it boyl all to peeces being seasoned with Lettice, Violets, Succory, Strawberries and p. æq. and such like, then strain it. and drink of this comfortable brotn at all times when you please.

68. Bruise to cure, also good for the Stone.

Them, infuse them in wine-Vinegar warm, some Parmacitty melt therein, take of this every morning fasting till you be well.

69. To draw a Blister. Dr. C. A.

Ake of Cantharides prepared according to art, powder them and put them in a fine little linnen cloth in form of a button, and moist them in Vinegar of squilles, and lay it to the end of the Muscle, and put upon it a plaister, which may stick well upon it twelve houres space, let it be removed, and the bladder being broken, let a little linnen bag stuffed with Mercury præcipitate, be laid upon it with a linnen cloth doubled according to art; and within two dayes the Escar will be removed. To keep the iffue open, put a pease in the hollownesse of the wound with a thread put through it, laying an Ivye leafe upon it.

70. Tomake China broth. C. A.

Re of China roots ij 3, of running water two pintes, macerate the rootes fliced 12 hours in the water cold, after put them up in an earthen vessell, and set it over a gentle fire, stopping the vessell

vessell first very close, then put an old cock thereto, and having well scummed the decoction, put thereunto of Howhound, and Maidenhaire of each Mj: of Jujubes, Sebesters, and Dates of each 13: of flowers of Rosemary, Borage, and Buglosse, of each three small handfuls; of great Raisons, having their stones taken out vj 3, of French barley thrice sodden by it self first well picked ij 3; of Mace ij) with a crust of white bread, boyl these stopping the vessell close, to the consumption of the halfe part, then strain out the decoction hard, and reserve this broth tor youruse: And take of this broth vi 3 at a time early in the morning, and about 4 in the afternoon.

71. My Lady Bodleyes Baljome.

The Ake of the best sallat oyl stij; of Venice Turpentine stij; of yellow Wax viij 3, of oyle of Bayes iij 3, of oyle of Hypericon ij 3, of oyle of Juniper j 3, of oyl of Spike j 3, of oyl of Peter j 3 ß, of red Sanders sinely beaten iiij 3, minzle all these oyles

when it is thin shaved, and let them boyl a little while; then take your Turpentine being sirst washed in faire water till it be white, then set your Turpentine on the fire till it be hot, for it should not scald; when it is hot put in all your other things by a little at once; then take it off the fire, and keep it, stirring it well with a clean wooden slick till it be thoroughly cold, and then put it up.

This Balsome being warmed cureth any green wound being squirted into

it if the wound be deep.

It cureth any Burning or Scalding by anointing the place, but you must lay Ivyleaves sod tender next it, before

you put linnen upon it.

It cureth any Ache of Sciatica that commeth from cold. It is good for the Toothach by anointing the Gummes therewith. And it is good for a bruise, taking as much as a Nutmeg with sack.

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72. For knitting of Bones.

Olve of Knot-grasse, Ribwort, Shepherds purse, and Comfrey, boyled in good Canary a quart, of each of the hearbes a pugill, morning and evening strained a prety draught of the decoction.

73. Canker in the Breast, or Polypus in the Nose.

The water of Buck wheat distilled in Balneo, will stay the eating Canker or Polypus, though held uncurable.

74. Canker, a plaiste

Ix the juyce of Selandine with Goats dung powdred; and plaifter it on, it killeth the Canker any where.

A plaister made of Pepper, Bay-salt, the kernel of Walnuts beaten together healeth also. 75. Canker to extirpate and take out.

I Ncorporate the powder of Realgar with fresh Hogs grease, spread it on leather fit for the Sore, strew thereon all over, the slower of Wheat somewhat thick, and upon that hony thick, and lastly over that womans milk, then lay the plaister on the Sore; and lay on the plaister the bottom of a new baked loaf of white bread, binde all sast on all night, on the morrow the Canker will be dead on the plaister; Note, if it be in the sleth or sinews, thick water issueth out, if on the bone, thick yellow matter cometh forth.

76. Canker, a Lotion.

Ake white Wine, di. pinte, English Honey iij 3, white Copperas in powder j 3, di. Roche-Allom powdered iiij 3, boyl all these till one third part be consumed, then wet double linnen clothes therein, and lay it on the Sore, or Canker: Or take new Tanners Oose that never leather came in, Sage, Bayleaves,

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leaves, Violet-leaves, and Woodbine. blossomes ana j M: boyl all these together, and use it for a Lotion, first strain it.

77. Ganker in Mens privities, to cure.

Boyl Roche-Allom j 3, Verdigrease a siij 3 in a pinte of Smiths water till part be consumed, then strain it, and use it for a Lotion.

78. Canker to cure.

can finde in a dunghill (those shine most, are best) powder them, then set three spoonsuls of white Wine vinegar over the coles, put therein as much of the Oyster-shell powder as will thicken the vinegar, adde thereto some Allom powder, then bind a linnen cloth about a stick and dip therein, rub the Sore therewith, till it bleed, doe this three times therewith, it will be well.

79. Canker in the Body, to cure.

Ake the powder of the roots of Dragons j 3, lay it all night in water, on the morrow put out the water, then put thereto a quarter of a pinte of white Wine, boyl it well, let the Patient drink it warm three mornings together, it helpeth.

80. Canker or fore eyes.

Take Dovefoot, Archangell, Ivy with the berries, youn Bramble tops, white Rose leaves, red Sage, Sellandine, & Woodbine leaves ana jM. cut small, then put thereto powder of Allom j3, white wine & clarified honey and one quart: Aloes, Epatick iiij 3, distill all these in a Limbeck together, the water thereof will kill any Canker, two drops put in the eye with Fennell water taketh away any pearle or filthinesse.

81. Consumption, the cure.

Ake six Cock Sparrowes, and two Wagtailes well dressed Harts-horn and Ivory ana ij 3 powdered China roots thin fliced iv; in two quarts of Spring-water, Rose water one quart, white Wine on quart; infuse them in a pipkin clos covered one night in the hot Fmbers that the water may keep but warm then boyl three spoonfuls of Frend Barley in three severall waters; hen take Egrimony and Sorrel di. M. Bo rage, Buglosse, di.M. Fennell two root picked and fliced, the bottom of a whit loaf steeped in Malmsie all night, thre large Mace, Raisins of the Sun stone iij 3, six Cloves bruised, half a Cock fix Knuckles of Veal, red Sanders j 3 Sage and Rosemary ana j M. six Cap dates stoned and cut, let all these boy close stopped one hour, then put there in six Pearmain Apples pared an sliced, let all these boyl till it come to a Mash, that there remain but five pints; then strain it, drink of this warm, warm, first and at five of the clock in the afternoon, this will comfort much; if it be too thick, liquise it with Wine.

82. Censumption, a noted cure.

Ake a quarter of a pound of Jordan Almonds blanched, and beat small, adding thereto in the beating some Rosewater, one or two spoonfuls, then take the thigh of a rossed Capon, slea off the skin, beat it in a Morter alone, then take sourteen Dates stoned, skinned and picked, beat them alone, then put them all in a pinte of Rosewater, boyl them three walms with some Sugar, then take Cinnamon ij 3, Lignum Aloes both powdred j 3, put them in your decoction, stir them well together, then put it up in some Glasse, take the quantity of Walnut at once in the morning, the first three mornings adde to it every time Bezoar two grains.

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83. A Diet drink for the Consumption.

He first week in May, infuse in your usuall drink Succory. Devils bit, Scabius, Water Cresses, Lungwort, Polypody, Colt soot, Penyryall, and Liverwort anaism. bruised and put in a thin linner cloth bagge, and so put in your drink when it is new tunned to work therein drink no other drink for sourteen dayes.

84. Cough of the Lungs to cure.

Ake green Box dried, and powdred fine, take so much at once as will live on a groat, in a draught of warm white Wine first and last till you be well, which will be when you see your self void blood, then leave your Medicine, for you are well. Probatum est.

85. Cough of very hard Phlegme to cure.

Bointe of honey, and di. pinte of Linteed oyl till it come to an oyl sub-stance, dip therein a red thick woollen cloth, wring it hard, and lay it on the Region of the Stomack as hot as you can suffer it, then cover it warm with another dry woollen cloth all night and morning till you be well.

86. Coldhoarcenesse to cause to speak clear presently.

Ake a Possenet of scalding water, put therein two Handkerchieses, viij times double solded, wring out the water, hold it to thy Nose and Mouth till it be cold, then put that in the hot water, and take out the other, and so one after another till you be well.

The secrets of Physick 87. Cough very old to cure.

AkeDiatragaganthum frigidum dia pendii, suis speciebus ana j 3, the Liver of a Fox powdred j 3 di Lycorice and Maydenhaire ij 3, al powdred together, take them mixe in the syrup of Myrtles as an Electuar on the point of a knife as oft as you se cause.

88. Consumption, a Medicine.

Ake good Malmsey a pottle, putherein as much crums of Manchet hot out of the Oven as wilfuck up all the Wine, adde thereto a Cinnamon powdred iiij 3, ten Clove bruised, distill this, and put thereto a much Sugar, as fits your Taste, with 2. grains of Musk, the Dose is threspoonfuls morning and evening sind and last.

89. Colick, a present remedy.

Ale Gum Hederæ, warm it that it nay pread on a peece of Scarlet the the breadth of a shilling or broader, apply it hot to the Navill; your best Gum is sweet, clear, and soft.

90. Cough, and strong Consumption, a Potion.

Ake Malmsie one quart, roots of Mallows, and Fennel pithed, Lycorice mundified, Anniseed bruised ana ij3. Colts-foot, Longwort, Violet-leaves, Hylop, red Sage, Raylins of the Sun stoned, Figs shred, white Sugarcandy ana iiij 3, boyl all these in a pipkin close covered to half, then strain them out hard, adde thereto white Sugar iiij 3, of the roots of Ireos, Florentine ij 3, let it boyl, one walm more: then strain it, and take of this first in the morning, fast two houres after, and last to bedward, if you need to purge, insuse in a draught thereof over night Sena iv 3, straine it, and drink it in the morning.

91. Colick and Stone, the cure.

Ake Parsly-seed, Gromel-seed, long Pepper, Jeat, Amber, Carall, Ginger, Nutmeg, Bay-be ries, Enula Campana, ana ij 3, sine por dred, drink of it warm in a morninas much as will lie on a sixpence white Wine or Broath, fast two hou after.

92. Colick of Winde.

Tand Enula Campana, ana j 3 fi powdred, take so much of this as wi lie on a shilling in Anniseed was fasting, or as you need.

93. Colick and Stone, the cure.

Take a pottle of white Wine in pipkin, put two fair flint stone in the fire till they be red-hot, quent them one after another twenty time in the Wine, then put therein Speak Mints, Polypody of the Oak, Hysop

Sage and Rosemary ana j M. boyle them a good while, then strain it, and put it in a Violl close stopped. In the morning fasting drink a draught with these powders, Parsley, Fennell, and Carroway feeds, Philypendula, Saxafrage roots, Grommell, Brome, and Alexander feeds; the kernell of Cherryflunes dryed, the round bones of the Thornback all powdered together, ana iiij 3, drink of this powder every morning in your wine one spoonfull, fait two houres after, and last at night, take this syrup of Spiknard, of Juniper berries, of Gashoppers the head and feet cut off powdred ana ij3, compound them together and drink ij in a little warm white Wine.

94. Colick, the cure.

E At fasting every morning hot Broaths made of Alexanders, and drink the compound water of them, and Aquavitæ, ana ij 3.

Also drink the powder of Juniper berries in Alexander water and stale Ale ana q. warm is good. Also St. Johns D wort wort small chopped, and put thereto Pigeons dung, a good quantity of honey, fry them in fresh Butter, and very warm bind it to the navill.

95. Cramps, Convulsion, or sbrinking Sinews.

Take oyl of Turpentine j ft, Turpentine di. ft. of Bayes iv 3, oyl of Spike j 3, Juniper-berries di. ft, Castor, Euphorbium, ana j 3, Cloves, Mace, Nutmegs, Cinnamon, Frankincense, ana ij 3, Munmy j 3, Brocks grease iij 3, digest them all for one moneth in horse dung, then distill them according to art, and therewith anoynt the place grieved; this also healeth old wounds and green Sores.

96. Cramp, the Cure.

Take Brimstone and Vervin, bind it to the Pulse, and be ever freed.

97. Cods swelling to cure.

Take Rue, Bay leaves, Purslan, Bean meal, Fenugreek and Linseed ana 3, boyl it in new Cream, with a spoontull of Hogs grease, to a Poultis, so apply it: Or take Rye Leaven, mingle it with strong Lye, and apply it; this helpeth.

98. Camphire Water to heal.

Take Camphire prepared with the white of an Egge, infuse it in Fumitory water, mix them well together, use it to cool, heal, and skin.

99. Corns in the Toes to cure.

Ake Marigold leaves, Herbgrace, and the broadest Plantain ana j. M. stamp them in a Morter, then put them in a close stopped pot, with ten spoonfuls of water, so let it stand 12 dayes till it stink, then strain out the liquor, with it anoint the Corns, and wet a druble cloth therein, and lay it on them till they be well, so use it.

100. Car-

100. Carluncles to ripen and break.

Powder Bay-salt small, mingle it with the yolk of an Egge, and lay it on the sore; it helps. Prob.

101. Canker inward or outward to cure.

Pand strings, take only the pure leaf in a wet brown paper in the Embers when it is soft, mix therewith half so much honey, as much Wheat flower, and as much burnt Allom, compound all these in a Morter to a plaister, apply it to the grief cold, if the grief be inward minister three pils thereof morning and evening, wash the Sore with a Lotion made of plantain water, burnt Allom, and so much calcined Vitriol as will make it bloud-red.

102. Cramp in Arm or Legsthe cure.

Ake great Onions, roast them, make a plaister thereof, and lay it warm about the joynt, as hot as he can can suffer it, dresse it three times, and cured.

103. Canker or Pock in any part of the Body to cure.

I with the powder of Mercury with the powder of Bole, mix ic fo that the colour be very pale, this killeth either of these griefs.

104. To cure Chilbianes.

Ra quart of Sack, and of red Sage, and of Cammonile, of each a handfull, boyl all these well together, and bathe the hands morning and evening therewith. Prob.

and brain, cause sweet breath, and good colour in the face: It is good against sadnes, morphew and faintnesse, against obstructions of the liver, and windinesse of stomach and spleen.

Re of Agrimony, Burnet, and Borage, of each a handfull large, as much
D3 of

of picked Roses, put thereunto j 3 of galingale bruised and halfe an 3 of Cubebs, still these together, and referve the water, whereinto when you would use it, (which may be morning, evening, or at any time, an hour or two from meales,) put as much white Wine as of the water, and drink of it.

Also a gelly made of Harts horne,

and Snakes skins.

106. To provoke the Courses.

Exhibite almost a spoonfull of the powder of Oculi, or Lapides Car. in a pretty draught of Mugwort, or Pennyriall water, and let her drink some of the water after it: the best time is to give it in the morning about sive of the clock, at her accustomed expectation of them, and let her sleep after taking it.

107. For the Consumption.

Take of Whay th. ij, of calves blood
the iiij, of juyce of Houseek the iij,
of

of rofes to jof new laid Egs shells and all 12 put them all together in a Glaffe still, distill the water whilest no more will come; then strain it, and put it into the still again, and cast away the feces, and put to this water three or foure limon pilles, of yellow Sanders and Benjamin of eachj3, Myrrheiiij 3, white Role water, Lillie water of water Lillies, and good Canary Sack, of each thi, distill this in sand with a gentle fire, or in B. Mariæ; and being distilled put to it Sugar candie ij 3, Camphire a dragm, Borax half an 3, bruise them well, and let them dissolve in all the water, and reserve them for use. Goats milks, or Asses milk is also good, and water made of Dates.

108. For fores or Cancers.

Boyl Colewort leaves in faire water, til the water be green through, then let it cool, and bathe the Sore with it, as often as you will, till it be whole: It is good for a Canker, if it have not eaten inward already, Plantaine so boyled, and used, is good for the same grieses.

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For

109. For a Consumption.

Ake three Stags hearts, and put them into a scale, and put as much Sugar into the other scale, to make them even weight; then take the Sugar, and the Hearts, and put them into a close pipkir, and close them up with Wheat meal passe, so that no aire may come in, nor out; then set them ever a temperate fire, till they come into a gelly, then give the patient one spoonfull or two thereof in the morning sasting, and about three or soure in the afternoon, and when you goe to bed as much.

110. Another excellent syrup for Cough or Consumption.

Ake of Sanicle and Betony of each two handfuls, of Avence, Ribwort, Speedwell, Agrimony, Comfery, Cowflips, Vnfet Hysop, Wood Buglosse, and Scabious of each two handfulls, of Bryer tips, white great Daysy roots and leaves, of each one handfull, boyl

boyl the juyce of all these well gathered up with good Sugar into a syrup according to art, and take twice a day of it, the quantity of two spoonfulls at one time.

111. To make Lozenges for a Cold.

Ake of fine Sugar one pound, halfe a pound of Penidioes, ij \overline{z} of English Licorice, j \overline{z} of Elecampane roots, ij 3 of Ireos, beat all these into very fine powder and tearce them, then put thereto soure drops of Oyl, of Anniseeds, and fix graines of Ambergreese dissolved in a little Rosewater, make these up into a paste, with j 3 of Gum Dragacanth dissolved to a little red Rose water, with as much Hysope water, beating them well together, and incorporating them in a morter till they are fit to work up out of paste into Lozenges, then make them up every Lozenge unto the weight of j3, and harden them in the dry aire, rather then by fire or fun: They are good against winde, comfort the stomach, and helpe crudities thereof.

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342. To,

112. To stop blood spit or coughed up.

Take foure quartes of Smithes Culterwater, boyl it till all the scumbe taken away, then put thereunto three handfulls of Purslane, some prunes one handfull, French Barley two handfulls, then boyl it unto the halfesthen straine it, and drink thereof three or soure spoonfulls first and last, every day, and also before dinner and supper one houre, and so continue it until you be whole.

113. An excellent medicine to cool the Liver and Blood.

Sthen take Endive leaves, Violet leaves, Liverwort, and Dandelyon well cleansed, of each one handfull, white Beetes, Mallowes, Borage and Buglosse, of each halfe a handfull, great Raysons having their stones taken out half a pound, prunes one it, of the tops of white Majoram, and Smallage, of each three crops, a little whole Mace

Mace, Salt a little, boyl all these to a gelly, then straine and presse it out, and drink it warme so oft as you list.

114. Deafnesse to cure.

Ake Oyl of Castor ij 3, oyl of Roses and oyl of bitter Almonds ana j 3, Aquavitæ ii 3, mix all together, and boyl it till the Aquavitæ be consumed, then every night to bedwards, drop sour drops one after another in the Ear, stop it with Cotten that smellethos Musk.

115. Another.

Ake a spoonfull of the Liquor that fryes out of a green Athen-Bough burning in the fire, and the oyl of a silver Eele ana, of the Gall of a Hare, and black Honey ana, one spoonfull of Singreen, boyl them all together, and drop a little in your Ear, as need requireth.

116. Diseases many and generall, an Electuary.

Ake red Rose leaves dryed, red Corall, Guiacum, Acorus, Carro. way seed, Ivory, Cinamon, Bole ar. moniack, Egshels all dryed, Roseman powdred ana ij3, Nutmegs, Clove and Mace ana j 3, Sugar powdred iij 3 juyce of Plantain, Knotgraffe, Shep. heards purse, Housleek, young Bramble tops, and Sorrell ana j M, or so much of the juyces as will make it up an Electuary, take one spoonfull thereof morning and evening warm. If it be for the Gonorhoa, first sumigate him upon a close stool with Frankincense, it stayeth bleeding, and is good against the Plague, it is good for old Ulcers, and all Fluxes.

117. Dropsie, a Purgation for it.

Ake Mechoacan, Sugar, Diagridii, Rubard, Sena, Spikenard, ana j 3, Anniseed ij 9, Cinamon, Mastick, Ginger, ana j 9, let all these be fine pow-

powdred, the Dose is j3 in white Wine or posset Ale three dayes together: Then take Hysop, Violets, Rosemary, Vervin, Betony, St. Johns woort, Mouse-ear, Plantain, Avence, Sage, Fetherfew, ana j M. vash them clean, then dry them, and bruise them in a Morter, then put it in a new glased Pipkin, put to it one gallon of white Wine, so let it stand all night close stopped, and on the morrow seeth it to one Pottle, then strain it thorow a hair Sive, and put it up close, then drink it first and last nine daies together, at night hot, and at morning cold, half a pinte at a time.

118. Dropsie, a Medicine.

Ake Dragons, Spiknard ana j Z, Alchenet di. Z, powder them; drink of this powder in Ale or Beer, as much as will lie on fixpence at one time. 116. Diseases many and generall, an Electuary.

Ake red Rose leaves dryed, red Corall, Guiacum, Acorus, Carro. way seed, Ivory, Cinamon, Bole ar. moniack, Egshels all dryed, Roseman powdred ana ij3, Nutmegs, Cloves and Mace anz j 3, Sugar powdred iij 3 juyce of Plantain, Knotgraffe, Shep. heards purse, Housleek, young Bramble tops, and Sorrell ana j M, or so much of the juyces as will make it up an Electuary, take one spoonfull thereof morning and evening warm. If it be for the Conorhoa, first sumigate him upon a close stool with Frankincense, it stayeth bleeding, and is good against the Plague, it is good for old Ulcers, and all Fluxes.

117. Dropsie, a Purgation for it.

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118. Dropsie, a Medicine.

Ake Dragons, Spiknard ana j 3, Alchenet di. 3, powder them; drink of this powder in Ale or Beer, as much as will lie on fixpence at one time. 119. Dropsie, a diet drink.

Ake Juniper thin shaved, and the berries bruised, Ash Bark, Sassa fras roots, Wallwort roots Camocke roots, Mash Mallow root ana j M. Parsly roots, Eringo roots Fennell roots, all bruised ana ij 3, Parsley and Fennell seeds bruised ana ij 3 put all these in a Pipkin close covered put upon them as much scalding water as will cover them, then put it up an passe it close, so let it stand in hot Embers and not boyl 24 hours, then put all these in a Ferkin of new Ale of gallons, so let it work together till the Ale be stale; drink no other drink during the cure, drink this at all times.

120. Dropsie, or any other disease, a Tread to cure.

Ake the powders of Rue and Betony ana ten 3, Wormwood and Centory ana iij 3, Gentian, Myrrhe, Aristolochia rotunda and Ivory ana j 3, Pulve in I searse all these,

and Chirurgery.

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mix them with clarified honey to a Treacle.

121. Dropsie, an excellent Potion.

Take Rue, Sage, Betony, Polypody of the Oake, Watercresses, green Broom, Hysop, Parsly and Fennell roots pithed, roots of Lovage, of Flower de Luce, Gladwine the middle, take of the Elder the small clot bur ana j M. boyl them in Barley water and white Wine ana, mix it with pure Honey qd sufficit: let the Patient drink of this first and last till he be well.

122. Deafenesse, a precious medicine.

Take Honey, the juyce of Singreen, the water that droppeth from a green Ashen Bat in the fire ana, p. æq. compound them together, insuse it warm in the deaf ears.

123. A Defensive to stay Impostumes or In flammations from all green Wounds: applit both sides the Wound.

Ake the white of two Eggs we brayed, put thereto Wheat flower powder of Bolearmoniack, and powder of Sanguis Draconis, mix al these we together, and apply it as before, the stayeth and repercusses all humours if any heat happen in the wound, the adde thereto Vinegar, Rose water Singreen, or Plantain juyce, this will dissolve all Instammations or head quickly.

124. A Defensive for green Wounds.

Ake oyl of Roses, Bole armoniach ana ij 3, Terra sigillara and Vine gar ana j 3, Camphire ij 3, Nightshade and Singreen ana j M. beat the hearbs strain the juyces, mix all together cold, so apply it; if it be too thin, thicken it with Barley meal. In 125. Dropsies, Pox, Consumption, or any Dijeaje.

Ake a pinte of spirit of Wine, infuse therein Zarza perilla thin
we sliced, so much as will colour the
despirit of Wine yellow as gold, then
we dissolve in it Gum of Guajacum ij 3,
the strain it, and adde thereto naturall
me Balme di. 3, take thereof one spoonte full in a draught of small Beer or Ale
morning and evening till you be
well.

126. Diascordium, an excellent Cordiall to make.

Ake Cinnamon, Lignum Cassia, ana iij3, Scordium or water Germander j3, Dittany or Candy, Tormentill, Bistorta or Snake weed, ana iiij3, Galbanum, Arab.gumme, Candy Mustard-seed j3 di. Gentian iiij3, Bole armoniack j3 di. Terra Lemnia iiij3, Opium j3 di. Storax, Calamint iiij3 di. Sorrell-seed i3 di. long Pepper, Ginger, ana ij3, pure Honey ij stodi.

di. 16. Conserve of red Roses; 16. Aro maticall Wine di. 16. boyl all the two walmes to an Electuary.

127. Dropsie.

Ra pottle of white Wine, but n ther Rhenish if it may be had, j3 Cinamon, and a pinte of green brog ther, 48 houres, having first bruik the Cinamon, ftir them often, then p them up into a white Cotten bag and let the Liquour draine thoroug then put it all up again twice upon t lees, and then use of it soure time day; drink it cold in the morning,a one houre before dinner; also o houre before supper, and when yo goe to bed : drink at each time a que ter of a pinte: if the grief be not ful removed, use a second or third po tle; but with most one pottle su ficeth.

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he 128. A diet drink for Dropsie, Scurvy, or other inward Diseases.

Boyl in two pints of pure running water, iij 3 of Sassifrage till half he boyled away, then put thereto of Hermodactyls sliced and Lycorice, Spike, Cinamon, and Cammomile slowers, and 3 sthen let them boyl one houre, then take of Sena cleane picked j 3, and slet it boyl over a very gentle fire, halfe ha houre, then strain it and cleere it, and give iv or v 3 of it fasting.

129. Eyes red and watering, the cure.

SPread the white of a new laid Egge Son a red Colewort leaf when you ago to bed, plaister the eyes therewith; for the gall of a Partridge, or the gall of a Turtle put into the eyes helpeth the idimnesse.

130. Eyes that seem blinde, the cure.

Rew, Vervine, Egrimony, & tony, Sage, Cinkfoyl, Pimpe nall, Eufrage, Celendine, ana j M. wa them and stamp them well, put the in some vessell; take powder of a pepper corns well searced, one pinte Wine, three spoonfuls of boys Unithat is very young, boyl them toget till the juyce of the hearbs be in the Wine, then strain it out hard, and pit in a Viall close stopped, and with feather drop it in the eyes cold sisteen days; during the Cure, dri Beer wherein is insused over night (drink next morning) Tormentill a penny-grasse.

131. Egiptiacum to make.

Ake Verdigrease iv 3, powdr Allom ij 3, Vinegar vj 3, Hon j 3, boyl all these till it be re this cleanteth and cicatriseth old some 132. Emrods, the cure.

Ake two Handkerchiefs viij double, put them on a Chafindish of coals in a dish of white Wine, ready to boyl or seething hot, then wring out one of them hard, and lay it on the grief as hot as he can suffer it, let it so lye till it waxeth cold, then put that in the dish, and so do one after another, for half an houre at once; use this till it be well, which will be some three times; during the cure some drink Millsoyl in white Wine, with the powder of Egshels whence chickens were hatched.

133. Emrods, or any other swelling in the place.

Ake Scabious and Mullin, stamp them with fresh Butter and Hogges grease, and make it yellow with powder of Saffron, lay it to the grief warm.

Or take the powder of burned Annifeeds, Honey, and Saffron, make a plai-

ster

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ster thereof, and lay it to the griese, every dressing, wash it with white Will wherein Scabious hath boyled.

134. Emrods to cure.

Ake the juyce of the root the great Burre, boyl it, and bathe the Emrods therewith very hot, then presently strew thereothe powder of red Archangell.

2 Or take the powders of Lovage at Rew mixed with Honey, make a plant

ster thereof, and use it.

yery tender, apply it thereto as a pour tis very hot, dresse it twice a day as be whole.

4 If they bleed or water much, call on them the fine powder of Letharge, I gold, it drieth them.

5 Or stamp unset Leeks small, put thereto honey and flower, lay it of

warm.

6 Or stamp in a dish of the best Sop I with some garden Snailes without shells, and the powder of some Musch shels mixed and applied thereto twice

135. Eye

135. Eyes topreserve by Medicines Locall.

He smell of Marjoram is good to preserve the sight, to drink Eybright in Ale, Beer, or wine, with the juyce of Fennell, is very good and nothing better; the powder of Eybright in a reare Egge, or in any thing else is also good: Good Spectacles much helpeth: Cinnamon, Cloves, Nutmeggs, Mace, and Pepper are all good. Also the water of Eybright, Fennell, Marigold, Perlewort, or any of these put into the eyes, cureth.

May, put in a Viall close stopped, and a so let it stand till it putresse, and a juyce sinking to the bottome of the Glasse, wherewith drop it into your eyes, it helpeth all blindnesse in man or beast.

Fennell, put it into a Glasse with a long narrow neck some fifteen dayes, then take the glasse softly for troub-

4 Item, Lignum Aloes distilled in Stillatory of Glasse, the water of put in your eyes, it cleareth the sign

miraculoufly.

5 Item, j 3 of the distilled water Rosemary slowers, with ij d. of t powder of Salt Gemme dissolv therein, and dropped in the eyes, c reth the sight, and drieth all moistu from thence.

6 Item, the Urine of a Childe, or the Lye made of ashes of Fennell stalk either of them dropped in the eye mends the fight.

136. Inner medicine to clear the eyes.

Ake the powder of Eyebright iv 3, Mace j 3, mix them together, and take the weight of the d. thereof in Fennell water in the morning, fasting three hours after.

Take

Take the juyces of Fennel, Vervin, and Roses ana ij 3, Eyebright, Endive and Celendine ana d. M. boyl the hearbs in two pintes of water till half be spent; then with the juyces and the decoction, boyl it with Sugar to a syrup, take of this syrup ij 3, in Eybright water iij 3. If the body be windy adde to the aforesaid powders Anniseed and Fennell seeds j 3.

137. Eyes that have Pearls, a Medicine.

Ake Dazies and the roots, red Fennell and Alchoof, stamp them together, take the juyces of them, and drop two or three in the contrary Ear warm, on that side the grief is not, till the Pearl fall off, use this every day morning and evening.

138. Eyes that have Pearl, or Web.

Ake the white of two new laid Egges very hard boyled, the shels and yolke being taken away, put the white in a Morter with jd. of fine powder of Copperas, pound them

them together, then put to it two small spoonfuls of Rosewater, then strain is hard through a linnen cloth into a Glasse, let it settle with the cleares water theros, drop it in the eyes with a seather.

2 Or take the white of two Egges very hard sodden, White Sugarcand 13, white Copperas 19. both fine powdred, white Rosewater one spoonfull stamp the Eggs, Sugarcandy and Copperas together, then put the Rosewate thereto, strain it hard into a Glass drop thereof three times a day into your eyes.

139. Another.

Ake all the head of a black Cat burned to ashes, blow some of that powder with quill thrice a day into the Eye, if the pain be great, especially in the night lay thereon some Oaken leaves double together, and wet in Rosewater on the Eye, renew them as need requireth, is cureth.

140. Another rare secret for the same.

Ake nine Wormes, you shall finde them in old hollow Timber with many legs, called Hogs or Swines Lice, if you touch them they will be round, stamp them with the juyce of Celandine or Betonie; then strain them well, let the Patient drink it fasting warm, not eating in two houres after; use this three mornings together, it will cure.

141. Or thus.

Ake the white of an Egge, and the juyce of Pelitory of the Wall, beaten together and scummed; one drop of that liquor in the Eye cureth, Probatum est.

142. For the Eyes: The vertue of Tormentill.

Boots in white Wine, till the third part be spent; let the Blinde drink of this Potion nine dayes together, a E2 draught

draught in the morning cold, and at night bloud warm, and within that time (God willing) he will recover: if the Eye be hurt, boyl this herb stamped in white Wine and a little water, binde or plaister it to the sore Eyes. If you insuse a good quantity of this Herb in a small Vessell sull of Wine, and drink no other daily, it will recover sight though long blind.

143. Eyes to clear, an approved distilled Water.

Ake the juyces of Rue, Fennell, Celandine, and Eyebright ana ij 3, Honey j 3 di. Aloes, Tutiæ, and Sarcocollæ ana iv 3, the Gall of a Capon or a Cock ij 3, distill all these in a Limbeck or Glasse, drop this Water cold into the sore Eyes once a day three drops together, and use it till he be well.

2 Or take the waters of Roses, Vervine and Fennell and iv 3, strong white Wine iij 3, Tutia prepared, and Sugarcandy and iij 3, Aloes hepatick ij 3, powder fine all the simples that is to

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be powdred, mix them with the waters and Wine, let it so stand covered one whole day, then strain the liquor easily in a fair glasse, and use to drop three drops at once in the eye.

144. To cure all griefs in the Eyes.

Ake three 3 of unflaked Lyme, insuse it in di. fb of Rain water in a Glaffe vessell three dayes; then firre and mix them well together, let them settle againe foure and twenty hours after; powre out the clear water very clean, then put thereto 103 of Salarmoniack the whitest iyou can get very finely powdred, let it therein diffolve by long standing and oft shaking; then let it settle, and powre the clearest water off it, or filter it away by Distillation; drop three drops of this in the eye at once, and so continue it three times every day till it be well: this cureth Spot, Pearl, Web, or any thing else in the Eye, be it Canker or Burning.

145. Eye water.

Re of Rew, Celandine, and Rosewater of each iij 3, of Stibium reduced into fine powder halfe an ounce, let it stand infused eight dayes, then use it.

146. An excellent powder to preserve sight.

Re of Eyebright iiij Z, of Betonie ij Z, Fennell seed, and Mace, of each j Z, dry the herbs, and reduce them into sine powder, and put thereto ij Z of Sugar sinely beaten, mingle them wel together, and every morning, drink as much of it as will lie upon a shilling, in a good draught of white Wine and Beere; and at night take of the powders j Z, and ij Z of the best Hony, and mingle them up into an Electuary, and when you are going into bed, take as much as a Nutmeg thereof, keep the powders dry, you need not put Sugar into the Electuary.

147. A proved good water for any inflammation of the eyes.

Slake Lapis Calaminaris, to the Squantity of iiij 3, 9 times red hot in white Wine fb j, then take of red Corall j 3, of Camphire 3 ß, of Sugarcandy j 3; reduce them into powder, and put them all into red Rosewater, fb j, with as much Fennell water, stirring them well together, by often shaking the Glasse, but when you intend to drop it into your eyes, take care, that it be very cleare, and drop it into your eyes with a spunge or feather.

148. For a Pin and a Web.

Ake a handfull of Celandine leaves, and as much white Daisie leaves and roots together, and halfe as much ground Ivie, stamp out the juyce well, and put thereto a sawcer sull of good red Rosewater, then strain it and put it into a Glasse, with as much white Sugarcandy sinely powdered, as will lie on a sixpence, and E 4 drop

80 The secrets of Physick drop it into your eye with a spunge or feather.

149. Falling sicknesse, the cure.

Mastick, of Sanguis draconis, spread it with a hot knife, and lay them to the Temple veins.

150. Falling sicknesse or Epilepsia, the cure.

Moon, Purge one day, and Vomit another, then kill a Jay, and dresse him, sill his body sull of Cummin and Anniseeds bruised, then put the Jay so dressed in an Oven after Bread is drawn, untill he be so dry that you may beat his body, sides and bones to powder, then take of this powder j3 at a time in Broath, or any other way at pleasure morning and evening till he be well.

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151. Fever to prevent, or all other diseases by this cooling Cordial.

Carroway feed, and Cardimomum ana di. 3, Hysop, and Carduus Benedictus ana di. M. of Galingale ij 3, bruise your drugs, and
binde your hearbs in a bundle, boyl
them all in a gallon of water close covered, till one pinte be consumed, then
let it so stand till you strainit six hours;
then let the Lycoricel and Cardimomum remain still in your strained
drink; take thereof morning and evening at your pleasure, this worketh mervailously in preserving strength.

152. Flux of blood to stop and cure.

Take the round mossie Bur that groweth on the Bryar that is the wilde Rose, dry it, and powder it, drink thereof in red or Claret wine morning, and evening sirst and last.

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153. Flux.:

153. Flux or Womens Menstrous to force or bring.

Pennyryall, Balm, Hysop, and Mallowes ana j M. Rew, Sage, Wormwood, Soothernwood, and Marjoram ana di. M. Saffron j d. Castor j thin sliced, Enula Campana, and Cinnamon ana j z powdred, boyl all these in a pottle of water to the consumption of a quart, then strain it hard, and put thereto white Wine one pinte, drink thereof sirst and last morning and evening.

154. Eloudy Flux to stay, especially of Women.

Ake a paire of Beads of the Seahorsetooth, and wear them on both your wrists, let no young women wear them but twenty four hours, for fear of surther danger. 155. Flux of Bloud, or Gonorrhea Pills to stay it.

Take Marmaled of Quinces ij 3, Coral, Cinnamon, Amber, Shepherds purie, Alchenet, Acatia, ana ij 3: powdred and searsed; mix them together to a Masse for Pils, take four of these Pils morning and evening sirst and last.

156. Fiftula, the whole cure.

Then take the Soles of old Shooes dried, burn them on a clean hearth with Oaken wood to a bright coal, then lay it where it may confume to Ashes alone, then adde to the weight of the Ashes so much green Copperas fine powdred, as the Ashes of the Sole weigheth, and half so much weight of the powder of burned Allom as the Copperas weigheth, and half so much of the powder of golden Seacoal as of the burned Allom, then grinde all these together on a Painters Stone, or in

a Morter to fine subtle powder, so put it close up till you use it either for Fistula or old Sore: when you are to use it, take the Cream of the morning Milk of one Cow, set it by it self all night and one day, the next cast away the grenish water in the bottom of that Cream, then lay a spoonfull of the Cream on a Trencher, then mix so much of the powder therewith, as will make the Cream black and thick; then make your Tents of an inch long and no longer, if the Fistula be never so deep, and roll the Tents well in the Medicine, and Tent the Fistula therewith two times a day, and it will work out in small pushes, wheals from the bottom, cover the Sore with a red Colewort leaf, when it is well digested, heal it up with plaisters fit for it.

137. A vulnerary Potion for the Fistula.

BOyl a quart of Spring-water, BCloves bruised, Pimpernell, Egrimony, red Colewort, Valerian, Mouseare, Doves-soot and wild Tanzie ana j M. washed and chopped, boyl all in

a Pipkin close covered till halfe be wasted, then put to it two spoonfuls of Honey, and one quart of white Wine, then let it boyl two walms, and strain it hard forth, keep it in a close Viall, drink it morning fasting, at three in the afternoon, and last to bed; in Summer cold, and Winter hot, untill the Potion cometh out of the Orifice of the Fistula, which must be ever kept open with a Gentian tent.

138. Fifula or Cankers, the Plaister to cure.

TAke Letharge of gold jtb, oyl of Roses ij tb, white Wine Vinegar, and old Urin ana di. to, boyl it till the Urin and Vinegar be consumed, adde thereto in the boyling Wax ij 3, Frankincense j 3, mix it, and it cureth.

159. Fistula, a Lotion to wash, or Seringes. that curetb.

Ake Bole armoniack iiij 3, Cam-phire j 3, white Vitrioll iiij 3, all powdred, boyl the Copperas and Camphire

phire in a close stoped Pipkin till they be melted, still stirring them till they growhard, then powder them and the Bole armoniack together very fine, then put the powders up in a strong bladder, when you use it, take a pottle of running water, put it to the fire till it begin to boyl, then take it from the fire, and put therein three spoonfuls of the powder, as much as you can heap and presse on, put all in a double Viall, shaking it twice every day for fourteen days before you use it, let it stand and settle very cleer, and apply it as hot as the Patient can suffer it: if it be for a Sore, wet a double cloth four times double, and apply it: if for a Fistula, use the Siringe, dresse it morning and evening till it be well. This cureth old Sores, Fistulaes, Pustuls, Cankers, Scabs in the Head or Body, green Wound's: if you will have it Aronger, put unto it burnt Allom j 3 powdred.

160. Fistula in the corner of the Eye, or elsewhere.

TAke Hempseed, Southernwood, Fennell, Parsley, Strawberry leaves and strings, Ribwort, Tanzie, Smal= lage, Garden madder, red Colewort leaves, ana j M. Nutmegs powdered j 3; boylall these in three pintes of water, then strain it, adde thereto Honey four spoonfuls, therewith bathe the Fistula. thrice a day, at every dressing let the Patient drink of this potion four spoonfuls warm; if the Fistula be deep use a Seringe, and wet a red Coleleaf and lay thereon, you need not tent it; let the Patient sometime with his Potion drink Treacle diatesseron j 3, in a morning in his bed very hot, and sweat two hours after it. If humours flow much, purge once in ten days. Also keep the Orifice open with Gentian tents that it close not; Also afterthat, make Tents of Linnen, washed in Buck and not in Sope, scrape lint of them for tents, wet them in fasting spittle, then let them dry, and dip them

88 The secrets of Physick them in the Creams and powder before set down.

161. Fistulazor Sore-mouth, a Lotion.

Take Guaiacu ivz, Plantaine, small Cranes bill, Comfry, Knotgrasse, Shepheards purie, Woodbine, and Briar-leaves ana j M, boyl all these in three pintes of Smiths water till half be consumed, strain it in the liquor, and mix it well, keep it to your use, if you will have it stronger, put thereto as much burned. Allom as two Nutmegs, use it alwayes warm.

162. Face heat, the cure.

First purge with Pillulæ aggregativæ j 3, then take Camphire j 3, prepared Cinnamon i 3 Brimstone, Ceruse, and Mastick ana ij 9, all sine powdred, and wrought up with oyl of white Roses to a Cerote, anoint your sace with a big Pill made thereof as big as a Chesnut, ten nights together to bedward, in the morning wipe it hard with a dry linnen cloth, but wash it

not all the ten dayes, then wash it four mornings together with juyce of Lemmons and butter-milk, the Lemmons sliced therein.

- 2 Also if you quilt bay-salt fine powdred in a pair of linnen Socks, and wear it under your seet, it helps th much Abstain from salt meats, Spices, meat brown rosted or fryed, Wine, strong drink, Onions, Garlick, or Mustard, use in your Broths Purslain, Sorrell, and Violets, and all other coole herbs.
- 3 Or take a quart of sweet Cream, small Ferne roots j M. cleansed and bruised very small, boyl them in the Cream till it come to a Salve, anoint the face.

163. Face to cleanse, a water that taketh away all Deformity.

Ake Pippins pared and cored, then fliced, Lemmons thin fliced, then take pure Manchet, and crum it fine, put it in new Milk, withal the other, and 3 of Camphire thin shred, then distill all these in balneo; use this Water as you need it.

164. Face Moles to take away.

Ake the meal of Fengreeke, Honey and Water-cresses and p.æq.stampt, and incorporate them together, make a plaister thereon apply it to the Mole.

165. Falling Sicknesse, the cure.

Ake powder of the Missletoe the Oak, single Piony roots, the powder of mans scull dryed hard if the fire ana j 3, Balm ij 3, Sage flower Rosemary flowers, Marigold flower anaij 9 flowers of the Line tree, Lilling of the Valley ana iij 3, powder a these, and searce them, take iv 3 this powder in the warm Julip follow ing every morning fasting : Take Cow slip water distilled j to, syrup of Cow flip iv 3 mixed together to the likenel of a Jelly. Also take this syrup once day as occasion serveth, roots of Piony Mistleto of the Oak ana iv 3, Cinnamo vi 3, Marigold flowers, Lilly of the Vally, and Lavender flowers ana M.re. Ross lose leaves if M. all grosse bruised, and out in a vessell with a narrow mouth, out thereto so much Aquavitæ as will over them soure singers over, then stop the close, and put it in a balneo for sour allayes, till it be red in colour, then strain it thorough an Hipocras bag, then put to it Sugarcandy powdred di. It, mix it well together, then put sire to it in the pot as you burn Sack, and so let it burn to a syrup, then put out the fire, so take it: if he have any grief in the Head, let him wear a Cap as solloweth.

Take Marjoram, Betony, Balm, Rosemary, Stocchados and di. M. red Roseleaves, the rinde of Citron and iij 3, Cloves, Mace, Nutmegs, Cubebs, slowers of Line tree and iv 3, 'all grosse powdred, and quilted with Cotton bombasse, covered with Tassaty or Holland, make it in form of a Cap, and wear it on your Head.

166. Face heat by humours flowing.

Ake Sorrell, Succory, Dandel on, and Sowthistle and if M. buds of young hops, Parseit roots and vi, Fennell-roots iii she and pithed, and boyled in three gw lons of Alewort, put Yest to it, afredrink it at four dayes old, drink to other drink while it lasteth.

167. Face very red pimpled, and Sa phlegm to cure.

Powder the liver of a Hare being well dried, drink of that power in your usuall drink, but better in a Allom posset-ale, so much as will be on a nine pence first and last, morning and evening. Probatum est, by a a God tlewoman much grieved with this is firmity, and cured herewith.

168. Flux to ftop.

Make an Allom posset, boyled in milk, drink it first and last, it cures.

or make a Cake of Wheat-flower, with the juyce of Plantaine and Comfry, with a little Alkanet, bake it hard, fop it in good red Wine, with powder of Cinnamon, eat the Sops, and drink the Wine, it cureth.

169. Tents to make for Fistulas.

In the powder of green Copperas, and Bean meal and p.æq. confect them together with hard scraped French Sope in a Morter; Tent therewith, it will bring forth broken bones.

2 Or the powder of Euphorbium and Mastick and mixed, p.æq. boyl them in white Sope, when it cooleth make tents thereof, it consumeth all moisture. 170. Flesh to fret or eat away.

The powder of Euphorbium ; fret away flesh laid thereto small quantity.

171. For Fractures or Bruises a Sear-

Take Rosine and Wax and Perosen ij 3, oyl iiij 3, melts hot together, and adde thereto fine searced powder of Cummin, them well together, then hot dip searcloth therein.

172. A strong Powder for Fistula : Sores, apply it with Tents or otherw

Ake Auripigmentum, Vergrease, gals, Salt Gem, Armoniack, Harts-horn but and powdred, the bones of a burn'd, Mans dung burn'd, Eght Oystershels, Muscleshels, all burn Sanguis draconis, Tartar, Letharge gold, the shels of a water Crab burn unslaked Lime, Pepper white

black, Ginger, Frankincense, Glasse, Mastick, and an old Shooe all burn'd and fine powder ana p. æ. then adde thereto the powder of burnt Allom, as much as of all the rest in weight, mix all well together, and apply it as before.

173 Fire-wilde, or St. Anthonies fire.

Take the Lees of Claret or white Wine and the dreggs of Vinegar, the whites and yolks of Eggs well brayed and mixed together, and lay it to the grief.

174. Fistula's, or foul Vlcers a Lotion.

Bosemary, Sage, Daisyes, Dovefoot, wilde Tansie, Egrimony, and Plantain ana j M, bruised Allom as much as a Walnut, white wine Vinegar ten spoonfuls, English honey 4 spoonfuls, then strain it hard, and put to the liquor so much powder of burn'd Vitioll as will colour it like bloud, use this with Seringe or Lotion.

175. For

175. For the Fistula, a Potion used by the Ancients.

Ake Barly mundified, and the leaves of Celandine ana ji Centory, Egrimony, and Plataine ana ij Z. Aristolochia longaiiij; the leaves of Olive, and Dropwort and ij Z, cut them all, then pound them, and boyl them in white Wine with Sugar drink a draught of this Decoction every morning fasting one hour after.

176. Falling sicknesse the cure.

Hearts of Moles dried and powdred, give j 3 of this Powder in Piony-water in the morning fast two hours after, use it six morning

177. Fistula, a Tent.

Mix the powder of Hermodactyls with French Sope, make a Tent. 178. Flest dead, to fret away.

Lon the Sore, it will cleanse it.

179. The best Potion in the world to cure the Fistula.

Ake twelve Cloves bruised, Pimpernell, Egrimony, Valerian, red Colewort, Mous-eare, wild Tansie, Dovefoot, Strawberries, Plantaine, red Madder, and sharp Dock ana j M, bruise all these in a stone Morter, boyl them in two quarts of Springwater sufficiently, then strain it hard out, put the liquor to the fire again, adde thereto one quart of white Wine, honey viz, let the Patient drink thereof morning and evening first and last for fourteen dayes; this drink is of an incredible efficacy, for it cleareth all corruption from the Fistula in thirteen dayes, and broken bones. If the Patient vomit up this Potion three dayes together at the first taking thereof, his Cure is to be doubted, if he vomit not, no

no doubt of his health, in drinking thereof, put Ginger thereto to allathe winde of the hearbs.

180. For a Thrush in a sucking Childen mouth, or any sore.

Ake a hole in the crown of a negliaid Egge, and take out all the meat, fill the shell with Honey are burned Allom mixed, let it boyld the fire, still stirring it with a Box kin, then take it out and dresse the Sore.

181. Foul festred Sores and Cankers.

Ake Inke, Auripigmentum, quit Brimstone, Salt Gemmæ, dissolithem all in Vinegar, and put them an unglased Pipkin, and close it we that the sume goe not forth, and but it therein tili all come to ashes, the powder it, and wash the powder in Vinegar, or insuse it in Vinegar that warm, and put thereof presently of the Sore, as soon as it is quenched in the Vinegar; then lay this owntment follow

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following thereon, viz. red Lead, the fat of a Goat, filings of Copper, mix them, and make an Unguent thereof.

182. For fretting Sores, a Cure.

TAke Oyl of Radish roots p.æq.and Salt, bray them together, and plaister them on.

183. Flesh superfluous in Wounds, or proud flesh.

Ay on the flesh the powder of Assa sætida, it taketh it away; the ashes of burnt Wooll doth the same. Also the powder of white Calamine or Scordium will consume the proud flesh and kill the Wormes.

184. Face to clear from pimples.

Sty for the still, then sprinkle it well with white wine Vinegar, and when it is distilled wash the Face with the water, for sisteen mornings, and evenings together, and in that space, the pimples

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will vanish, and once in three days drink a draught of Vinegar fasting.

185. For pimples in the Face.

Ake one ounce and a halfe of Cinnamon beaten into very fine powder, of brimstone fine ly powdred two Dragmes, of Capons greese as much, of good white Wine half a pinte, boyl all these till it come up into a very thick owntment, and use it at night when the party goes to bed.

186. Gout, a Medicine.

Ake Mutton-sewet untryed in the, the Kidnies j the di. the, green Bay-leaves, Wormewood, and Rew ana jth, red Sage and Mercury and j M; let the Hearbs be all green gathered in the midst of May, and beat in a stone Morter by little at once, as you may well, beat them small like Greensawce, then boyl them in a close Pipkin halfe an hour softly; adde thereto Salletoyl one quart; let it boyl one walme, when

when it is neer cold strain it hard, and put it in Gally-pots; and with this anoint the Gout cold, without heating it, then lay on this Searcloth following, viz. Perosine di. Ib, virgin Wax ij 3, melt them on the fire in a Pipkin, adde thereto oyl of Roses and red Rose leaves powdred ana ij 3, boyl them all one walme; make your Searcloth, layit on the Grief three days without removing.

187. Gout, aspeciall Medicine.

Ake so many Raisins of the Sunne stoned as will make a Plaister for the Grief, pound them like Morter, then plaister them there; if the grief be extream, mix some Opium therewith, it will ease the pain.

2 Item, anoint the grief with the oyl

of Wax, it easeth much.

guavitæ ana, as much oyl of Exeter as all the other mixed together, and anoint the place therewith warm, and wet a double cloth therein, and apply it thereto.

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188. Gonorrhaa, a Pill that cureth.

Ake Bolearmoniack, Turpentine washed in Plantaine water, Mastick, Borax, dried Eggesshels and ij 3, Anniseeds, Dragons bloud, red Corall and ij 3, all pulverised and searced, then compound them to a Mass for Pils, give thereof morning and evening sirst and last two Pils, drink of red Wine or Alegant.

189. Gonorrhaa, or Womens Whites.

Ake the powders of Sanguis draconis, Corall, Cresses seeds, Alchenet, Acorn cups, Terra sigillata, and Venice Turpentine, all powdred ana iij 3, consect them up with Treacle and Conserve of red Roses to a consistance; take thereof sirst and last morning and evening one or two drams till you be well.

190. Conorrhæa, a Julip to streng ben the back.

Ake Capdates 12, small Nuts five pintes, stamp the kernels by them-Lives and the shels by themselves, take Brock-lime, Nep, Clare, Dasses, Dande-lion, and Plantaine and j M. the pith of an Oxe back, the pizle and sones of a young Ram, thit them and make them clean, and boyl them in five quarts of Alegant to the consumption of halfe; make it sit for your taste with Sugar, strain it, and drink thereof first and last.

191. Gonorrhaa, Pils to cure.

Ake pearl and Comfrey roots dryed and powdred, Corall, Amber ana iiij 3, Bolearmoniack, bark of Guiacum, Terra sigillata, Terra Lemnia ana iij 3, make them up to a Masse for Pils with Venice. Turpentine washed in Plantaine water; take of this seaven Pils, as small as Cherry-stones first and last morning F 4 and

104 The secrets of Physick and evening, fast three houres after in the morning.

192. Green-sicknesse, the cure.

Ake clarified Honey one pinte, Rew, red Sage ana j M, stamp them, and strain out the juyces, mix them with the Honey, stirre them all together, then boyl them one walme, put to them a little powder of Pepper; drink every morning hereof one spoonfull di. warm, and fast two hoursafter, and last at night the like. In the day eat Raisins of the Sunne, and use some exercise during the Cure; eat twice every day Pottage made of Water-Cresses and Brock-lime.

2 Sometimes use this Almond milk, take Succory, Egrimony, Carduus, French Woormwood, and yellow Dock-roots ana, boyl them in fair Water, then blanch bitter Almonds, take their milk and mix all together; this Decoction drunk in the morning fasting cureth.

3 Item, Six bit ter Almonds eaten in

rin a morning for one week, and fast one

hour after, is good.

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4 Item, Your Alemust be reasonable in the Wort, whereof must be boyled Egrimony, garden Wormwood, Costmary, Succory, and yellow Dockstoots.

193. Green sicknesse, or any other grief, and Ale to drink in the Spring.

Balme ana ij M, Annisced and Fennell seed ana ij J, the juyce of Scurvygrasse iij pintes, water-cresses, and Broke lime ana j pinte, let these be bruised and put in a thin linnen bagge, with a stone to sink it into sour Gallons of new Aleout of the Tun, so let it all worke till it be four days old, then drink thereof in the morning sasting dispinte, if it purge not three or sour Stooles a day, then drink as much at night; use it till you be well.

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199. Go3

194. Gonorrhæa, or Fluxes of Bloud what so. ever, and Womens Whites.

Ake of the four cold seeds hus. ked, the feeds of white Poppy,of Mallowes, Quinces, Purslane and Mirtils, Pine kernels, Gum Arabick, Gum Dragant, white Sugarcandy, Lycorice mundified, Penides, French barly, Psilium, sweet Almonds, ana iiij 3, fine Bole, red Roses, Sanguis Draconis, Spodii, Myrrhe, ana j 3, mix all these being fine searced with so much Hydromell as will make it a Masse for Trochifces make them all of the weight of di 3 a piece; when you use any of these, dissolve one of them in fix spoonfuls of very hot milk; if they grow so hard that they will not dissolve, then grate or beat them in fine powder, and put them in the milk; drink or eat this Dose first and last, it cures in five or fix dayes: often proved, the body being before duly pre- ! pared.

195. Glysters to loose and fasten.

Boyla Sheeps head with the leaves
Mof Hollyhocks, Mallowes, and
Mercury, ana j.M., the seeds of Fennell
Mercury, ana j.M., the seeds of Fennell
and Parsly bruised, the roots of both
and Parsly bruised, the roots of both
pith.d. Linsced, all the seeds powdred,
pith.d. Linsced, all the feeds powdred,
put in some Eutter or Oyl, then strain
out 10 3 thereof, mix therewith Diaont 10 3 thereof, mix therewith Diaphenicon ii 3, or of Diacatholicon ij 3,
phenicon ii 3, or of Diacatholicon ij 3,
as the disease requireth, minister it no
warmer then you may abide the bladder
on your check.

196. Glyster for the winds Colicke

Ake Malmsey one pinte, boy!
therein the seeds of Paisly and,
therein the seeds of Paisly and,
Fennell bruised ana iij 3, mother
for Thyme, Penyriall, let them boyl a
good while, then put thereto Ginger,
good while, then put thereto Ginger,
Cummin, and Enula Campana all bruiseed ana j 3, Sugar, Oyl quod sufficit sor
Glyster.

197. Gout pain to ease quickly on warrantize.

Swith Vinegar, and binde it to the place grieved, it will presently ease, if it do not, mix a little Opium therewith, it fails not.

198. A Gargarism to wash and cleanse a jore mouth.

bury-leaves and Knotgrasse ana j M. sorrell, and Sage ana j M. red Rose leaves j M. di. mix therewith long-Pepper, Pellitory of Spain ana j 3 \ni ij, boyl them in a pottle of water to the consumption of half, then strain it, put thereto thoney of Roses j 3 di. and Oxymel Squilliticum; to it is made.

199. Another good one.

TAke Hiera picra simplex iiij 3, Oxymell Squilliticum ij 3, the distilled waters of Hyssope, Betony, and Orga-

Organy j 3 di. mix them, and make your Gargarisme, minister it warm to draw humours; but when you will stop them, use cold things in your mouth as Vinegar or Fountain water.

200. For the Gout, my Lord Dennyes medicine.

Ak Burdoches leaves and stalkes, cut them, stamp, and straine them well, and cleanse them, when you have done fo put them into a glasse, and put oylon the top of it; and keep it close stopt from the aire; when you would use it for the Gout, powre it into a porrenger, and warm it, and wet clothes in it, and lay it on the grieved place, warming one cloth after another, as it groweth cold.

201. Another very good.

S Pread Ale yeaft upon brown paper, and let it lie upon the grieved place, once in twelve houres.

Warme the pickle of Olives, and

put your feet in it.

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My Lords medicine for the Gout, is to be taken after the Moon is changed three days, which is called the prime; in those times take nothing, but the next dayes following begin and take it six dayes together, then take it six dayes, twice a day before the sull of the Moon.

202. Head ache of Rhewme, the cure.

Take one Nutmeg, Cubebs, Piony seed, Setwell roots, Marjoram, Angelica roots and ij 3, dry all these, and powder them sine, and make them up with Honey to a Masse for Pills, whereof take every morning five small ones.

Item, Fry fresh English Hops in Muscadine, and bind them as a Poultis very warm to the Nape of the Neck, renew it as occasion serveth; this helpeth.

Item, Oyl of Cloves to anount the

temple, is very good.

Item, Two plaisters of Flos unguentorum laid to the temples like Mastick plaisters, and on the nape of the Neck, helpeth. 203. Head 203. Head beating or neyse, to purge away by the nose.

Plazie roots, ground Ivy, or any of them put in a Sawcer, and with a quill fnuffed in the Nostrill, let your mouth be full of warm water, every time you doe it, then drop two drops of oyl of Amber into your ears, be eating some Crust in your mouth when you do it, it will enter the better.

204. Head ache, the cure.

The oyl of Roses, and oyle of Camomile ana ij 3, wax ij 3, Rose Vinegar six drops, dissolve them on the fire, when it is cold anoint the temples therewith.

Item, If the pain be hot, adde thereto oyl of Violets, white Poppy, unguentum populeum ana ij 3, and ij 3 of Camphire mixed.

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205. Head, a Gargarism.

Ake Betony j M. Vinegar j pinte, a little Cinnamon, as much Stavefacre, both brui fed, boyl them together to the confumption of half, Gargarize with one spoonfull thereof, but if the pain come from the stomach, boyle the aforesaid simples in good Gascoin Wine, and drink it with Cinnamon.

Or take Frankincence, Pigeons dung, Wheat flower, and j 3, temper them with the white of an Egge; and binde it to the aking place.

206. Humours from any place be setled.

Take Bullocks Lights, and parboyl them, and then very hot flit them, and lay them to the place grieved, it will draw it away.

207. Hair to bring again.

Take Bulls Tallow, Honey, and Oyle of Tartar ana j 3, boyl them together, anoint the bald place therewith.

208. Hair to cause to fall or take away.

Aske bloud-suckers burn'd to Ashes, mix the ashes with strong Vinegar, wash any hairy place therewith, it will fall away.

Or the bloud of a Bat' suffereth no

hair to grow.

209. For all diseases in head, as Megrom, Impostume, Dropsie, Fevers, Headache, and corrupt stomach.

Take the roots of Pellitory of Spain, Spikenard, ana iiij 3 powdred, Vinegar and Muster mixed with the powders well together, keep it in a close Gally-pot, hold halfe a spoonfull thereof in the mouth a good while, and spit from him the rheum in a Bason

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as often as he needeth, or for fix days, then take this powder for four days.

Take Galingale j3, Nutmeg iij3, Cloves and Cinnamon ana ij3, Lycorice iiij3, Sugar ij3 all powdred, take thereof first and last in good liquor, the Dose is half a spoonfull.

210. Hearing loft, to renew again.

Ake the Brine of Beef, the elder the better, boyl it well, scumic clean often, keep it in a glasse take the clearest thereof, and wrap is warm to the ears deaf.

211. Heat in the Body or Liver, a Julip.

Take pure French Barly ij M, boy it in a pottle of water, put therein Raisins of the Sun, and Prunes ana ji Fennell and Parsley roots cleansed and pithed ana j 3, Endive, Harts tongue, Liverwort, Sowthistle, Crops of Wormwood, Mercury, Mallowes and iii j 3, boyl them well together in a close pipkin, then strain it out hard, put the liquor to the fire again, and put

to it red Sanders powdred j 3, Sugar to sweeten it to a Julip what sufficeth, adde to it Musk three grains, use the drink thereof warm.

Item, If you will have more cooling, adde thereto Violets, Lettice, Sorrell, Borage, and Clivers the like quantity.

ef the Body, the Ptissicke, the grief of the Heart, and Liver, after long Sick-nesse.

Ake Cloves, Galingale, Ginger Spike, Nutmegs ana ij 3, di. Carraway, Annis, Cardamonium ana ij 3, Liquorice, red Roses, Violets, and Rosemary flowers ana iiij 3, Honey cleansed, and Rosewater sufficient. Let them be all fine searced, then mix it with the Honey and Rosewater, and simpred on the fire to a confection, the Dose is iij 3.

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213. Head Megrome or pain, the cure on warrandize.

Ake gray Sope iiij 3, bray therein the whites of two Egges, and put it in a Box; when you we it, spread it on a double cloth, and lay it to the forehead even to the Eares, and dresse it twice a day for sivedayes together, you shall finde ease at the first two dressings.

214. To cure any heat or Feaver, a Julip.

Take Rosewater, or Violet water, one pinte, Sugar di. its. boyl them together by a soft fire, clarifie it with the white of an egge, colour it with red Sanders, so strain it and use it.

215. Humours to stay that floweth out, and will not be stayed.

Take the waters of Endive, Sorrell, Lettice and Vinegar, one pinte of each, boyl them together by a soft fire with sufficient Sugar, drink thereof often. 216. Hem216. Hemrods, a plaister to cure them.

TAke Lovage, and Rew powdred fmall, and mixed with Honey, make a Plaister and apply it.

217. Head taines very old to cure.

Ake Gum Arabick, Myrrhe, Saffron, and Eutorbium ana iij 3, bray them together with the white of an Egge well beaten, then applyed plaister-wise on the temples and forehead; this presently cures.

218. Hurts in the skull.

Ake the juyce of Pimpernell, and wet therein pieces of Linnen cloth, and apply it oftentimes thereto, it will heal it quickly.

219. Head Megrom, pain or winde.

Pit a lump of the best Mithridate in your mouth, as big as a good HazellHazill-nut, there let it melt without champing, holding your breath a much as you can; as it melts receive it into your stomach; this will ventof at the ears, and presently ease the Head.

220. For the Head troubled with rheume.

Galingale, Ginger, Caraway and broad Plantaine seed, prepared white mustard seed, and a like qualitity, beat these grosse together, and the powder weigh above ij 3, seeth in a quart of water close stopped, and when it hath sodden well put a quart of strong Wine to it, with j 3 of clear honey, then let it seeth again, till about two singers bredth of the liquor be consumed, then take it off, and herewith gargarise your mouth.

221. Afterwards make this potion following

Ake Ginger, long Pepper ana Zj, of Galing de Jj, of Cloves and Cubebs ana Zjß, beat them together

gether into powder, and binde them in a linnen Cloth, and let them seeth well together in two quartes of Wine, stopt close as aforesaid, afterward let it stand covered untill it be setled and cleare, whereof use two or three spoonfulls at a time.

222. For Heat.

Take a quart of good white Wine, or Rhenish Wine, and three pintes of pure running water, brew them together, with crums of white bread then put to it the juyce of two Limons, let them stand insused 2 or 3 houres, the pill or rindes being first taken off from them, then squeese out their juyce, and brew the liquor with good store of Sugarcandy sinely powdered, and drink every morning a good draught of it, having first taken some Oculi cancrorum, and Harts-horne, finely powdered.

223. To cure a fore Head, or any old fore,

Re a pinte of strong ale, one ounced Mace, boyle it till it come to the confistance of a syrup, then put in a good peece of fresh butter, and boyl it again then strain it, and keepe it for you use.

224. Faundies yellow, a sure and quick cur

Ake Plantaine water of pinte, Ivory powdred ij; Saffron so much as will make it yellow, boyl them all two walmes then strain: drink a pretty draugh thereof warm first and last.

lay them thick on a boord four square, divide them in nine equall parts, by making with a Knife three cuts one way, and three cuts another, then with the finger make a deep print in every one of them, then fill every hole, or print with the Patients own water, let it so stand nine dayes, adding thereto upon the Urin in every hole three

make nine Cakes of the nine heaps with the Patients water, and bake them, and then lay the Saffron as aforesaid on every one of them for nine

dayes it cureth.

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3 Or take Sheeps trickles new made, infuse them in a pinte of Malmsey twenty sour hours, and one whole Burroot scraped, then strain it; and drink the Wine at three draughts three mornings one after another; keep a good Dyet; in the meane time refraine all Egges, fresh Beefe, Goose and Fish.

4 Or take Malmsey one pinte, Saffron, Honey one spoonfull, Broomflowers stamped ana j M. insuse them in the Malmsey, adde the juyce of Celandine a pretty quantity j M. of great knotted Earth-wormes black or yellow stripped and washed, boyl all these one walme, then strain it forth, and drink thereof sirst and last. 225. Joynts nummed, or nummed Palsie.

Ake red Sage and Hysope anapaque, put them in two Linnen Bagin strong Ale on a Chasing dish of coals in a Pewter-dish, let them boyl the very hot, apply the Bags to the Grie one after another for half an hour at once; use it every day till the Grie be asswaged; after so dressing with the Bags anoint the Grief with the op of Earth-wormes, oyl of Peter, and oyle of Spike ana, then cover it warm with Furre till next day, so use it.

226. Foynt ache, the cure.

Tak Oxe-marrow and Sheepes fewer melted together ana j; Aquavitæij 3, oyl of Tiles and sweet Almonds ana j 3, all mixed together very warme, anoint the Crief there with morning and evening till it be well; after anointing apply a good. Searclo.h thereto.

227. A Bath for the grieved joints before dressing.

Take the inner barke of a young green Oak, red Sage, and Balm ana j M, boyl them all in strong Ale with j M of Earth-worms mundified, let all boyl together two hours, bathe the joint therewith, warm ever before the other dressing.

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228. A Potion to drink during the cure.

Defink first and last a good draught of warm Ale, Beer or Wine boyled with the roots of Comfrey, Knot-grasse, Solomons seed, Balm, and Dasses ana j M. Once in the week, in the morning in his bed drink a good draught thereof very hot with j 3 of Treacle Diatessaron mixed therewith; cover him warm, let him sweat two hours.

229. Joint ache, the cure.

Ingle Oxe-dung with Vinegar like a Poultis, apply it hot G2 thereto,

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thereto, it swageth pain and draweth out water.

ana mixed, and warm, anoint the Grief therewith, then lay a Linnen-cloth wet in Vinegar in water ana mixed, and dried on very warm.

230. Joint numnesse and ache.

A Linnen cloth wet in Dragon water, and applyed very warm first

and laft, helpeth.

Item, drink fix spoonfuls of Dragon water with j3 of Mithridate three mornings together, and sweat every morning after it 2 hours; this cureth.

231. Joint-numnesse or achesthe cure.

Boyl in Water and Vinegar ana, owne Cresses, Betony, Mallow roots and white Willow leaves ana j M, till half be wasted; bathe the Grief therewith very hot by the fire half an hour, then bind the hearbs thereto very hot for four and twenty hours, so every twenty four hours bathe it, and dresse it till it be well.

232. Joint

232. Joint ache, a Medicine.

Boyl di. It, of Goose grease in a quart of Malmsey till it be black, and therewith anoint the Grief; if the pain remove follow it till it be well, then purge the humour offending.

Irem, after the anointing apply the Plaister of Diachilum simplex thereto.

2 Or take di th of thin scraped Hartshorne, boyl it in j th of Linseed-oyl, and a pottle of white Wine till the salve be black, and the Wine neer consumed: then strain it, and anoint it therewith warm.

3 Or cut Diachilon small, and melt it with oyl of Roses, Mallowes, oyl of Lillies and Camomile; boyl it to a Plaister; the first Plaister must lye on three dayes, the next two dayes, and the third oneday; wipe the Plaister twice every day, warm it and lay it on.

4 Or take great ground Mustardseed iij 3, Wine Vinegar one pinte, three spoonfuls of Aquavitæ; boyl them to a Plaister, put in the Aquavitæ last, let the other be in manner boyled first;

apply

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apply the Plaister hot to the Griefsome

three times, it cureth.

5 Beat a Sheepshead, hornes, bones, wooll and all to pieces, boyl it with Mallowes ij M. and Balme ij M. in water till the bones fall out, bathe the lame member with it often till it be well.

233. For ache or swelling in foint or other parts.

Tamp the seed of Mustard, Fenu-Sgreek, and Linseed ana j3, Figs twelve all together to a Pomace, then: boyl them in oyl and Aquavitæ ana di, pinte to a plaister, use it hot to the grief some toure times.

234. Joint swolne with winde and water, to draw it out.

Bof strong black Sore, to the thicknesse of a plaister, spread it on Leather and apply it, if it be too soft, put to it in the boyling some Rozin, stir them well together.

235. Joint

235. Joint er Geut swolne to mo!!ifie and eale.

Boyl the seeds of Cummin, and Brenugreek ana j 3, Raisins of the Sun stoneddi. To all together in fresh Butter from the Churn in May, oyl of Rew, and oyl of Roses ana to a plaister, apply it hot.

Item, Rew, Wormwood, and Roses boyled in white Wine with Mutton sewet to a Poultis, and some Beane meal applyed hot, helpeth all swellings

especially in the Cods.

Item, Strong Ale and good Sope. boyled together to a thick Salve, spread on Leather and applyed hot, helpes all aches. Boyl in Malmste, and Wine Vinegar ana, Deers and Goats dung ana powdred, to the hight of a plaister, lay it on very hot, renew it every 24. hours, till you be well, which will be in some four times.

Item, May Butter and Wax ana boyled together with a little Aquavitæ, dip double cloathes therein, and lay it to the grief very hot, it draws out the water and swages the swellings.

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236. A speciall unquent for Aches, Sciatica, or any other pain.

Ake Ox gall, Aquavitæ, Oyle, and the fresh young tops of Rosemary, let them simper on the fire, close covered, till the Rosemary be very soft, then grinde them all together in a Morter to a Salve, anoint the grief therewithall by a good fire very hot, then cover it with the clothes dipped in Butter and Wax aforesaid, and lap it up warme in fur or Cotton till the pain be gone.

237. To help any shrunk Sinews, or Ache hard in them.

MElt together Oyl of Roses, iiij3.
Spermaceti j 3, anoint the stiffe and lame finews therewith warm till it be well, twice a day, then plaister on the clothes wet in Butter, Wax and Aquavitæ.

238. Imposshume in the head to break and is good for headache and the hearing.

Boyl in a quart of white Wine, Rolemary, with the flowers, Rice, Pennyroyall, Winter-savory, & Camomile-flowers j M in a pot close stopped, set a funnill on the top of the pot that all the vapour may goe into the Eare, be champing in your mouth a Crust all the while, it will goe into your head the better, use it four mornings together, ever new warming it, it will be well.

239. Impossume outward to heale in any parts.

Ake Hollyhocks roots chane washed, boyl it in water, till it be tender, then powre out the water, then take Fenugreek and Linseed bruised, boyl them in the same water till they rope like Bird-I me, then stampe the foresaid roots and put it all well together to a plaister, and lay it to very hot, within nine dayes.

God:

The secrets of Physick (God willing) he will be well.

240. Impostume to bring to matter or Sup. puration.

Ake the yolks of Eggs j3, white Salt, powdred Hens dung liquid like Honey, mix them together, without fire lay the plaister on morning and evening warme, it will digest it, draw it forth, breake it, and heale it.

241. Impostume in the body to destroy.

Wheat j M. bruise them alone, take of either of their juyces one spoonfull, mix them with three 3 of Camomile water distilled, drink thereof very early every morning a pretty draught warme; this purgeth the disease downward without pain, but sin your ordinary broth eat of the powder of Maiden haire thrice every day.

Item, The roots of Scabious, di. 15. Ramped, adde thereto some powder

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be

of Corall, mix them well together, and drink thereof a draught in Camomile water, the Impostume will break and be spit forth.

242. Impostume, an Attractive to draw it for th.

Lilly roots, Rye leaves j M. Mallow roots, then boyl all these in running water till they be soft, then strain them from the liquor, and stamp them with Hogs-grease and, black Sopeana j 3, Fry them together till they be thick with a little Wheat-shower, make a poultis thereof, lay it to the Sore as hot as you can suffer it.

243. Joint Ache, the cure.

Ake a posset of Varges, or Vinegar and Milk, bate the joint very hot therewith, apply the Curd as a Poultis very hot all night, and after apply thereto double cloathes wet therein very hot till you be well. 244. An Incarnative to cover a naked bone with flesh.

Direos roots powdred, then strain it and put thereto honey of Roses, apply it to the grief, it will cover the bone.

245. Hypocras to make at altimes with Wine, Ale, or Beer.

Ake Cinnamon vj 3, Ginger ij 3. Cloves, Nutmegs, ana j 3. Mace, Calamus Aromaticus ana ij 3, and slice the Calamus, then put them in a quart of Aquavitæ in a glasse of three pintes close stopped with Wax 12. dayes, shake it every day, so keep it when you will use it to make Hypocras, take one pinte of what you will, make it sweet with Sugar, then take two or three spoonfuls of your compound liquor to it, and mingle them well together, and drink it.

236. Itch to kill.

Ortifie Quickfilver with fasting spittlein a Viall, mix it with so much Hogs grease as will make it blackish, therewith anoint the palms of the hands, and the soles of the seet till he be well, at night to bedward: in the morning wash it with this water, &c. take Endive water and Vinegar ana, Roche Allom, powder of Enula Campane, boyl them together, wash the itch or scurse therewith; this will dessirely it, and kill the fluxion of bloud.

247. Incision by a blister to make.

Ake Cantharides, Euphorbium, ana, p. æq. and black Sope mix it, and apply it.

Item, Crowfoot bruised doth the like.

Also Garlick doth the same.

Item, The inner barke of a Walnuttree doth raise blisters, and being bruised and insused in Wine vinegar, it is strong. Tand Vinegar, ana, boyl them with Sugar to a Julip, and take it.

249. Impostume in the bead that runnes out at the ears.

Boyl oyl Olive on a Chasingdish of Coales, put thereto two Cloves of Garlick bruised, boyl it therein, then strain it, and drop thereof warme into the eares, and stop them with black wooll.

250. Incision to make, and take out the Coare.

Powder Rose Alger sine, mix it with Hogs-grease, and lay it on so broad as you would have the Core come forth.

251. Impostumes to ripen and maturate.

Boyl the roots of Mallows and Lillies in a q.s. of water tender, stamp 11

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stamp them with fresh Hogs-grease and meal of Linseed therewith, and apply it hot.

252. Joint ache benummed or swelling, an approved Bath.

Ake one gallon of Lye made of Wood-ashes, boyl therein Sage, Rosemary, Mallowes, Worm-wood, Bay leaves, St. Johns wort ana j M. Annis and Cummin seeds bruised ana j 3, Linseed oyle di. pinte, bathe the same member therewith as hot as you can suffer it, till the Bath wax cold, use it till you be well.

253. Jaundies black and yellow, the cure.

Ake Earth-worms, wash them in sour or sive waters very cleane, strip them every time with your singers all the earth out, then stampe them very small, put stale Ale unto them, and strain them hard out, and drink it with Saffron, it cureth at thrice taking.

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Wine, and put therein Camomile flowers, Melilot flowers, tops of Wormwood, Sage, Rosemary, and Dill, of each Mj: boyl the hearbs to the consumption of athird part, and often foment the weake part therewith, and apply a warme stuppe of Cotton thereto, and roule it up very hard.

Apply this for a fortnight, and you

shall finde ease by it.

255. For joint and bone ache.

Powne a pretty quantity of Goats dung, with oyle of Roses and Honey, then boyl them together, and apply it warme unto the grieved place, and with Gods blessing you will have ease.

256. Kibes the cure.

R Oasta Turnip, cut it asunder in the middle, lay the one half very hot to the grief, renew it till it be well. Item, Make brine of Water and Salt, bathe the Kibe with the clearest thereof cold.

Item, Melt Galbanum, Gum Dragant, and Oxe tallow together, and apply it.

257. Kidnies wasted, the cure.

Ake and boyl round Plantain well in white Wine, then make a posset with the Wine, then take the powder of Elderberries dried in an Oven, that they touch not one another; take as much of it as will lie on a groat, and put it in a draught of the clear warm posset-ale; if the Kidnies be wasted, you may know, for the Patients urine will be thick and bloudy; drink thereof first and last, it cures.

258. Kidnies ulcerated, and is approve good, to mollifie and cure them.

Ake Hollyhockes and Mal low-roots ana j M. fresh Eggt 3, the Marrow of Veale bone Butter and Ducks greafe ana iiij 3, of of sweet Almonds, and Camomile and 3 di, Camomile and Balme flowers an 3 Barly and wheat meal qued sufficite make a plaister; compound all theseto gether to pap; this you may do wit all Impostumes, apply it to the Kidnie on the back, use it till you be well.

259. Kibes or bloud-fals in the feet to cur

Ake Bay salt and a raw Tur nip, ana in Water, stamp then together that your Salt be very small; then make it up in a lump and lay it on a Pewter dish whelming on the one side, put that dish in another dish to receive the liquor that runs from the Salt and the Turnip, and therewith anoint the Kibe or Bloud fall till it be well.

260. Liver

260. Liver beat, the cure.

Harts tongue, Scabious, Strawberry leaves, ana ij M. Egrimony, and Hop-buds, ana di. M. boyl all these in a gallon of good Wort, to the consumption of one quart, then strain it, and put it to the fire again with the white of an Egge, and one spoonfull of pure Honey, let it boyl again, then with a spoon scum off the white of the Egge, and put in it some Sugarcandy; use to drink thereof every morning fasting till you be well.

261. Liver distempered, a Plaister.

Ake oyl of Roses ij Z, Wax iij Z, unguentum Populion di. Z, melt them together on the sire well mixed, then take it off the sire, put it in a Morter, adde thereto red Sanders steeped in Rosewater one spoonfull, and Camphire prepared j Z, worke all these well together with a Pestle till they be well mixed, when it

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is cold make a Plaisser thereof and lay it on the right side against the Liver, use it till you be well.

262. Linseed-oyl to purifie or prepare for Medicine.

Ake fresh Oyster-shels wiped clean, and small powdred, put that powder into the Oyl, it will draw out all the filth from the oyl to the bottome, then powre out the clear oyl from the corruption.

263. Lapis Infernalis to make Incision "
Issue, and Corrodates an Impostume.

Willow-ashes, Argal burned, Sale Peter, Mercury Sublimate, Auripigmentum and Copperas ana, all sine powdered; then put them into a new red Pipkin, put thereto of the strongest Sope-makers Lye as will cover them, so let it stand covered to insule for threedayes, then filter it cleare, or drain the Lye clean off, then boyl it in a Pipkin close covered, and powre all the sub-

substance on a Boord to dry, then frame or cut your stones to the bignesse sit for your purpose: When you would eat a hole with one of them, make a sit hole in the midst of a plaister right against the place you will open, lay your stone in the hole, and clap another plaister upon it to keep it on, till you have your issue or hole therein.

264. Legges swolne, the cure.

Boyl the juyce of Walwort, Wax, Vinegar, and Barley-meal to a Plaister, apply it hot, use it as you see cause.

263. Livers Inflamation, a Julip, er a ptisan for it.

Ake three quarts of Spring water and husked Barley j M. boyl them together a good while, then put therein' Violets, Lettice, Harts tongue, Liverwort, Sorrell and Borage ana j M. Raisins of the Sunne Goned, Prunes ana ij 3; when they' be boyled well, put in some Sanders, strain it and drink it warm.

Item,

Hem, The conserves of Barberrie Cherries, Prunes, or Roses, or any them are good.

266. Another to cool the Inflamation of the Liver.

Ake Syrup of Vinegar, simple Endive water, Succory water mix them together with Sugar and drink it.

267. Liver, all Griefs, the cure.

Ake Endive water, Fumitory and Scabious waters and jtb, the symple of Vinegar simple, of Fumitory and Violets, and ij 3, Succo rosarum, Consectio hamech, and j 3, mix it, and put them in a Vial, take thereof sirst and last at once j 3, or more if need be.

268. Liver and Milt oppilation, the cure.

Boyl Smallage and Elder in Wine, and drink it often, it helpeth.

Item, the Potion taken warm with a few Radish seeds, causeth vomit also.

269. Le.

269. Lethargie or Epilepsie, the cure.

Ake an Electuary two parts of Lignum Aloes, and Cassia ligna, and the third part of Euphorbium and Carduus, confect these with Honey, and give the patient j3 at once, in the morning, at two of the clock in the after-noon, and last at night in Balme water.

270. Liver and Milt oppilation, the cure.

Boyl Ivy and Hypericon in Wine, and p. æq. and drink it often, it cureth.

271. Lice and Scabs in Childrens heads, the cure.

Ake red Sage, chop it small, and boyl it in fresh butter, with some Pepper powdred; let it boyl together, then strain it, and anoint their Heads therewith cold.

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272. Leprosie or Leper, the cure.

144

Ake Mercury, Sothernwood, Ori ganum, Calamint, Rew, ana ju the juyce of Beets iiij 3, Annis, Fen nell, and Cummin seed, and Rew and j 3, oyl of Bay ij 3; make your Deco ction, and therein dissolve Hiera pion j 3; make a Glyster and minister it, and anoint the Belly with oyl of Ren Then digest the matter with Oxym Squilliticum, with the Decoctions Asarabacca, and Valerian, putting thereto Diagalanga Diapenta ana iiii mix them all together.

273. A Purgation for the matter digested

TAke Benedicta laxativa, Hiera pi cra ana ij 3, Euphorbium, Spick nard, Mastick ana two graines, mai it up in Pils, let the Euphorbium be very grosse beaten, and tempered a day and night in Vinegar, or juya of Orenges, and oyl of sweet Almonds 274. Lethargie, the cure, and first the unquent.

Take the juyce of Purssaine, white Vinegar, oyl of Roses, and Wax quod sufficit, to make an unguent, therewith anoint the hinder part of the head.

275. A Glyfter for the fame.

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Dissolve in your common decoction for Glysters Benedicta Laxativa ii 3, and use it as need requires,
then rub the extream parts with saltwater and Vinegar, or with salt and
Vinegar strongly, use this every day for
three days together, after that anoint
the hinder part of the head with this
following ointment.

276. The Ointment.

Take the juyces of Smallage, Rew, and Castor fine powdred ana ij 3, Wax and oyl quod sufficit, and continually smell to Assa totida and Galbanum.

H Lastly,

Take Mustard, dry Figs ana j 3, Cantharides j 3, incorporate these together with strong Vinegar and apply it.

277. Lungs Impostume, the cure.

Irst, let blond on the veine Basilica, on the right arme, the next day open the same veine on the lest arms,

then use this following:

Take the syrups of Maydenhaire, and Endive and di. 15, of Succory, the source cold seeds, and j 3, Licorice and Barly mundified, Raysins stoned and iiij 3, honey iiij 3, Sugar j 15, make your syrup according to Art, anoint the Patients breast with this unguent, viz.

Take Fennell seed bruised, Linseed bruised, and leaves of March Mallower, the leaves of Bearsoot, boyl them well together in water, then stamp them, adde thereto in the stamping Butter misalted, and fresh Swines grease, make

your

your Ointment, use a good diet, with bread and broaths, made with Barley or Oat-meale, and Almond milk, Chicken-broth, wherein the foure cold seeds be sodden.

278. For a Woman that hath a hard labour, and cannot easily be delivered.

Nfusca handfull of Pennyriall, with a little powder of a Mugwort roote dried, in a pinte of new Ale or white Wine the space of two or three houres, then give it the party to drink; This also is very good to bring away the after birth.

279. To cure one that is Livergrown.

Take Hartstongue, Liverwort, Lúngwort, Maiden haire, of each a good handsull, pick them clean, and wash them, and put them into two gallons of new Ale, in a little Rundlet, and let it stand a fortnight before you drink it: The herbesmust be grossely bruised. 280. Then make this Qintment.

Ake the same herbes, wash them, and pick them clean, and shread them, and take a pinte of Neatsfoot oyl, and halfe a pound of fresh Butter cut of the churn, an ounce of Mace, boyl all these very well till it come in. to an Ointment, then strain it, and anoint the side that is Livergrown, and all the belly, and stroke the side well with your hand before the fire, and take care the patient take no cold;puta warme double cloth over the fide; and use this Ointment evening and morning, drinking the drink also evening and morning, and in the afternoon a bout foure of the clock, fasting an houre after it.

281. To help obstructions of Liver and Spleen, ease coughing, and clense bloud.

Take of Lungwort, Liverwort, Scabious, fumitory, Buglosse, Violet and Strawberry leaves of each a handfull, of great Raysons having their

their stones taken out a quarter of a pound, boyl them in three quarts of cleare running water, being all first picked and cleanfed, put thereto a good handfull of Scurvygraffe well picked from droffe and rotten leaves: putting thereunto of Lycorice scraped and sliced a pennyworth, with a pennyworth of good clean Anniseeds, 12. Figs sliced in halfes, with an ounce and a half of Sugar candy, boyl this till the herbes be tender, then take the Decoction off the fire, strain it and let it coole, and drink fasting, and about foure in the afternoon a pretty draught, whilest it laffeth.

283. Mad Dogs biting, the cure.

Ake powder of Craisish shells j3, drink it in Dragon water with Mithridate j 3, and apply to the sore the same powder mixed with Garlick bruised.

284. Meagrum in the head, Impostume, Feaver, and all Head-aches.

Ake of the roots of Pellitory of Spaine j 3, Spicknard di. 3, beat them together, and boyl them in good Vinegar, then let them cool, put thereto Honey and Mustard ana fawcerfull, mix them well together, let the Patient put half a spoonfull thereof in his mouth, and hold it there a good while, then spet it forth, renew it so twelve times, when you goe to bed drink a little downe, use, this three dayes, and you shall be well.

285. Menstruous to provoke.

Ake so much of the powder of Aristolochia rotunda, Myrrhe and Savinemixed ana as will lie on a shilling in warme white Wine, add thereto one race of Ginger grated.

286. Mensirmous to stop the much flowing.

Ake the shels of a new laid Egge, the innerskin pilled off, boyl it in water one house, then dry it and beat to fine powder, drink that powder at twice in red Wine warm, at every drinking goe to the newest Moale cassing, put away the earth with your foot, and sit down and make water in the Moale hole, use this till you be well, during this cure let her eat Isinglasse.

287. Marphew, to cure.

Ake the juyce of Orpins mixed with strong Vinegar, and many times anoint the same.

288. Morphew, a Lotion.

Ake one spoonfull of Mustard, Celandine, and wild Tansie ana j M, stamp them till they be thick like green-sauce, then power to them strong Wine Vinegar sour spoon-H4 fuls,

fuls, mix them well together, then strain the liquor hard out, and there, with often bath the grief till it be well.

289. Mether suffocation, the cure.

Ake the leafe of the great Burre, lay it on the crowne of the head, and lay upon that a hard roafted Egge crushed thereon, bind them fast od with with warm clothes, first shave the crown of the head.

Item, Take the powders of Harts-horne, Ivory, the haires of a Hares skin. the clawes of a Sheep or Goat burn'd to powder, take of these powders in your Broth.

290. Mother, the paine in a Woman's body.

Ake Mother-wort, Germander, Hysop, Diptany, Thyme, Violets, and Marigolds ana j M, boyl them in ordinary Ale, scum it clean when it is half sodden, put to it dipint of Bastard, and strain it, drink thereof warme morning and evening.

291. Matu-

291. Maturative to bring an Imposiume to Suppuration.

Take the juyce of Smallage, honey, flower of Wheat, and yolks of Eggs mixed together, and apply it to the Impostume.

292. Maturative, another.

The juyce of Dasies, Plantaine, and Smallage ana, put thereto honey clarified, stir them on the fire together, and thick it with Wheat meale, when it is almost cold put to the yolks of three Eggs, mix them and lay it on with lint; this is also good for womens breast smolne.

293. Milt oppilation, the cure.

Tax liquid, and gum Armoniack, and Vinegar, infuse them three dayes, then boyl them and strain them, adde thereto Wax and Oyl, make a plaister thereof and apply it to the grief.

Item,

Item, Boyl the Dock in wine or water, drink it, it will cure.

294. Morphew spots, or marks in the skinne, to cure presently.

Ake the flower of Brimstone j3, insuse it all night in strong wine Vinegar six spoonfuls, mix them well together, therewith anoint the spots, or wet them well, and put linner cloths double, and wet therein, and apply them till it be well.

295. Mouth sore, or sore gums, and to fasten loose teeth.

Ake Rosemary, burnt Allom ana both powdred, a little white Salt, boyl them in water with English honey, therewith dresse the mouth.

296. Moulh fore, or any other part, a Lotion most excellent.

Ake Celandine, red Sage, and Honey uckle leaves, and flower and three handfuls, pure English honey one quart, Roche Allom j so iiij finall beaten, graines of Paradite j z, grosse beaten or bruised, boyl all there in one gallon of Spring-water in a close covered Pipkin, from a gallon to a pottle, then straine it, and put it up in Vials, it is good to Sunne it six days, this Lotion cured any fore being washed therewith.

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297. Morphew or spots in the skinne or in any part.

Take oyl of Egges what quantity you please, temper them with a good quantity of Letharge of filver bruised, and anoint the spots therewith.

Item, The oyles of Juniper and bitter Almonds mixed, and anoint therewith.

Item,

Item, Take Hellebore ij 3, stamp it to pap, and mix therewith as much juyce of Egrimony, and a little Rosewater, anoint therewith the spots.

Irem, Camphire powdered with two bitter Almonds, then temper it with

Rose-water, anoint the place.

Item, In using any of these medicines, eat morne and even syrup of Fumitory, and purge with Consection hamech.

Item, Let his drinke be morne and even Fumitory and Centory in Claret Wine, boyled with a little powder of Ivory.

298. Against fittes of the Mother. Dr. C.A.

Rof the juyce of Briony roots, strongly pressed out, put it up into some sit vessell, till it be well cleansed, or settled, then throwing away the mousture swimming on the top of it, let the masse remaining behind in the bottome of the vessell, which is thick and white be dryed up in the Sun; then

Re of this juyce so prepared, and reduced into powder 3 j B, of Castor

pow-

powdered one dragme, of Assa fetida 9 ij, with as much syrup of Mugwort, as shall suffice, make up a masse for Pilles.

The Dose is two scruples in Pills for one time.

199. For Vicers in the Mouth or Throat. Dr. C.A.

R of Diamoron, and Honey of Roles of each one ounce, of flowers of Braffe subtilly powdered two scruples. mingle it up into a liniment.

300. To make Manus Christi.

TAke iiij ounces of pure refined Sugar, and put thereunto foure spoonfuls of Rose water; boy! them together, to the hight of a Candy, then take it off the fire and put to 2 graines of Musk dissolved, Pearle unboared finely powdered two dragmes, a little leafe gold after you have stirred the other well together, and formed them into little round plates, then put into every plate, a peete of the leafe gold cut out for it. 301. Nerve

Ake Camomile, white Archangell, Plantaine, young Wormewood, Mints, Walnut-tree leaves, Sage, Violet leaves, Mallowes, Rew, Chickweed, Brocklime, Watercresses, Southernwood, Smallage, and yong Bay leaves, ana j M. Bruise them all in a Morter, then boyl them in a pinte of whire Wine close covered, till the Wine be neer wasted, then adde thereto Hogges-greafe and Deer sewet aira one th, Linseed oyl and Neatsfoot oyl ana one pinte, Rosin powdred six 3, Galbanum prepared ij 3, boyl all these on a soft fire close covered, till the Unguent be green, then strain it out, and presently as it is hot mix therewith liquid Storax and oyl of Spick ana ja. mix it till it be cold.

Item, If it be for Beasts, leave out the Storax and oyl of Spick, and in their stead put in their weight of Sope: you must make it in the midst of May.

302. Noli me tangere, to cure and cool.

TAke Stubwort and stamp it, and temper it with honey, make a plaister of it, lay it cold on the Sore: within foure Plaisters it will mortisie the grief.

303. Neck Botches, or other place, the cure.

Take Dogs tongue, shred it, and stampe it small, boyl it in Malmse till it be thick, then mix therewith the Melilot plaister, and plaister it to the grief, it will dissolve and heale it without breaking.

304. Neck and Cheekes swolne the cure.

Ake the fine powder of Cummin feed di. It, Figs cut small, boyl them together in white Wine till it be thick, then mix therewith soure spoonfuls of Beane meale, make a Plaister thereof, lay it to the swelling, so continue till it be well,

305. Nose Vlcers, to cure.

Ake small Hollyhock, Plantaine and Shepheards purse their juyces ana j 3, the white of two Egges, Camphire small bruised iiij 9, prepared Tutia, Broom seed, ana j 3, burned Allom, Coral, Amber, ana ij 9, Starch j 3 di. Bruise all these together in a Leaden Morter some hours together, use this four times every day till it be well.

Or take the juyces of Hazell leaves 13, and Bettony iiij 3 mixed, and with a quill drawn up into the note divers times in the day, is likewise good.

Item, Let the patient purge with Pillulæ cochiæ, or Hieræpicræ, or such like.

306. Bleeding at the Nofe.

A Desperate bleeding at the Nose was, by making up two Pills of Laudanum, each pill containing the weight of eight graine longwise, and then stopping each nostrill, with a sevarall pill was in very short time cured.

307. For a Childes Navill going forth weeping.

The Wax as it cometh from the Honey, and when you have occafion melt it in a faweer, and dip black wooll in it, and lay it to the Navill, then sowe a twenty shilling peece of gold in a fine linnen Cloth, and keep it on the Childes Navill with a swathband.

308. To cure a disease like to a Wart on the Nose.

Take of Sulphur vivum one ounce, reduce it into very finall powder thorough a fine searce, then put there unto a pinte of Rosewater, set it in a glasse close stopped, in the sun for the space of forty dayes about the dogge days, and then in the end if a dragme of Camphire very finely powdered be put thereunto, the medicine will work much the better.

209. Oyle of Swallowes to make.

TAke ten yong Swallowes, put then quick in a Morter, put to them La vander, Cotton, Spike, Camonik Knotgraffe, Ribwort, Balme, Valeria Rosemary tops, Woodbine tops, string of Vines, French Mallowes, topse Alehow strings, of Strawbreries, Tui an, Plautaine, Walnut leaves, topsc yong Bayes, Hysop, Violet leaves and Sage, Romane Wormwood, anaj! Camomile and red Roses, ij M. each, stamp all these together, put tois one quart of Neats foot oyl or Me Butter, Cloves fine powdered j 3, p all these in a new red Pipkin clote stor ped and layd for nine days in a Cell under ground, then boyl them in a Bineo fix hours, adde thereto Wax di. ! and one pinte of Sallet oyl.

310. Oyle of Saint Johns Wort to make 4 the best.

TAke j to of the flowers and leave of St. Johns Wort, put them is

a broad Viall with fo much white Wine as will cover the Hearbs, set them in the Sun ten days, then put thereto Sallet oyl ij th, let them stand in the Sun other ten days, put thereto of Venice Turpentine iiij 3, Saffron powdred j3, Nutmegs, Cloves and elect Myrrhe ana iiij3, Frankincele powderedj3, put them in a great bottle close stopped, let them boyl in Balneo till no more vapours will ascend into the head, which will be some 24 hours, then take it forth, and strain it, while it ishot, put it in a glasse close stopped, so it is made up: this Oyl must be used alwayes warm; Tent no wound therewith, but dreffe them all with cloths wet therein and laid thereon, so it heales best and quickliest.

311. Another Oyle of Saint Johns Wort for Aches and Brui, es.

Ake Sallet oyl one pinte in a Viall, put thereto of St. Johns Wort flowers beaten ij M. of the leaves or red Rose buds, the white ends cut off, the flowers or tops

of Rosemary and Camomile flower ana j M. set the Viall in the Sun til the Oyl be blood red, put theret the powder of Alkanet iiij 3, so is made.

312. Oyl of Snayles for any Ache, to make

Ake in May black Snailes on pinte, put them in a great Or bladder with one pinte of A quavitæ, and the substance of all the Oxegall let run into the bladder the rest oyl of Peter ij 3, oyl of Spini 3, tie the bladder sast, and put intranther great bladder, and hang it sast tyed for twenty days, where me Rats nor Mice may come, then strain it, and keep it to your use, put with it liquid storax j 3, it giveth a god smell, and is also good.

313. Ointment to expell Wind pain in the Back, stone in the Kidnies, Sciatica, or any ache, anoint the pain in warme, being first rubbed with a dry cloth.

Ake an Oxe Gall, slit it in the bottome, let it run out into a Pipkin, adde thereto Neatsfoot oyl j lb, ground Ivy, Rew, Camomile and Thyme, ana j M, pound them in a Morter together, adde thereto Aquavitæ j 3, boyl them all at a soft fire three quarters of an houre, stir it often in the boyling, then strain it, and so it is made.

314. Oyle of Egges to make.

Ake the yolkes of thirty Egges, fodden very hard, put away the whites, then put the yolkes in a Morter, beat them small, then put them in a broad Pipkin, cover them with a round Trencher with a hole in the top, and with a rowling pin thorow the hole, still stirring them as they boyl, till they be all turned soft, then strain out the yellow yolk.

315.0yl

Sinews and Joynts, Palsie and stiffenesse of the Neck; it allayes the cold of Agues, if you anoint the Back-bone there. with.

Ake Bever-cod j Euphorbium iij 3, Myrrhe ij 3, strong white Wine viij 3, Sallet-oyl 12 3. let them boyl clote covered till the Wine be clean spent, then strain it, and keep it to your use.

Pores and sweat-vents; it expels Vapours, and is good for paine in Sincres, Joynn and Guts.

Ake sweet Camomile flowers, as much as you will, put it in a preserving Glasse, and cover it with sweet oyl, then stop it, and set it in the Sun sourteen days, afterwad boyl it in a Balneo, then strain out the Camomile, and renew the oyl with fresh flowers so often till it be perfect in smell and colour, then use it as aforesaid.

317. ()!

317. Oyl of Dill asswageth all paine, opens the Pores, consumes Wind and all hard Swelling, it takes away all shaking of Agues, causeth sleep, eases the pain of the Head in hot Agues, if you anoint the Eack-bone therewith.

This oyl is made of the Herb and flowers, as you make Oyl of Casmomile, with old oyl.

in Brest, Reines, Bladder, Matrix and Guts, it digesteth and asswageth the Cough, ripens all Impostumes, drieth all foule Sores in the Head, diminisheth all Sweatings if you mix Saffron therewith.

Tand prepare the oyl as aforefaid. 319. Oylof Wax to make.

Mixe therewith some ij fb of well burned Bricks small powdred, or as much as will serve to worke it up like soft past, then put it all up in an earten pot, to distill with a glasse lying along according to Art.

320. Opiates to procure sleep in a melancholy madnesse.

Fifth, let the Patients hands and seed be washed with a decoction of Dill, Camomile, Lettice, Poppy, Mallowes, and Willow leaves, and after anoint them with oyl of Poppy-seed by expression, or let him smell to this

Opiate following:

Take j3 of Mithridate, five graines of Opium, three of Saffron, with one spoonfull of Malmsie, and two graines Champhire, put all into a Limmon Pill emptied of the juyce, and smell thereto often about your houre ordinary to sleep. If this faile, take di. 3

of Philonium to bed, or some other wholsome Opiat going to bed well corrected.

321. The white Oyntment.

Ake of Hogges grease finely tryed half a pound, of white Lead called Ceruse in the Shops, as much of Virgins Wax one ounce, and in stead of 2 ounces of Suet, put in 2 ounces of oyl of unripe Olives, called Oleum omphacium; set them to melt over a very gentle fire, continually stirring of it, put unto it one dragme of Camphire, Ithen take it off, and stirit till it be cold, then put it up in a pot for your use; It is good against any Inflamation, or burning, against Kibed heels, galling or chafing, or for any humour which breaketh forth of the skin, and runneth.

322. To make Tobacco Salve.

TAke of green English Tobacco, 2 pounds, and of Plantaine Mij, shread the leaves, and stamp them in a stone

stenemorter, and put into them a cup of 1cd Wine, and let them stand all night, then take Sheeps suer, and Hogges grease, ana half a pound; but if you leave out the greafe, and put inficad thereofa pinte of Sallat oyl, and a quarter of a pound of the best Rosin, and let these to boyl to the consump. tion of the juyce, then strain them, and put to them 4 ounces of Wax, and 3 or Turpentine, and let it to the fire again, inffering it not to boyl about 2 or; walmes; taking it then off, and ftraining it into a pot, and referving it for your use, you will finde it very good for any old fore.

223. An excellent black Salve, good for any green or old fore, for Ague Jores, or fore Brest, and will kill a Felon.

Ake halfe a pound of Wax, of Sheeps suet as much, Sallat oyl 4 ounces, Rosin of the Pine tree one ounce, Frankincense 2 ounces, of Cloves 4 ounces, of Mace, and Mastick of each 2 dragmes, of common Rosin 4 ounces, Stone pitch halfa pound, of red

red Rose water, and Plantaine water, of each 3 spoonfulls, of red Wine Vinegar 6 spoonfuls, three spoonfuls of Hollyhock water, or as much of the juyce of it; let the Suet be tryed, shread the Wax, and beat the Rosin, and Mastick, as also the Cloves and Mace into fine powder, put all these things together, and fet them to melt over a softfire, and keep stirring it till it begin to rife, as you may find by your flick, and that all your stuffe be melted, and when you drop it upon a brick it will feem somewhat stiffithen take it from the fire, and stirit till it be cold, and fit to strain, then put it up in a gally pot for your use.

324. Palsie, the cure.

TAke Cowslip flowers, or roots, red Mints, Lavander, and Sothernwood ana j M. stamp them small, and boyl them in strong Ale one pinte, put to it Bay salt j 3 di. when your liquor is halfe wasted, take out the hearbs and stamp them again, then put thereto as much good Mustard as halfe your herbs,

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hearbs, thereof make a plaister. If the disease be in the tongue, lay it to the Nape of the Neck; If in the jaws, to wards the eares, or cheeks; if in the hand, to the pulse, and let it lye is houres, wash your hands where Sage hath been.

325. Another by Potion.

iv. 3, Betony water one spoonfull, Triacle of Venice, Conserve of Sage and Betony, and di. 3, Conserve of Cowslips di. and Carduus water iv 3, Chymicall oyl of Nutmegs vj drops, powder of Castor di 3, and Sugar qual sufficit, take sour spoonfuls thereof sint and last, or at any time with the use of the foresaid plaister.

326. Palsie, Gout, Cramp, Convulsion, Sciatica, old aches, and Contractions.

Tarpen di. to oyl of Bayes iv 3, oyl of Spike j 3. Juniper berries di. to, Castor j 3, Euphorbium i 3, Cloves, Mace,

Mace, Nutmegs, and Cinamon ana j 3 Lavander flowers, Sage, and Lillies of the Valley ana j M. Mastick, Myrrhe, Frankincente ana ij 3, Brocks grease iij 3, Mummy j 3 di. digest them for one moneth in horse-dung, then distill them, and anoint the grief therewith.

327. Plague, an Antidote.

Ake Setwell-roots, Calamus Aromaticus, Bole armoniack, Tormentill roots ana j 3, Sanguis Draconis, and Terra Sigillata ana ij 9 fine powdered, mix them all with di. fb of Triacle, so take it.

328. Piles, the cure.

Ake burned Musele-shels fine powdered, mix it with Honey and Saffron, anoint your Piles therewith.

Item, Boyl in fresh Butter, Pilewort, Elder leaves or buds till it be a salve, make it yellow with a little Saffron, anoint therewith.

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Item,

Item, Take Anniseeds burned, and powdred Honey, and Saffron, mix them well together, make a plaister thereof, and apply it, first wash it in white Wine wherein Scabious hath boyled.

329. Plague, an Antidote.

Ake pure Triacle j fbdi put it in a Gally pot, put to it Myrrhe, Bay berries husked, Aristolochia rotunda, Gentian, Ivory, and Harts horne and iiij 3, all fine searced and mixed with long Pepper, Annis, Carroway, and Fennell-seeds, and iiij 3, stirring them with a Spatula in the pot of Triacle, the Dose is j 3 alone, or with a posset-ale mixed.

330. Plague, a defensive.

Ake Rew, Elder leaves, Cinkfoyle, or Tormentill, red Sage, red Bramble leaves, Sorrell, Marigold leaves, and Angelica ana j M. stamp them all in a Morter, then put to them white Wine one quart, wine Vinegar di. pinte, white Ginger powdered iii 3,

let it so stand in a pot close stopped twenty source houres, then strain it hard torth; let the clder people take every morning two spoonfuls, fast two hours after, and children one spoonfull, use it nine mornings.

of,

331. Plague to prev nt and cure.

Ake Cinnamon j 3, Terra sigillata vj 3, Myrrhe iij 3, seeds and rinds of Cytrons, roots of Dittany, Burner, Tormentill, Zedoary, and Corall ana ij 3; Unicornes horn Dj finely powdered, yellow Sanders and red ana j 3, white Bean, and Marigold flowers and j 3, Scabious, Betony, Busil seed, bone of a Stags heart, and Suffron ana ij 3. Sugar iij st, then with the Vinegae of Citrons make an Electuary, the Dose is every morning j 3, this prevents infection: if one be intected with cold take it in Wine, if with heat, in Rosewater and Vinegar, and sweat two hours after.

332. Plague sore to ripen and bring forth.

Tand cut in peeces, fresh Butter iij3, Leaven j 3, Mallowes and Scabious and di. M. If you want the Herbs, take Garlick, j3, boyl them soft to a poultis, apply it very warm.

333. Polypus, a grief in the Nofe.

Ake the leaves and branches of Buckwheat, distill it in Balneo, the water thereof is persect good to stay the spreading of the Canker, although thought uncurable, then with the Magistrall oyl heale it up.

334. Pox [mall, the cure.

Let the Patient sweat sirst, then give him Mithridate iij graines, or as much Saffron, any of these expels them, then when they are come to a scab, and full ripe, that is, when they look yellow, then take a peece of fat Bacon

Bacon, roast it, let it drop in faire water: then take the droppings, and wash it again in three severall waters, and wash it at last once in Rosewater, then with this fat anoint your face source times every day, this will defend the face from any desormity.

For want hereof, anoint the face with oyl of Roses iiij 3, and Spermaceti j 3, mixed.

335. Plurisie or Stitch, the cure.

Met Dialthea ij 3, mix it with oyl of sweet Almonds iv 3, warm it, and anoint the griese, then sprinkle on the place with the powder of Cummin searced iv 3, then warme a Colewort lease, and anoint it with sresh Butter, and lay it hot to the place, bind it sast on.

But the surest way is, to let bloud presently, and purge next day.

336. Pox great, the soonest cure.

Ake Guaiacum, from the Turners the thinness chips j 3, of, the barke of Guaiacum iiij 3, insuffice them soure and twenty hours in a Diet pot with pure water eight quarts, the next day boyl it soft simpering to the consumption of three quarts, drink of this warm morning and evening a good draught, first strain it from the wood, then put the pot with the wood to the fire with eight quarts of water again to boyl, till two quarts be wasted, then strain it out, let it be his usuall drink at meales, and all day to drink cold.

Let him every fecond day drink a great draught of the strongest first, drink very hot and sweat two hours after in bed, and dry it with fresh linnen, and change his shirt, use this till all seabs, aches, &c. be gone, for till then he is not sound.

337. His Diet.

Esket, and some of the blewest Raisins of the Sun for breakfast and supper, his dinner must be a neck of Mutton very dry roasted, but once basted, or a Chicken or Rabbet dry roasted.

Item, Before he entereth his Diet, he must purge twice, and be let bloud once, and once a week purge during his Diet.

Item, The first fourteen dayes let him

keep his Chamber,

Item, Let him alwayes purge with ten graine of dulcified Mercury given in a pill of Mithridate.

338. Purgations to prepare.

Ake Senna, Turbith, Diagridii araiij 3, Epithimum, Galingale ana j 3, di. Annis, Cinamon, Ginger, ana i 3, falt Gem lixe graines, all fine searced and mixed, the Dose is j3 in Dia prunis or posset-ale. 339. A Purgation wich purgeth all Aqueom bumours.

Ake Rubarb, Turbith, Hermodactyls, Diagridii, Senna, Agarick, Mechoacan, Sugarana ij 3, Cloves, Fennell, Ginger, Annis, Mastick, ana j 3, Saffron and Cinamon ana ij 9, pulverize and searce all these the Dose is j 3 in Succory water or posset-ale.

Item, For a child of seven yeares old, or a Woman with child, between iij moneths and vij, take Mechoacan fine searced, and of this former Powder ana j 3, give it in Sugarsops within

diaprunis.

340. Pils that purgeth the foure Humours.

TAke Mirabolans and Rubarb ana iv 3, the juyce of Egrimony & Wormwood ana ij 3, Hermodactyls, Agarick, Colloquintida, Polypody ana i3, Diagridii, Turbith, Aloes ana vi 3, Mastick, red Rote leaves, filt Gem, Epithimum, Annis and Ginger ana i3, mix mix them and searce them, compound them in a Morter with syrup of Roses to a Masse for Pils, the Dose is 3 in sive Pils, taken in the pap of a roasted Apple, or any syrup.

341. Plaister Basilicon to draw and heale.

Ake Wax, Rosin, Cows tallow, Pitch, Birdlime, elect Myrrhe, Tarre and Olibanum ana vj 3, melt the Rosin, Tallow, Pitch and Wax, then strain them powder sine your Olibanum and Myrrhe, then put them in, and at last put in the rest, stirthem well till they be cold.

342 Plaister Gratia Dei.

Ake Bettony, Vervine, Pimpernell, Dasses, Plantaine, Centory, Ribwort, and Avens ana
j M. Herb gratia Dei ij M. both crops
and roots, wash them clean, and bruise
them small in a Morter, then put them
in an earthen Pot, and put to them a
pottle of good red Wine, or white,
cover it, and boyl it from a pottle, to

quart, being boyled, let it stand twelve houres, then frain it thorow a cloth. then wash the pot again with white Wine, and put in the Liquor again, and boyl it, then take Wax di. fb, Rosin di. fb Galbanum j 3, Mastick j 3 small pow. dered, let it boyl well, still stirring it a quaiter of an houre, then take it from the fire, put thereto Turpentine iv 3, stir it till it be well compounded, then strain it thorow a strong canvas cloth, the next morning put some Womans milke of a man-child to it, melt it on the fire again ready to boyl, then anoint your hands with oyl or Butter, make it up in rowles.

343. Plumbeous plaisters, or of Lead, to heale and finish a sore.

Ake Chalke ij 3, Hogs-grease ij 3, Cerusa j 3, Lapis Calaminaris j 3, then beat and mix the Ceruse and Chalke in a hot brass Morter with a hot Pestle halse an houre, adding some Hogs grease thereto in beating them, then make it up in small rowles, when you use it spread it on Leather a good thick-

thicknesse, let it lye 24 houres unremoved, so use it till you be whole.

344. Plaister green to cure green and new Wounds.

Take clarified Sheeps-sewet, the leaves of green Tobacco, Hounds tongue, Saint Johns Wort, Valerian, Plantaine, Ribworr, Selfe-heale, and Tutsane leaves and di. It, Hogs grease di. It. chop the herbs, then boyl them in the sewet and grease till the greennesse be out of the herbs, then strain it out and presently mix threrewith Venice Turpentine, and Wax ana ij 3, sirst melt the Wax, and put it in so hot, mix all well together.

345. Plaister that cureth all waterish stinking humours.

Take Chalke fine powdered j the Hogges grease 12 3, compound them together with your hands till they be thick like dung, then lay it on the sore di. inch thick till it be well.

346. Black Plaister mondisteth all sores, and taketh away all Paine.

Take Sallet oyle and white Vinegar ana 12 3, white Lead and red Lead ana ij 3, Wax iij 3, boyl all together till they be black, then adde thereto Camphire prepared iv 3, when it is taken from the fire, and mix it well.

347. Plaister of Tapsus barbatue, that cures all Cankers, Fistulaes, Plague-sores, bot Bruises, Botches or Felons.

Ake the juyces of Smallage, Carduus, young Wormewood, Mullin, Walwort, Pimpernell, Doveloot, Plantaine, Egrimony, Mugwort, Sage, Dasies, Nightshade, and Fluellin ana 13.

Woodbine iv M. when they be stamped and strained, put to as much Honey in measure as you have in juices, then boil them together in a new red Pipkin clote covered, let them boy! simpering, still stirring it till it come to the thicknessed thoney, then take it from the

fice.

fire, and keep it in a new earthen pot

close covered.

When you have a plaister for any the uses afore aid, then take of this honey iv 3, Wheat meal ij 3, boyl all these together one walm, stir it still for fear of burning, then take it from the fire, put to it presently Venice Turpentine ij 3, mix it well with the rest, when it is almost cold, poure the white of two Eggs well beaten thereto, mix them together till it be cold: now the plaister is called Diaslosmus.

348. A Lotion to wash the griefe before you plaister it, dresse it twice a day, bath it hot, or seringe it before the plaister be applyed.

Ake Nightshade, Smallage, Egrimony, Fluelline, Sage, Carduus
ana M. Woodbine ij M. Allom
iv 3, Honey ij 3, Plantaine water and
white Wine ana one pinte, boyl all
these Herbs small cuttill their substance
be forth, with the Honey, Allom, Wine
and water, strain it to your use.

349 A Potion to drink warme first and las during the cure, with the Plaister and Lotion.

Take Sanicle, Fluellin, Pimpernell, Cranesbill, Wilde Tansic, Egrimo. ny, Valerian and Mousear, ana jm bruise them, then put to it Cloves bruised j3, boyl them all in one quant of white Wine, and one pint of water, with three spoonfuls of Honey, then strain it, and mix therewith one pinte of Carduus water.

350. Plaister for any Ache, Grief, Sore, Swelling, or Paine.

Ake Rosemary, Camomile, Sage, Elderbuds, Sothernwood, Lavander, Wormewood, Costmary, red Mint, Rew, Lavander-cotton, Buglosse and Brocklime and ij M. Black Snailes one quart, Frankincense iv 3, Wax, Rosin, and ij 3, Hens dung and Cows dung dit of each: Butter out of the churn unsalted iij it, Mace, Cloves, Nutmegs

megs and Cinamon ana iv 3 fine powdred; boyl all these together, close stopped, strain it, and put it in Gally pots to your use.

351. Plaister for old sores.

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Take Olibanum, Lapis Calaminaris, Letharge of Lead, and Boleana j powdered and searced, Wax ij 3, and oyl of Roses j 3, boyl them to a plaister.

352. Plurifie, the cure.

Boyl Mallow roots, iiij z in water brill they be tender, then take them forth, and stamp them with Butter, Honey, and Pidgeons dung ana ij z, mix them well, and apply it to the side affected.

353. Poyson and Plague to prevent.

TAke the leaves of Rew, Figs, Juniper-berries and iiij 3, Walnut kernels ij 3, mix all these together in Wine-Vinegar, insuse it therein all night,

night, next day begin to take thereof

ij 3, every morning.

Item, Bezoar, Harts-horne, Ivory, any of these in Dragon-water or Mithridate doth the like.

354. Apill to give sleep and case in all ex-

Ake Cinnamon, Cassia lignea, Opium ana ij 3, Myrrh, both the Peppers ana j 3, Castor di.z, Sassron j 9 sine powdred, and made to a Masse for Pils with Honey, the Dose is two Pils, no bigger than small Tares either.

355. A Purgation that cleanseth the head, Braine, and all the body of melancholy.

Ake Senna vj 3, Ginger j 3, Buglossej 3, showers ij 3, insuse all in a close stopped Ale bottle of stone with a pint of Whay of Goats Milk, let them boyl in Balneo one houre, then let it cool, give it to drink warm in the morning: this preserveth against all passions of the brain,

it helps hearing, smelling and seeing, and strengthens all the body, and unburthens the same of every humour that abounds, as Choler, Phlegme, and Melancholy: This was the practise of Mathiolus Riolanus, and Achtaius.

356. A Dyet that cures all Pox, Scabs and Lamenesse.

Ake Zarsa perilla, and Hermodactlys ana vj 3, Lapis Calaminaris iiij 3, Senna iij 3. Turbith Ij 3, Guajacum viij 3, bark of Gujacum iij 3, Bole ij 3, Licorice iiij 3 mundified, French Barley vi 3, Fennel and Aniseeds, ana iiij 3; put all these in a Diet-pot with foure gallons of water, stop it close, and infuse them all night in the hot embers, then boyl it on a soft fire four houres, in the end of theboyling put therein Laudanum Paracelsus purified ij 3, Mithridate j 3, mix them all together, drink thereof often a good draught, especially first and last: this cureth all aches in the limbs or body, French pox, or any disease, strengthens the spirits; if you ule

use it for the Dropsie, put in good store of Mechoacan; if for pain in the head, put in Stoccados or Betony and iij 3, when it is strained, put to the simples again, so much water again, boyl it as before for small drink at meales.

357. Another Diet for Pox.

Ake Sarsa perilla iiij 3, Guaia cum viij 3, bark of Guaiacum iij 3, bruised not too small, Stoccados iij 3. Liconice mundified, and then sliced, Anniseed bruised ana ij 3, insuse all these in a Diet-pot all night close stopped with nine quarts of water, next day boyle it on a soft fire till the third part be spent, then straine it, drinke a good draught thereof sirst and last, use your selse as aforesaid.

358. A Plaister sanative and defensive for Pox or oldsores.

Wax, Olibanum, gum Elemni, Lapis Calaminaris, and Rosin ana iij 3, sine powdered, dissolve all these on a small fire, then strain them, adde thereto Bole, Terra sigillata, sanguis Draconis, all fine searced ana ij 3, Venice Turpentine iij 3, mix all these on the fire again, still stirring it till it be cold, this is very excellent for all ulcerations.

359. A Plaister attractive, or drawing to heal sores or wounds.

Ake Plantaine, Bettony, Dasies, Mouse-eare, Orpins, Mallowes Ribwort, Vervine, and Sanicle ana ij M. stamp them with Sheeps sewet sufficient to boyl them, let them so boyl covered till the sewet be green, then put therein Rosin small powdered j th, Wax small cut di. st., boyl them one walm, then strain it, put it to the fire again, melt therein some oyl of Roses, Massick,

Mastick, and Olibanum ana j 3, Myrrh iv 3, Aloes Succotrine vj 3, then take it off the fire, and put to it Turpentine iv 3, mix it and stirre it till it bee cold.

360. Some flight Purgations of Senna.

In some quantity, with some Ginger, for pains of the head.

Item, Some iv 3 with Ginger and Annis, may be given to women with

child, and children.

Item, It may be powdered with Ginger, and mixed with syrup of Rofes, Laxative, or Cassia, in a reasonable Dose.

Item, iv 3 infused all night in feething hot posset or white Wine with sugar and Ginger, purgeth gently.

361. A good Plaister to heale, and dry a sore being cleansed.

TAke Hogs-grease viij 3, oyle of Roses, iij 3, white Lead ij 3, Olibanum,

num, Mastick, and Rosin ana ij 3 sine powdred, Camphire j 3, mix them all together, and make a Plaister thereof.

362. A Plaister of Masalage which healeth and Skinneth much, and is precious, and comfortable for veines and Nerves.

Take Letharge of Lead v fb, of white Lead j fb of Wool, oyl one pottle, of Fengreek viij 3, powder all these, and searce them; take also Linsseed and Mallowes and iiij 3, boyl them in white Wine and water very tost and tender, then take them up from the lisquor, strain them, then set your oyl and powders on the sire, put in your powders by little and little at once, then stir them well, put in the Masalages when it is off the fire, and stir them till they be neare cold, then make it up in rowles.

363. Plaister healing, called Jacobs Plaister.

Ake Lapis Calaminaris, Lapis Sanguinaris, Letharge of gold, Terrifigillata, Ceruse ana j 3, Bole ij 3, all fine powdered, and searced, oyl of Linseed di. pint, Wax v 3, Rosin iiij 3, Turpentine j 3, melt all together, then strain them, mix in your powders before set down, by little and little, stirre them well together, and make your plaister.

364. Another of Jacobs Plaisters.

TAke Lapis Emery, Admants, Letharge of Gold, Ceruse, Letharge of silver, Lapis sanguinaris, Bole, sanguis Draconis, Ox bones burn'd ana ij 3, Camphire j 3, Wax j 15, Sheeps sewet and Turpentine ana di. 15, oyl of Roses ijij 3, siat emplastrum.

365. An excellent bealing and cooling Plaister.

Ake Wax and Deares sewet ana iiij 3, Lapis calaminaris ij 3, May-Butter ij 3, Camphire j 3, oyl of Roses viij 3, mix and mele them together, and make your liquid Plaister.

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366. A very good Plaister called the black Plaister.

Ake red Lead viij 3, white Lead viij 3, oyl of Linseed viij 3, red Vinegar iv 3, stir all together in a pan of a gallon, boyle them on a Charcoall fire till they be black, try one drop on a bright sawcer, if it be black and well powre it out in cold water, wet your hands in oyl, and so rowle it up.

367. A Plaister cold, called Colemans Plaister.

iv 3, Pitch iij 3, melt them all together, and strain them, then put therein Ceruse, white Lead, Letharge of gold, Lapis calaminaris, and iv 3 all powdred, then put therein the Gums, melt them stogether, and stirre them well, then take them off, and still stir them till they be almost cold, then powre it in cold water.

368. A goood Plaister to dissolve and cleans.

Ake Galbanum j 3, infuse it all night in white Wine, wash the Sore therewith, then mix the Galbanum, working it in your hands, and so plaister it on.

369. A good Sanative, Incarnative, and Desiccative Plaister for Vlcers.

Wax iv Z in small pieces, boyl them on the fire till the Wax be melted, then put them in a Boledish, put therein Lapis calaminaris powdred, mix and stir them together with a rolling pin till it be cold, so make it to a plister.

370. Powder to incarnate and dry up fores.

TakeFrankincense, Dragons bloud, quick Lime ana, make powder thereof.

371. Another Powder to increase Flesh, and heale.

TAke Dragons bloud, Aloes, Olibanum, Sarcacolla ana j 3, powder it, and apply it.

K 3

372. A

372. A Plaister to incarnate and mundifie.

Ake Rosin and Wax ana ij 3, Turpentine iij 3, Frankincense and
Mastick ana j 3, Saracole, Munmy,
ana iij 3, oyl of Mastick, and Honey of
Roses, ana iv 3, Barly meale ij 3, mix
them on the fire, and make a Plaister.

373. A Plaister maturative and ripening.

Ake the juyce of Smallage, Honey, flower of wheat, and the yolks of Egges, mix them and make your Plaister.

364. A Plaister or Searcloth for fractures or bruises.

TAke Rosin and Wax ana viij 3, black Pitch iv 3, Perosine ij 3, oyl Olive viij 3 melt them and put thereto Cummin seed fine powdered and searced ij 3, mix &c.

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375. A Flaister to heal Sores and Scabs.

Fumitory, Scabious and red Docks and iv 3, Letharge and Ceruse and iv 3 fine powdered, mix them with Vinegar, and Hogs-grease ana, set them on the fire, and in boylling mix your powders by little and little at once, stirring them, and so use it.

376. A Plaister for the Cramp in Arme or Legge.

Ake great Onions, rost them tender, make a plaister, and apply it where the pain is very hot, and in thrice dressing it will be well.

378. A good Plaister to heale and cleanse old Sores.

Ake Rosin 123, Perosine iv 3,
Wax viij 3, Galbanum j 3, Mastick, Sang. Draconis, ana iv 3°
Frankincense j 3, all powdred small,
K 4 Honey

Honey and Bores grease ana iv 3, Verdigrease j3, melt them, stir them, and put it up to use.

379. Another Plaister to dissolve and ripen.

Henbane and Smallage, seethe them tender, stamp them, and boy I them with May-butter, and oyl of Linseed ana, in boyling put some Honey therein, stir them well together, then thicken it with the powders of Linseed and Fenugreek, when you heat it, put Milk and May butter thereto, quod sufficit.

380. A good Plaister desiccative and cleansing lately used.

Ake Rosin, Wax, Hogs grease ana ij 3, Honey clarified j 3 di. put not in your Honey till the Rosin and Wax be melted, then stir them well, and in stirring put in the powder of white Copperas, what you think sit for the cure.

nd

381. A Plaister to skin and heal very fast.

Wax iv 3, melt them at a soft fire, stir them, then put thereto. Lapis Calaminaris, j 3, fine powdered, still stir it, in the cooling put in one spoonfull of white Wine Vinegar, so make it up, but let it be well mixed together.

382. A Plaister to beal and dry.

Ake oyl Olive and new Wax, melt them, put in fine powder of Calaminaris ground, make it red with the powder of red Lead, if the so be clean, dresse it but once in three dayes.

1383. Another of the Same nature.

Ake Lapis calaminaris, grinde it fine on a Painters stone, put thereto fresh Butter, and oyl of Linseed, a little Bole and Ceruse, grind on the stone.

K5

384. A

384. A Plaister to a swage heat and inflamation of the Liver.

Ake Barly meale mixed with the juyces of Sengreen, and Orpium, and Vinegar, mix them with Populeon and the cold white Ointment, mke a Plaister, and lay it to your right side.

385. Apowder to correct and abate sungy Flesh, or mortifie it.

Take fine Allom, Verdigrease anai 3, bole iv 3, fine powdred and searced, mix them, and use it.

386. A Powder to destroy warts any where.

Ake Savine dried and powdred, if it be not strong enough, mix powder of Mercury sublimate, which will destroy Itch, Canker, Pox, or Corns.

ras, or the green powder of Holliworth, &c.

387. A

387. A Powder praised of all Chirurgians, for it scales bones, and stops the watring of Nerves or Sinews.

TAke burned Copperas j 3, Auri Pigmentum fine combust 3, Verdigrease fine searced j 3, burned Allom fine powdred and searced iij 3, mixthem together, it is excellent in operation.

388. The Powder of Mercury Sublimate.

Take Mercury powder sublimate, put to it Bole, to that in the mixing the powder may be but pale, a little reddish; this kills all Pox, Cankers, old Sores, &c.

389. Pox, or Plague, or any thing elfe, to purge out.

TAke the waters of Scabious and Fumitory and first and last, with Triacle, Diatesseron and Sugar quod sufficit.

390. A Purgation which wrought good effect.

Ake one pinte of white Wine, boyl therein Borage flowers, Violet flowers, Succory and red Roses, and di. M. boyl them close covered, till halfe the Wine be wasted, then strain it, and put to it Allosuccotrine fine powdred iv. 3, Anniseed fine powdred ij 9, take of this vj spoonfulls at once, it purgeth well with Sugar.

391. Another gentle Purgation that is good against melancholy, and comforts the spirits.

Take the juyces of old Pippins and Borage ana, as much as will make a draught, heat it seething hot, then insuse therein al night Senna iv 3, Manna and syrup of Roses ana j 3, Anniseed bruised iv 3, next morning strain it, and drink it warm.

392. Pain or pustulls rising any where.

Buttermilke ana di. pinte, damask Rose seaves dried, and Bean slowers or blossomes j. M. boys them chase covered a little while, then take it from the fire, and presently mix di. pinte of oil of Tartar made of white Wine, so let it stand close covered till it be near cold, then strain it, and soment the place very hot with double cloaths a quarter of an hour; this hath cured and eased many.

393. A Plaister of Adders ingue and sweet Maudlin, all green, which cureth green wounds and old sores.

Ake Linseed oil j pinte, Adders tongue and sweet Maudlin both green, in May and June ana iij M. strip forth their stalkes, and bruise them, then boyl them in the oil, adde thereto white wine, viz. let them all boyl, till the hearbs be very soft, then strain them out, and put the liquor

to the fire again, adde thereto Rosin and Wax small broken viij 3, boyl them till all be melted, still sirring it, then take it off presently, mix therewith Venice Turpentine vj 3, liquid Storax j 3, so it is made up.

394. Paine in the belly, or any part to cure.

Oylina quart of Posset-Ale Mayder haire, j M. Annisced and Li-quorice mundified and bruised ana iv 3, Ivory shavings one spoonfull, boyl them well, straine it, and drink it warm.

395. A Pectorall Electuary that comforts Memory, the Sight, and all griefes.

Ake red Sage, Carduus Benedictus, and Rolemary dryed and powdred ana 13, Lavander, Pennyryall, Bilme, Marjoram, Scæcados, Sothernwood, and Thyme, ana iv 3, all dryed, powdred and searced, Ginger, and Liquorice

mundified, Cloves, Cinnamon, Mace, Annis, Caroway, Fennell, Corianderseed, Cardimonium, Cubebs, Calamus Aromaticus, Ireos, Florentine, Galin. gale, Myrrh, lignum Aloes, long Pepper, Zedoria ana iv 3 ill powdred, shake and stir all these powders in a quart of spring water, wherein hath been boyled di. It of Raifins of the Sunne stoned and frained forth, then put in iij to of English honey, put it to fire again, let them boyl a quarter of an houre, fill stirring it with a spatula, then take it again from fire, and put in the fourth part of a pinte of Rosewater, and Nutmegs viij powdred, when it is cold out it in close pots, the Dose is j3 at once alone, or better with Balme water, or drink a little Balme water with Sugar.

Also boyl with the former simples mirabolans embellick, and Bellerick stoned, powdred, and searced ana ij 3, mirabolans Kebule, and Inde stoned, powdred, and searced ana j 3 al toge-

ther.

396. Tissick or infections of the Lungs.

Boyl the leaves and seeds of March Mallowes, in Milke or Wine, let the sick drink thereof.

397. Plague a defensive, and cureth the sick of it.

Boyled, then strain it, put to the liquor again; boyl it two walmes with Nutmeg, Ginger, and long Pepper all mixed together j 3, then take it from the sire, and presently mix to it Mithridate j 3, Triacle ij 3, Aqua-vitæ iv 3, mix them together while it is cold, then put it up in a Viall close stopped; take half a spoonfull every second morning for a Desensive, but if infected, one spoonfull first and last, and sweat three houres.

398. Purging Lozenges, the Dose is one dram.

TAke Senna iv 3, Ginger and Liquorice ana ii 3, Turbith and Rubarb
ana i 3, Diagridii ii 3, Hermodactills
iii 3, Fragrariæ folium i 3, Mace di. 3,
white Sugar i 15 powdred and serced,
Rosewater viii 3, compound them, and
somake them.

399. To keep the small Pox from pisting.

Almondes, and mingle them together, and assoon as the ninth day is past anoint the sick parties face with this very often, so as it may not be dry, as little as you can, and once in the day wash the face with Beas broth. And this ointment will cause them to scale away so finely, that there will be no skares; This medicine hath been often approved.

400. Dr. Mathias water for Paly or Apoplexy.

Rof Lavender flowers stripped from their stalkes, put them in a large gallon glasse, and poure on them of good spirit of Wine, or Aqua vitæ well rectified

from flegme.

Then circulate them for four weeks, close stopped with a bladder so that nothing may breath out, let them stand in a warm place, then distill them in a Limbeck still, with his cooler; then put to the said water, of Sage flowers, Rosemary flowers, Burrage, and Buglosse flowers, Cowslip, and Lilly of the vally flowers, of each a handfull; steep these flowers and hearbs, every one in their season till all may be had, in good spirit of Wine, or Aqua vitæ: then put to them being all digested together, of Balme, Mother-worts, Spike flowers, Bry leaves, (Orange tree leaves, and their flowers of each j 3 if they may be had) cut very small, put them into the distilled Wine, and distill them 28 before, being foure weekes or more steeped before; then put to this distilled water,

water, Citron, and Limon pills, with Piony feedshulled, of each 6 dragmes, Cinamon halfe an ounce, of Nutmege, Mace, Cardamums, Cubebs, yellow Sanders, ana 3 B. and Lignum aloes i 3 make all these into powder, and put them into the foresaid distilled water, and put thereto halfa pound of good new Jujubes, having their stones taken out, and cutvery small; then close your vessell with a double bladder, and so let them digeft 6 weeks, then strain them out hard with a presse, and filter the liquor, and then put into this liquor of prepared pearle two draumes, prepared smaradges a scruple, of Amber-greese, Musk, and Saffron, of each ten graines, of red Roses well dried, red and yellow Sanders, of each one ounce, hang these in a farcenet bag in the water well closed, that nothing breath out.

This water is good against swounding, weaknes of the heart, decaying of the spirits, Apoplexies, palses, epilepsies, paines of Joynts coming of cold, and bruises outwardly bathed, with clothes dipped in it and laid to. It strengthneth and comforteth the ani-

mall

mall vitals, and naturall Spirits, cherifheth the externall Sences, strengthneth memory, restoreth appetite and weaknesse of the stomack taken inwardly and

bathed outwardly.

Take of it a quarter of a spoonfull, and fast an hour after it, it helpeth giddiness of the head, and lost hearing, causeth a sweet breath; and it helpeth both in fits of Palsy and Apoplexy, and prevenieth them; if you take morning and evening, a quarter of a spoonfull with crummes of white bread and sugar: It helpeth lost speech, and all cold dispositions of the Liver, and Dropsies beginning: Is good against diseases of the Mother, as against many other diseases.

401. Another water for the same of lesser price.

Fill a gallon glasse with Lavender showers, and then fill it up with spirit of Wine or good Aqua vitæ, digest this about 6 weeks, then distil the water, and oil, and separate the oil; then digest this water, Sage slowers, Rosemary slowers

flowers, and sweet Marjoram ana Mj. Hysop, Motherwort, Piony rootes si-ced, Origanum of each one ounce, Bettony flowers 3 s. Cinnamon, Piony seeds hulled, Cardamums, Cubebs, Citron pilles dried, of each two drames beat them, and digest them, and put in them halfe a pound of good Jujubes, having their stones taken out, or raisons of the Sun without their stones, digest these about six weeks, then straine it eleere, and drink of this with beer, or ale at your need.

402. Good for Pally and Numne fe.

R of Oil of Foxes, Populeon, and Wormes, ana 3 j, put unto them a little spirit of Wine, & anoint the benummed parts with your warme hand, chafing it well in, at the fire; and then lay a cloth upon it, and keep it warme on it.

403. Powders dissolving.

You may dissolve your powders either with juyce of Limons, distilled Vinegar, or spirit of Vitrioll, or spirit of Salt, without much observation of the quantity: for the mon vitrioll there is the sooner it will dissolve.

404. Pills.

In three ounces of Rosemary water, and foure ounces of Carduus water; and sit in warme ashes twelve houres; then strain it well; also take three ounces of pure aloes, insufeit in good white Wine Vinegar 24 houres in warm ashes also, then cant it off, and put it to the former liquor, and evaporate the water away, till it come to a thick consistence, then make it up into small pills, with oil of sweet Almonds newly drawne, and give 7 of them at night: they may be taken 2 or 3 nights together, if need require.

405. For the Plague.

boylherein a handfull of Rew and as much Sage till one pinte beboyled away, then straine it, and set it over the fire again, and put thereto long Pepper beaten, Ginger, and Nutmegs of all these in powder and one ounce; then let all these boyl together a little more, then take it off the fire, and put therein one ounce of the best Mithridate, and two ounces of the best Treacle, with a quarter of a pinte of Aqua vitæ, and so reserve it above all other medicines, using it as followeth.

If at any time thou thin kest thy selse insected of the Plague, take morning and evening a spoonfull thereof at a time lukewarme: if not insected, but to prevent, take but once or twice in a week at the most halse a spoonfull at a time, in the plague time, and next under God rely on this medicine; for never man, woman, nor child, which drunk this medicine was deceived, if the heart

Were

were not mortified, and drowned with the poison; so long before this medicine was used.

It is not only good against the common Plague, but against the sweating ficknesse, the small Pox, Measels, and fuch like, taking Surfets, taking the same upon his falling fick; and at other time as need and occasion requires; and assure your selt it is better then Bezar stone, to expell from the heart: when the fick party drinketh hereof at the first, he must lie down, and sweat 2 or 3 hours in his bed, and after be well dried and kept warm, drinking nothing but warm drink, and caudles, so shall the ficknesse keep from the heart; this drink will keep good half a year, being well stopped, in a pewter Aqua vitæ bottle: this hath been proved often, and never yet failed, but with God bleffing helped all that ever used it.

406. Mr. Ruthens receipt for the Plague.

Ake of Meale half an ounce, of Mithridate a quarter of an ounce, of Nutmegs a quarter of an ounce, of Ginger half an ounce, of long Pepper two penniworth, of Angelica water a quarter of a pinte; mix these up together, and when need requireth take the quantity of a large Nutmeg thereof.

407. Against running of the Reines.

Rof Plantaine water, and Rose water and 3 iiij, quench in it one ounce of Lapis Calaminaris seven times, after macerate it in that water, and put thereto the seeds of quinces, and Fleawort, of each ij 3, atterwardes put thereto 5 graines of Vitrioll, Mercury Sublimate 4 graines, mingle them well together, and inject it with a Siringe; but if the paine be vehement, put thereunto white Trochisces of Rhasis.

408. Reins running, or Genorrhaa.

Ake Bole, terra sigillata, sanguis Draconis ana j 3, conserve of Red Roses iij 3, make it to a masse for Pills, the Dose is the quantity of a Nutmeg, morning and evening.

409. Another for the same.

Flist purge well with new drawne Cassia j in a draught of white Wine.

Re Pearle, Corall, Cresses seed and Madder and iv 3, Cumfry Roots dryed and powdred, Venice Turpentine dryed and powdred, Acorn cups powdred and iv 3, make all these with Venice Turpentine to a Masse, the Dose is vi Pilles, as big as Pease, take it first and last.

410. Rupture to cure.

Ake the white of an Egge beaten like oil, colour it red with Alkanet, anoynt the back or place where the griefe is by a hot fire; keep it warm with a Lambs skinne, or take Dove-soot or Cranes bill powdred give halfe a spoonfull thereof in Claret Wine red warm for one and twenty dayes together morning and evening, fasting two houres after; if it be for old people, adde to it nine Snailes shells powdred and dryed, during the cure wear a Trusse, stir it not much, and abstaine from windy meats; or take Polipody of the Oake, and of the Holm tree, stamp the roots thereof with thewhite of an Egge, and bind it against the place burst, renewing it every foure and twenty houres for tenne or twelve dayes, all that time drinke nought but small Beere or Ale, and infuse Cumfry roots, and Solomons seale bruised.

411. Ringworme, Tetter, or creeping fore, the cure.

Bacon, cut it thin, fry the greafe out of it, then poure it clean forth from the falt, make cleane the pan and put in the cleare greafe again, fry therein Cup-Mosse, till it be dry like coales, then straine out the cleare grease, and mix it with di. so much Tarre, make an unguent of it, and anoint the griefe every day, or red Dock roots unwashed and thin sliced, steeped all night in strong Vinegar, and with a clout bathe it often.

412. For a Redgum, or Sansfleame face old or new.

Ake the juyces of Sorrell, Smallage, and Plantaine ana, honey alike di. the white of an Egge, adde so much wheat flower as will compound them to a Salve, mix all raw together, and cold without fire, and so apply it, it will cleanse, abate the pain, and heale.

Or

Or Pine-nut kernels, bray them in water (make a Salve of it) let it stand till a fat swim thereof, and with the fat anoint the griefe.

413. Rhewme, or Tooth-ache, the cure.

Ake Gum Armoniack, and Maflick ana j 3 di. boyl them in
Aqua vitæ iv 3, Wine Vinegar
j 3, till the third part be wasted, then
strain it, add thereto honey iv 3, Sastron
viij graines powdred, incorporate them
together, and with a clout on the top of
a slicke, apply it to the griefe.

Or Staves acre, Pepper, Bay falt, and Pellitory ana, all pulverized together, fowe them in a linnen cloath as big as a Nut; sleep it in wine Vinegar, one quarter of an houre, then put one of them in your mouth, champ it, and turne it from one side to another, spit out the rhewme as it comes.

Or stamp somegreen Rew with some Bay salt, apply it to the gums grieved in a linnen cloth, it takes away the paine.

414. To fay and dry the Rhenme.

Ake a piece of white bread, dry, and hard, then soak it in Malme sie or Muscadine, then strew on it Sugar powdred, Wormwood and Mints powdred, then dry it and eat it.

415. For Rhewme.

Take Mustard seed boyled in Vinegar, hold it warm in your mouth where the paine is selt.

416. Ruptures or Dislocations.

Boyl Rocket roots in water very them, and plaister them to the grief, it cures.

417. Sores a drying powder.

Take Frankincense, Vernish, Fengreek Allosiccatrine, the powder of burned bones and ij 3, strew it thick on the sore. 418. Sores fretting or eating.

Ake the hearb Female, Fluellyn, bruise it and apply it to the fore, and drinke the juice of it in wine and water.

419. Sores running, leprous, and skin rugged.

Take two parts of Sope, a third part of Auripigmentum fine powdred and mixed, arroynt the Grief.

420. Sores old to dry up, a Lotion.

The somuch duscified Mercury as will make twelve spoonfulls of Plantaine water, white as Milke, dip a feather in it, and dresse the sore, it cures.

421. For the same Sore a Plaister.

Ake white Lead ij 3, Camphire dissolved in the white of an egge j 3, Olibanum and Masticke sine powdred ana ij 3 incorporate all these in a Morter with a Pestell, with oil of white Roses and Virgins wax thin scraped, to the stiffnesse of a Plaister, lay it to the sore after the water hath dried it.

422. Sere, a Corrosive.

Ake green Copperas small powdred and burned in a Crucible on a great fire for 12 houres, till it be as red as blood, grind it fine on a Painters stone, lay this Powder on the Sore thin, dresse it every 24 houres till the dead sless be clean out.

423. Sores great and old, a Plaster.

Ake oil of Roses j th, di. th, oil of Myrtle, Ointment-Populeon ana iv 3, Hens grease ij 3, Oxe tll ow j th, di. th, Hogs grease vij 3, Letharge

Letharge of gold and filver ana iij 3, di. 3, white Lead and red Lead ana iv 3, Wax vj 3, boyl them all together sufficiently, then take it from fire, and mix to it Turpentine.

424. Sores hellow, a Lotion to mundifie.

Ake Burbers lie j fb, honey of Roses iv 3, Sarcacole iij 3, Smallage leaves, and Horehound and di. M, boyl them, strain them and use it.

425. Sores swelling to asswage.

Butter, dip double linnen cloaths in it, use it hot.

426. Sores or Ulcers mundified.

Take Egrimony, Saint Johns Wort, Centory, Wormwood, Scabius Crassula major and Cumfry roots, ana j M. stamp all these together, and boyl them in a gallon of water and a pottle of white Wine with di. Its Sugar, till the

the Liquor be half wasted, then strain it and keep it to your use, seringe this water as hot into your sores as may be. If you would have it more cleanling, adde thereto Mel rosarum; if of greater cleansing and cooling, adde thereto Plantaine or Nightshade water, wherein is boyled a little Allom, this water cleanseth from the deep parts of corrupt and filthy Ulcers, and Humours, makes other Medicines work the better.

427. Impetigo, or Tetter to cure.

Ake Sallet oil ij 3, Camphire iv 3, flower of Brimstone, and Sugar ana j 3, grinde all together in a stone morter, and put it in a glasse, in the day time anoint the griese, as often as you will with Oil, wherein the golden Sea-coale powdred is boyled, but at night with the former Oil.

428. Impetigo or Tetter, another sure one.

Jake the rustiest Bacon you can get, only the sat thereof, sry it in a frying pan till you have all the sat sorth, then powre it clear out, and wipe the pan clean, put in the Liquor again, and sry therein j.M., of Feltory, sin Cup-mosse, clean picked and cleansed, sry it in the Liquor till it be hard, and black, then strain it into some vessell, and put to it two spoonfulls of Tarre, and of liquid Storax iv 3 stirre them well together till it bo cold, anoint the Grief therewith, and lay a linnen cloath dipt therein on the sore.

429. Sores, Allom water that cureth.

Take one pinte of unslaked lime, put it in a pipkin, put thereto of the newest Tanners Oose that never had Leather in it, very warm, then seum it over clean, let it settle till the water be cleare, and therewith wash the fore with wet cloaths, four deable, and lay them on.

430. Sires:

430. Sores old, and Vicers, an oil to heal and dry.

Ake oil or gum of Guaiacum ij 3, incorporate it in oil of Roses ij 3, Ceruse and Letharge of Tin, Allosiccatrine and Turpentine, ana ij 3, mix all these together in a morter of Lead, then with Lintlay it on the Sore, this will dry and draw together the lips of Sores.

431. Sores inflamed to coolmuch, and the pain.

Ake oil of Roses and Violets, Unguentum Rosarum, ana ij 3, juice of Plantain and Houslecke, ana j 3, Letharge of Gold and Silver, ana 10 3, Tutia, ij 3, Camphire j 3, all mixed together, and well ground on a stone.

432. Stone, an outward application.

Ake the crums of stale Rye bread, boyl it in a pipkin with so much Verjuice of Crabs, as will boyl it to a thick poultis, spread it on a cloth, and apply it on the grief as hotas you can suffer it; if the pain remove, sollow it with your medicine, renew it hot till you be well.

433. Stone a distilled Water for it.

Rape, Saxifrage, Parsley, Seathistle, Carret, seeds of Creete, Fennell roots, Maidenhaire, Gromill, Parsnips, Pellitory of the wall ana j M. beat your hearbs and slice your Roots, then beat cherry stones in a Morter j M. insufe them all in a quart of red Cows milke a whole night, then distill it, drink with white Wine sive spoonfulls of this at one time four mornings together.

434. Stone, a powder.

fied and bruised ij Z, Parsnip roots, Carrets, seeds of Creete, March Mallows cleansed and bruised, ana j Z, put them in a pot, pour thereon hot seething water one quart, let it stand close stopped till it be cold, then strain out a good draught, put into it a soft rosted Apple, make it thick as Lambs wool, drinke thereof a good draught first and last, morning and evening, it forceth Urine, and opens the Ureters.

435. Stone, straight passage of Vrine to help.

Ake Saxifrage, Ashenkeyes, Broom-seeds, Holly berries, Parsley seed, Hawes, Bramble berries, Alexander seed, dry them and powder them, ana j the stones of a Boar, j z, take of this powder di. z, in a draught of warm white Wine, use it at need.

436. Shingles, the cure.

Tand Vinegar mixed, with so much Ceruse to an Unguent, therewith an-

noint the grief.

Or the juyce of Nightshade, with oil of Roses, Ceruse, Letharge of Gold, as before, or Cats bloud, anoint therewith.

437. Sincres and Veins cut to cure.

Take three great red Worms knit together, lay them to the grief; or Magistrall oil with Wine and Olibanum, doth the like.

438. Stitch, a present cure.

SWallow so much of the powder of SRosin as will lie on a twelve pence, in a draught of Sack or Beer, or the powder of a Bores tusk as much as will lie on a groat, in warm white Wine, doth it; or take Camomile, and Dazies-with the flowers, and j.M. Comin seed bruised.

bruised one spoonfull, boyl all these either in Malnisey or Sack, thicken it with leaven bread to a Poultis, lay it very hot to the griefe.

438, Sciatica, the cure.

Ake a plaister with Caranna or Taccha-mahacca with oil of Roses, lay it on hot, let it lie two or three dayes, then take it off, wipe it and apply it again warm.

439. Sweat to procure.

Drink a draught of Sack-posset very hot, with iv Bay-berries husked and powdred therein, cover him warm, and wipe off the sweat.

440. Squinancy, or any swelling in the Throat.

Take Camomill flowers, red Rose leaves, Rosemary tops and j M. and 12 Cloves, fill two linnen bags therewith, heat them betwixt two platters on a Chasingdish with coals, with with a pinte of white Wine, apply them to the grief, hard rung out one after another as hot as he can suffer it, as one cooleth put on another hot, so continue it for one halfhour at every dreffing with warm white Wine, wherein is boyled Honey, red Rose leaves, and Rosemary tops ana.

441. Scurvy, the cure.

Take Scurvygrasse, Devils Bitt, Watercresses and Brock lime ana jm. Wormwood, di. M. stamp and strain them with a quart of white Wine, allayed with a pinte of water, boyl them all together six walmes, add thereto in boyling white Ginger powdred ij 3, Enula-Camp. j 3, a little Saffron powdred, drink thereof first and last, let him insuse Saxafrage in his drink at meales, but let him sinst purge with this following.

Take Senna Alexandrina iv 3, Epithimum ij 3, Raisins of the Sun stoned, j3, Fennell seed, Annis and Ginger, ana, di 3, insuse them all night in very

warm

warm Whay, in the morning wring it out hard, and give it the patient.

442. Swelling, or Inflamation, a Poultis.

Ake Mallowes, Camomill, and Violet leaves, ana j M. boyl them in tresh Hogs grease till they be tender, then lay on the hearbs hot fora Pultis; if you adde the crums of Rie bread, it will cleanse any corrupt Ulcer.

443. Swelling, or any Ach, an eintment.

Ake the marrow of an Ox and new L liquid Hens dung, and di fb. boyl them together, adde thereto powder of Alkanet, strain it out hard, and fricate the grief warm by a fire with a cloath, then anoint it.

444. Swolne or Scabbed Legs to heal.

Ake red Dock roots and Plantaine ana, boyl them till they be tender, then bruise them till they be small, boyl them again

and Chirurgery.

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in Sheeps sewet, and apply it as a Poultis.

4+5. To skin a Sore or heal a Wound.

Therein a little Gum Dragant; and a little powder of Alkanet, let it stand till the Gumme be like a Gelly, then strain it and anoint therewith.

447. Scabs, the cure over all the body.

Ake Devils Bitt, Scurvy graffe, Water cresses, Brocklime, and Fumitory, and jM. Rosemary tops, di.M. bruise them and insuse them in clarified Whay, drink no other drink for sixdays.

448. Scabs, an Unquent with the former drink.

Tam. powdred i 3, oil of red Roses i 3, boyl them in ij 3 of Vinegar till it be thick, anoint there with.

449. Stomach

449. Stomach to cleanfe.

Ake Centurry, Scabius, Devils
Bitt and Egrimony, and di. M.
sprigges of Rosemary tops sour,
one race of Ginger grated, three large
Mace, boyl them all in a quart of
Caret Wine sweetned with Honey,
drink thereof first and last till you be
well.

450. Scald bead, the cure.

Malexander, and a little Auripigmentum fine powdred, to make it look yellowish, melt it and put it in the powder while it is on the fire, make an ointment therewith, and anoint the grief.

Or take Soot, oil Olive, a little Wine Vinegar, Felter graffe, boyl them together till the Felter be hard and like a coal, then strain it and put thereto one spoonfull of Tarre, stir it till it be al-

most cold.

Or take of the worst Salt butter, its.

and Chirurgery.

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he juyce of Celendine, fry them together till it become black, strain it and moint.

451. Swelling or pain between the skin and the flesh.

Ake the dung of a Deere, Goat, or Sheep fine powdred, boyl it in Malmiy and Wine Vinegar, ana, adde thereto some powder of Cominseed, boyl them to the thicknesse of a plaister, apply it hot, and dresse it every 24 hours.

452. Speech lost to cure.

Take the juyce of Sage and Primrose, boyl it in white Wine and Gargarise the mouth therewith.

453. Strangury and Stone to cure.

Ake one quart of white Wine, infuse therein all night the roots of Parsnips and Carrets thin sliced, ana j3, the next day strain the Wine out, and insuse therein the powder

powder of a Hares hair, the powder of Filberts shell, Licorice cleansed and powdred, anaj spoonfull, Cinnamon, Natmegs, white Ginger, Ivy. berries, Parsly seed, Caroway, Coriander and Fennell, all sine powdred halfe a spoonfull, Sugarcandy powdred ij 3, shake all these together in the pot with Wine, so let it stand, drink a good draught of it sirst and last, sast two houres after in morning.

454. Sores running to dry and heal.

Ake the Mosse that grows on the black Thorn, powder it sine, the bark of Guaiacum powdred, powder of old rotten oaken post, powder of the burnt bones of the jawes of a Pig, the powder of calcined Vitrial, and burned Allom anaj 3, compound them with Honey to a plaister. 455. Stitch to cure.

A Pply to the place grieved crumbs of Rye-bread wet with verjuyce, as a Pultis very hot, if the pain run on follow it with the hot Pultis till it be gone.

456. Stone to break

Ake the shell or thin rinds of Acorns, the hips of the Briar, redHolly-berries and Nutmegs, ana, all dried and Powdred, drink here-offirst and last in warm white Wine, dispoonfull at once for six days or more; it helps.

457. For all sicknesse, Fevers, Imposthumes, or any other disease in mans body.

T'Ake Hysop, Betony, Rosemary, Violets, Vervin, Saint Johns Wort, Avens, Mouse-eare, Plantain, Feversew, ana j M. clean washed and stamped in a Morter, then put them in a new Earthen pot with one gallon of white Wine,

Wine, so let it stand close covered to insuse all night, in the morning boys it close covered to the consumption of half, then strain it through a hair Sive into a double Viall, then give the sick to drink thereof evening hot, and morning cold, a great draught every time, this powder sollowing to be drunk therewith.

Take Gallingale and Nutmegs and iv 3, Ginger j 3, Cloves, Cinnamon, Spikenard, Enula Campana, ana ij 3, Licorice vj 3, Sugar four 3, all fine powdred and searced, then mix one spoonfull of this powder in one pinte of the liquor aforesaid, so morning and evening drink a great draught as is set down. Take first the simple liquor 6. days and 6. nights, and then other sour days and nights, take it with the powder, this will cure you if ever you be cured.

458 Stitch, a remedy, in the Spleen, or any part of ib: Bouy.

Cleathin Turf, having some short Cgrasse thereon, broys it on a Gridinon, still bathing it with Vinegar, put it in a double cloth, and apply it way hot.

Or the leaves of the imoothest Holly dried and powdred fine, drink thereof foruch as will lye on a fix pence in any

warm drink.

459. A Stene that maketh Water for any fore to bathe it, or heat any Canker in the face.

Ake Allom and white Copperas

I ana j 3, fine powdred, then put
them in an carthen dish, make the powder hollow, or a hole in the midfi of it,
pour on a little white Wine to moissen
the powd is, to let them boyl till they
be almost dry, then put rois white and
red Lead powdred and ij 3, stir and mix
them well roger her till they be d y then
make the hearth very clean where the

M

fire was, lay the dish and powders with the bottoms upward, thereon, then cover the dish with hot embers, so let it lie till the powders dry, and the dish be cold, then take out the stone made of the powders, and put iv 3 thereof into a pint of Plantain water, or white Wine and water, and bath the sore therewith warm, and lay Lint wet therein all day, and all night lay a Plaister made with some of this stone powdred, mixt with Honey and Camphire, but first bathe it with the water, to use it till you be well.

460. Sciatica, an approved medicine.

Tanadi. pint, the youngest tops of Rosemary, the young tops of Biy leaves and Lavender, Spike, and di. handfull, all cut small, boyled till the Hearbs be tender, then stamped very small, mixed with ten spoonfulls of Aquavitæ, then mix it to a Salve, and anoint therewith.

461. To skin a Sore, and make it perfettly whole.

Take Lapis Calaminaris powdred and searced, mix therewith fresh Butter out of the Churn, and Linseed oil ana, a little Bole and Ceruse fine powdred, mixe all together, and apply it.

462. Sciatica, Gout or Ach, an excellent Oil to cure it.

Tabroad gallon Glasse, insuse therein Rosemary slowers bruised jtb, let them so stand in the Sun close covered till Midsonmer, then take red Rose buds j fb, take out the whites, Dill di. fb, Saint Johns wort i fb, di. fb, Vervinedi. fb, bruise all these Herbs, then put them into the glasse of oil, stop it close again, and Sun it for ten dayes more, then after a shower of Rain, gather Earth-worms one quart, cleanse them in white Wine, and wipe them hard in a course cloth of linnen, then

Worms, and Lavander, Spikedi fb, and ten young Swallows out of the nest beat the so final till you can dicern neither bones, nor leathers, nor guts, then put them also into the glaffe or oil, and flig them well, and io let it fland one night or two, pour out all their ingredients into a Pipkincovered, adde theret one pinte of Malmile, and di pinte of Aquavitæ, let it firmer foftly till the Wine and Aqua vites be walted, then frain it hard, and put it in a double Viall close Ropped, boyl ir in Balneo with some powdred Cloves, and Mattick powdred ana ij 3 for half an hour foft. ly, then Son it again ten dayes then put it up, let it be ten weeks old before you ule it.

463. To clear se and heal a Sore with a fair linnen cloth dry.

TAke Plantain water, put thereto Mercury fine powdred, stir them well together, and so let them stand insufed all night, then powre the clear water from the powder, then wet a clean linnen cloth therein, take it out, hang

bang it over the pot with Mercury to drain therein, fo let it hang till ie be dry, let it come necre no Sun, but let it dry in the shadow, then cut it sie for the Sore, apply it thereto till it be whole, renew it as you doe other plainters.

464. A drink for the flone that changeth the Back.

Nive him to deink Benedictalaxative Tin a draught of warm white Wine, then cover him warm in his bed, lee him fweat well two houres; this is excellent to cleanfe the Reins.

465. To make Diacentauria which purgeth the Stomach, comforts the Liver, Milt, and cools the Body.

TAke the powders of Centaury and L Camin ana 13, Fennell, Paell y and Hylop, Mint feed, all powdred ana iv 3, boyl all thefe in white Wine till the wine be wasted, then bray all in amorter, and compound it all in a pan with clarified II may, being cleanfed Wich

with the white of an egge, let the Honey be three parts, and the feeds two parts by weight, then boyl them one or two walms, till it wax somewhat thick, fill ftirring it, then ftir and mix therewith the powder of Anniseed, Cinamon, Galingale and Liquorice mundified ana j 3, let them be well mixed, eat thereof at any time.

466. Excellent powders for the Stone.

Ake Smallage feeds, Parfly, Lovage, Saxifrage, Roots of Phi-lapendula, Cherry stones, Gromil and Brooms seeds, Ashenkeys ana 13, powder them fine, take of this one spoonfull at once in any thing, fast three hours after.

467. Stone, apretious Water to drink, and may be taken with the forefaid Powd: r.

Ake strong Ale six days old three gallons, Liquorice and Annis bruised ana iij 3, Birch leaves burned, Pellitory, Water cresses, SaxiSaxifrage, Gromill, Philapendula, Alexander, Parsly seed, green Pennyriall, red Bramble leaves and j M, Haw berries di. pinte, distill all these in a Limbeck, and keep the Water, which drink alone, or with the other Powder.

468. A distilled Water to break the Stone.

Ake wilde Mirtle like Butchers Broom, Asparagus or Sparage, Eringus, Rapes, Parsly, Maidenhair, Gromill, wild Carrots, Endive, Fennell roots ana, cut or brayed grosly, insuse them in Wine on a sott fire, this breaks the Stone, and causeth Urine.

499. Stitching or drawing wide Wennds
together, without touching fligh
or skin with a
Negale.

Tike Mastick, Dragons blond ana ij 3, Frankincente i 3 Mill. duft, and Beane meal ana j 3 di. 3, powder there fine, and temper it with the whites of Egges beaten in a dife, & ione Rosewater unto a thin plaister. then spread it on two narrow strong linnen clothes, full as long as the wound, lay on each side of the wound one of them, near the lips of the wound, let them there lie till they be full dry, then they will flick tast to the flesh, then with a needle and thread draw them together as near as you please without any touch or hurt to the wound, which much easeth the Patient.

470. Stinling Mouth to cure.

Wine Vinegar, wash the Mouth and gummes the ewith, and after rub them with dry Mints: this cureth.

Or eat Rolemary falling.

471. Sticking breath for the stomach.

Take Camin fine powdred, boyl it In white Wine from a pottle to a quart, drink of it first and last hot, it cares in fifteen dayes: probatum, drink a pint every day.

Or the roots of Spearmints boyled in Honey, drunk to bedward, or mixt

with the former Medicine.

Or Mountain Thyme, or wild Thyme that grows on Melehils, wash it, stamp it small, adds the reto Comin powdred di. 3, Pepper di. 3 poud ed, boyl all together in a pottle or white Wine to a quart, use to drink this alwayes after mear, at afternoon once, and last at night hot, as you can abide,

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abide; this likewise cureth in fifteen

dayes.

Or sometimes dip a lawrell leaf in Mustard, and hold it under the tongue, it furthers the cure.

472. Speech used in sleep, to remedy.

TAke the juyce of Sothernwood mixed with white Wine or Vinegar, and give it him to drink when he goes to bed, this helps to sleep quietly.

Or take crops of Rew and Vervine ana, stamp them with Vinegar, strain them, and drink it last to bedward ten

dayes together, it cureth.

473. To belp Children to Speak quickly.

R Honey mixed together, it will profit much.

474. An excellent Cordiall to consort the stomach, heart, and brain, quickens the memory, and much comforts the spirits.

TAke Calamus Aromaticus, Galin-gale, Cubebs, Spikenard, Cardimomum, grains of Paradise, Myrrhe, Cloves, Ginger, Mace, Nutmegs, Cinnamon, Coriander, Fennell, and Aniseeds ij 3 of each, Liquorice mundified, Conserve of red Roses, syrup of Violets, Rosemary dried, and red Sage dried ana iij 3, Rosewarer, Borage water, Balme water ana j 3, or for want of the waters, the hearbs dryed and powdred ana j 3, Honey clarified with the white of an Egge jtb, pulverize and fearce all those simples, that are to be powdred, then in a broad gally por mix all these simples, Honey and waters. together to a Conserve, let the patient take the quantity of two Hazell nuts in the morning, fasting two houres after, and last to bedward so much as a Hazell nut.

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475. For foul Scabs.

Ake Scammony and Vinegar, and poly it, it helps and drieth mar-

476. For Seabs and Tetters.

Ake the juyce of Limons, and oil of Nuts and Car ana, let them boyl together, then strain them, and mix therewith the sine powder of chimney soot, make an ointment thereof.

Or the juyce of the Dock mixt well, doth the same.

477. For the Sciatica, an unguent, predatum.

Poyl a pint of old Malmsie, with di. Pito of Butter out of the Churne unsalted, let them boyl till it come to a Salve, therewith anoint the grier warm, use this for any other pain. 478. To keep the body Soluble.

der, wood Sorrell, and Balme, of each a quarter of a handfull, wilde Mercury halfe a handfull, of damask Rocks two good handfulls, darified Whey five pints, let it stand scalding how for one hours, sometimes showing it, after one hour strain it, and drink twice or thrice a day a draught; this will not only keep the body Soluble, but purge the bloud; then wash your hands in Beet broth, it will take away all the heat of the hands.

Whether one be with child or not,

they may take it fafely.

479. Against the Scurry,

Roschoise Rubarb, of Agarich trochisces, and Gentian, and 3 j fost Myrrhe aloes, and cremor of Tartar, of each two dragmes, of Sena D ij, of Epithymum D ij B. and make them up into powder, and exhibit a dragme for one dose, in a sufficient quantity of white Wine. 254 The secrets of Physick

Wine, and Wormwood water distilled

for the space of nine dayes fasting.

Rofjuyce of Scurvy grasse, Water cresses, Rocket, purssane, and p. z., clarifie the juyce of the hearbs with the white of an Egge, and in a sufficient draught of Rhenish Wine, mingle about two spoonfulls of the juyce and drink it fasting in the morning some dayes together.

480. Steele Wine, for the Green-sicknesse.

Re 3 pints of white Wine, of prepared Steel 3 ounces, of Curcuma 3 dragmes, of Saffron 2 dragmes and a half, of the species of Aromaticum rosatum 2 dragmes, of Galingale 3 dragmes, of Harts horne burnt, two dragmes, of the species of Dianisum, and of Diarrhodon abbatis of each 2 dragmes, make an infusion thereof for 12 houres, and sweeten it with Sugar, and give 3 dragms in the morning of it using some exercise after it.

481. A good Electuary against Surfets, to clean e Bloud, to expell Winde, and against the Pestilence.

R of Wormwood, Centaury, Carduus, Angelica, Rue, Scabious, Roses mary, Parfly, and Fennell roots without their pithes, Cowslips, Violet and Strawberry leaves, red Rose leaves Tamarisk, of each a like quantity; of Hysop, Cichory, Fumitory, burrage, as much of Scurvy grasse, Water cresses, Brook lime and Marigold flowers; as much of great Raisons without their Hones this, of Figges fliced the B. boyl these in cleare spring water, and put thereto to j of english Liquorice powdred, of Aniseeds, and Fennell seeds ana 43, of Honey 2 fb, boyl these till they be thick, then put thereto 3 tb. of Canary, j to of good Sugar, let them boyl together, then put of cloves, Mace, Cinnamon and Ginger. ana 3 j beaten small, with Rubarb 3 ß. when it is ready to take from the fire: Keep it put up in a close pot, and give as much as a walnut when need is.

482. Tetter

482. Tetter, the cure.

Ake red Rose leaves, Sage, Camomile, and Rosemary and jM: Pomgranat Pils, and Allom and iv 3, boyl all these in two quarts of white Wine, o he consumption of a third part, bathe the social rewith, and apply on it a plaister of Dispalma;

Of black Sope, Ginger, and Pepper, make an unguent of it, and use it,

it cures.

483. Timpany or Dropfie, the cure.

Ake five pintes of Rhenish or white Wine, and three porrengers full of the ashes of burned Broom, Cinnamon iij 3, insuse them all night together, next morning runne it through a jelly bag so often till it be clear, adde thereto so much Sugar as will sit your taste; bottle it up close, let it stand one day, then drink it sirst and last, and one houre before meals, and after walke till you

S

bewarme, at each time take a good draught cold, eate neither Milke, Broth, nortpoon Meat, falt Meats, nor fyed, drinke but little at meales, no Wine at all, except the stomach be weak.

484. Thorns with flinters, and to draw them out.

Ake a prece of a Fox tongue, steepchail night in Vinegar, binde it salt on for torty hours without removing, it will draw it out.

Or take Rice meal, Hazell nuts, black Sope, Tarre, Goose dung, and Hens dung, mix them, and boyl them in milk

to a poultis, plaister it fast on.

Or stamp the roots of a Reed, and lay it to the grief.

Or ftam; Berony, and use it.

Or take Egrimony, the grease of a Hire and Rye meal mixt, and as p'y it.

Or take Honey, the gall of a beaft, and chalk, and use it.;

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485. Toothere's with Khewme, the cure.

Burne ashen keyes to ashes, and put them in a fine linnen cloth, bound hard together, then dip it in wine Vinegar, and lay it in the hole behind the ear, this raiseth a blitter, and easeth.

Or take Ginger and Liquorice mundified and Powdred and four 3, falt Peeter j 3 fine powdred and mixed, then with a quill blow it up in the contrary nostrill where the pain is: this works hard, but helps.

486. Tooth-ach, stinking breath, and loofe teeth to cure.

Dip a linnen cloth in Vinegar of Squils, rub your teeth and gums there with.

487. Tooth-ach of Rhemme.

Ake English Honey, melt it in a dish, then shred off the inner barke of a white Bullas tree, sepper, and white Ginger, as much as will make two little Pills, so big as a black Cherry, wrap each of them in a thin linnen cloth, dip them in a dish of hot Honey, hold them in your mouth one after another, when one cooleth take another, doe this till your pain begone.

488. Ptisick or any disease of the Lungs.

Ake the roots of Parsly, Fennell, and Succory and j M, pithed, the fresh tops of Rosemary and Bettony and j M. Anniseed bruised, Liquorice mundified and thin sliced and j di. Z, Enula Campana roots powdred iv 3, Raisins of the Sunne stoned iv 3, English Saffron 9 j, boyl all thete in three quarts of running water one hour, then strain out the liquor,

quor, and put it to fire againe, with three spoonfulls of Honey, when it boyls, scum it, let it cool, and boulek up for your use, drink morning and evening eight spoonfuls thereof warm, sometimes roast a Fig, and eat it dist in the powder of Betony.

Of this make a fyrup, whereof cat a spoonfull often in the day and

night.

489. Turnfele to make.

Ip linnen clothes in Allom water, let them dry again, then take Elder berries, and Black berries, wring their juyces out, then dip the Allom clothes therein, let them foake well, and keep them when it is well dried in.

by Dostor Butler of Cambridge.

Ake the rind of Caperroots, of the black berry bramble, the flowers of Pongranates called Balauffia ana 3, Pellitory of Spain, white Henbane and, the rind of Mandrake and Roche allomana ij 3 di. 3, Spurge of the garden j M. boyl all these together in very hard white Wine, this is rough in tafte, therewith gargatize and wash the mouth often.

491. A Triacle, or rather a pretty

Take Gentian, Arist I chia Rostunda, Bry berries husk d, elect Myrrhe and Ivory and 3 Ginger, Cinnamon, red Roses, Optum, Spikenard, Castor, Oppenax, Frankincense, Fennell se ds, Parsly, Caroway, Wormwood, Casamus Aromat cus, Enula Campana, Scordium, or water Cermander, and is 3. Storax, Hartswort, Sothernwood, Turpentine washed in Rose Rose water and v j 3, powder all that are to be powdred, and searce them fine, incorporate them with honey clarified quod sufficit: this is excellent for any strong disease, or other, it expels poyson from the heart of any kind; it expels winde and venemous vapours, it breakes the Stone; it giveth quiet rest and sleep, it takes away all pain, it causeth urin, and cures all inward grietes and sicknesse, the Dose is j 3 at a time.

492. A Stomach drink that cures many difcases: if it be made and drunk in May, they are safe all the year after.

Divels Bitt, ground Ivy, Worm-wood, Fumitory, Fetherfew, Spicknell ana ij M, boyl them long in Whay made in May, when they be well boyled, in the last walme put in it the whites of fix Egges, some Honey clarified, a little Saffron, the powder of twelve Cloves, then strain it, and drink of it first and last.

493. Thighes ach, or feet.

The inmost rinde, stamp the middest, and temper it with Bores grease and plaister it on.

494. Thornes to draw out any where.

Stampe j M of Dazies roots tempe-Sred with yolkes of Egges and wheat flower, and make a plaister thereof, and apply it, dresse it twice a day.

495. For Tetsers or any creeping eating Sores.

Ake Honey clarified, mix therewith of Daffadill and the roots thereof, anoint the griefe, or take white Sope j 3, Orpment ij 3, make an unguent therewith, but first wash the place with warm water before you anoint it.

Or mix the powder of Salt Armoniack with Sope; anoint and be whole, probatum.

496. Veine

496. V in brolen, or spitting bloud.

Take Mouse dung powdred as much as will lie on a groat, put it in a little draught of the juyce of Plantain warm, with a little Sugar, drink thereof first and last till it be well.

497. Vein broken.

Ake wormwood, Hemlock Houseleek, and di M. Honey and oil of Rotes and 13. Bole and Sanguis Draconis and ii 3, beat them together, and plaister it to the grief.

498. Vicers the cure.

Ake Roch Allom, powder it, and calcine it till the pot be red hot, and the Allom pure white, then adde thereto wine Vinegar so much as will cover it, then vapour away the Vinegar till the Allom be black, then calcine it again til it be as white as Snow, then mix it with honey of Roles: make a plaisfer thereof, and apply it.

197. Wicers

449. Ulcers old to cicatrize and cleanse.

Strew thin over the Ulcer calcined Svitriall, then lay on a plaister of Flos Unguentorum.

500. Vomit easie with intermission.

Violets and four 3, boyl them to the thicknesse of Honey, then draw away the fire, then mix them with the seeds of Pompions, Radish and Nettles dried and powdred, and Rosewater and iv 3, the roots of Asarabacca, dried in the shadow, pure Chalk powdred, Cinamon and Fennell seed, all powdred, and j3, consect them all together into an Electuary, the Dose is ii j3, either in Barly water, Whay or Milk, or honied water.

501. Vemit to Stay.

Ake Mints, Shepheards purse, Plantain, Knot grasse and Cumfry ana j M, small chopped, boyl them in a quart of red or claret Wine, drink of this Wine, and plaister the hearbs to the stomach in a double cloth.

502. Unguent mundifying.

Ake Rosin viij, Colophony foure 3, Wax jtb. boil one th, Opoponax j, di. 3, Virdigrease j, melt the Wax and Rosin together, then strew on the gummes being dissolved in Vinegar, then boyl it a little on a sost fire, take it off, and stirre in your Virdigrease last in sine powder by little and little, so plaister it.

503; Vnguentum Neopolitanum, to cure the French Pex.

Ake Oil of Spick, Oil of Tartar,
Oil of Bay, Petrolium, and
Swines grease, ana j 3, Frankincense iv 3, Eusorbium j 3 di 3, ung.
dialtheæ, and Agrippa, ana j 3, Quicksliver mortisted with fasting spittle, ii j 3,
mix them well and compound an ointment thereof, amoint therewith but
hands and arms to the elbowes, legs and
seet to the knees.

504, Unquent to keale a green wound at first dressing.

Ake Aloes, Succotrine fine powdred, the powder of Perofine ana, Mix and grind them with the white of an Egge, lay it on with a pledget of Lint. 505. Unquent for Ladies chopped, or for e Lips.

Take Butter out of the Churne, melt it with so much Wax, Rose water, and fine scraped Sugar, compound them together to an oyntment, and anoint therewith upon the hands.

506 Unguent for deep thrusts or Wounds.

Take Hogs grease di 15, the juyce of Plantain, Wormwood, Marigold and Dazies, put to your grease so much Salet oil as grease, melt and mixe them well together on the sire, put therein so much sine searced powder of Alkanet as covers the unguent red: this cureth without Tent, and keep it open

507. Unguent incarnative and healing.

Ake English Honey and Turpentine, melt them on the fire, and scum them with a feather, then take it from the fire, and sir it, and put to it the juyces of Dazies and Plantain ana, the yolks of three Egges, sir them well and mix them to an Unguent.

508. Unguent to heal the Hemrous, and break them.

Ake the finest Sope, bray therewith Garden Snailes without shels, and the fine searced powder of burnt Muscle shels, all mixed and brayed together, anoint therewith, and in three dressings bee whole, and then lay on a desiccative powder.

Ake Oil of Rosessour 3 Bole two 3, Terra sigillata one 3, Vinegar 13, Camphire di. 3, Night shade, and and Sengreen, ana 1 M. pound the herbs, and strain the juyces out, mix all together cold, fiat unquentum.

510. Unguertum digestive, which brings a wound to fair matter.

Ake Honey and fresh Butter ana, incorporate them well together, with the flower of Fengreek, Linseed, and Wheat, melt them and mix them on the fire together, make it so up.

511. Unquent to mundifie.

Take Rosin, Wax, and Pitch, and iij 3, D. ers Suet j 3, melt them together on a soft sire, strain them purely without pressing, then set it on the sire, and put thereto Verdigrease, vj 3. Allom sine powdred, iv 3, mix them well with

and Chirurgery.

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fix great spoonfuls of Sallet oil, and so it is done.

512. Unguest to cleanse and heal.

Ake white Copperas sine powedred four 3, Allom sine powedred, and Verdigrease ana iij 3, Honey sine powdred, and Butter ana ij 3, oil of Roses ij 3, boyl all together to a liquid unguent, then mix thereto Turpentine ij 3, lay it on with pledgets.

513. Unguent to skin any wound.

Ake Lapis Calaminaris powdred and searced j 3, fresh Butter, oil of Linseed ana ij 3, Bole and Ceruse ana iv 3, powdred and searced, mixe them all in a morter to an unquent, anoint therewith and lay pledgets wet therein on it. 514. Unguent to force one to pisse in any sicknesse.

I Nfuse and mix ten drops of oil of Juniper in ij 3 of Parsley water, drink it fasting bloud warm, use it till you be well, which will be at one or two takings.

5 15. Wounds and Small Cuts.

Ake powder of Storax, mix it with oil of Hypericon and Alkanet, it cures quickly.

516. Wounds green, a Balsome to heale quickly.

Ake the oldest white Wine one pint, oil three pints, Hypericon, Cloves, Alheale, and red Rose buds, ana j M, fresh and small shread, earthen Wormes cleansed di. Hb, boyl all these in the oil and wine, till the oil and wine be consumed; then strain it hard forth, and put it to sire again, digest therein liquid Storax j 3, and Venice

Venice Turpentine j Ib, Wax cut in pieces ij 3, mix them well together, when it is cold put it in Vials, and Sun it ten dayes, this is a good tenting Salve.

517. Wounds green, a Salve to cure.

k I

Ake the oil of Linseed one pint, insuse therein Adders tongue and sweet Maudlin small choped or cut all night, so much as the Oil will cover, the next day boyl it close covered, till the hearbs have lost their colour, then strain it, put the oil to fire again, put thereto Wax and Rosin, cut in small pieces ana two 3 till it be well melted, then mix and stir therein Venice Turpentine ij 3 being well mixed, take it from fire, put it up to your use.

518. Wounds or Sores, a good Letion.

infuse therein so much calcined Vitrioll as will make it bloud red, then put thereto the powder.

274 The secrets of Physick powder of calcined Allom, so much as a Walnut.

\$19. Wente cure.

D Ub the Wen on a dead body, a man on a woman, and a woman the contrary, prick the Wen with a a Needle in the dead body to be buried with him.

520. Wormes to kill and cure.

Ake Cockle, and with the flowre thereof make a plaister, temperit with the juyce of Wormwood,

lay it on the Navell.

Or take the powders of Betony, Savine, Wormwood, and Centory, and mixed, eat a little thereof in brothes, or drink it in drink.

521. Winde colick to cure.

25

Ake he powder of Setwall roots, and put it in white Wine, it is very good.

522. Winde with pair and welling in the stomach.

Ake Avence, Liquorice and Annis, celanfed and bruifed, Galingale and Hyssop, with the powder of Mace, and a little Gentian, boyl all these in white Winc, the dose or quantity is in discretion, strain it and drink it warm.

Or oil of Roses, Wax, powders of Mastick and Mace melted together, and apply it in a plaister to the Stomach.

523. Wille

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523. Wilde fire intbe flesh to cure.

Ake the dregs or lees of Red or Claret Wine, or white, and the dregs of Vinegar, the whites and yolks of Egges, bray all these together and apply it.

524. Water to dry and beale a Sore, and to dry a humour.

Ake white Copperas calcined and powdred fine, seeth it in fair running water, then let it stand and settle, take none but the electest thereof, or strain it purely, and so use it.

\$25. Womens milk hard in breafts to cure:

Ake Mints, Walwort and Vervine and Hogs grease, stamp them together, and as a Poultis apply it. 526. Warts or Wens to cure.

Take j to, of the first tap of Sopemakers Lie, put it in a pot and mix therewith so much quick Lime as will make it thick, then put it in a bag, hang it up with a Bason under it, and let the water drayne into the Bason, then put a drop of that water on the top of the Wart or Wen, and let it dry in three or four times till it look white, then it will goe away.

527. Water to eject or strenge the Secrets of Man or Woman, and good Lotion for old Sores.

Take water and white wine and one quart, Woodbine leaves and flowres, and ij M. Sage, Rosemary and Water cresses small chopt and well boyled together halfe an hour close covered, then put therein Allom iv 3, powdred, and Honey two small spoonfulls, then boyl them three walmes, strain it and keep it to use.

523. Womens Paps swolne, or hard to cure.

Ake the tuyee of Hearb Benet, bathe the hard breast therewith, and wet a double cloth therein and by it thereon, bathe it and wet the cloth again, so use it till you be well.

529. For the Whites.

Ake a quarter of a handfull of white Archangell, Plantaine, Sheapherds purfe, and Comfrey of each kalfe a handfull, of Horse taile, or Cars taile half a handfull, boyl this in two quarts of Milke, till half be confumed, then straine it, and sweeten it with sugarcandy, and drink it twice a day for 10 or 15 doses together.

530. To fay the Courses when they come too riolently.

Ak halfa dragme, or a dragme of Diale dium, dissolve it in a draught of Posset ale, wherein there both been boyled halfe a handfulk

and Chirurgery.

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of Sheapherds purse, drink a draughe of this morning and evening.

531. To cause a Woman to have her courses.

it

Ake a good quantity of the root of Gladine, and boyl it in Vine-gar or Wine till it be tender, and after set it on the ground in a vessell, that the woman may stand or sit over it, and let her stand so close over it, that the heat may strike up into her body, and this will help her, for it never faileth; but you must have speciall care the woman be not with child: probatum.

532. To flay the Whites.

Ros Nutmegs 3 ij, of white Amber six dragmes, of the whites of Egges reduced into powder two ounces, mingle these together, and take halfe a spoonfull of these in new Milke six days together; you may sweeten it if you please.

533. An ointment for Wormes.

Wood, Lavender cotton, Rew, Bearsfoot, Savine, Sothernwood, red Sage, red Mint, Featherfew of each a handfull, strip the stalkes from them, and chop them and beat them in a Morter very small, then put thereto a pound of May butter, unwashed or salted and then put them up all into an earthen pot, and set it into a brasse pot of seething water, and let it boyl two hours, then strain it as hot as you can, and anoint the stomach warm, and keep a cloth to it.

This Salve will keep 2 or 3 yeares,

and is an approved one,



The Temperature, Nature and Qualities of Plants and Hearbs for PHYSICk.

First Medicine temperate, bot in first Degree.

Beans, Water lillies, Barley, Knee-Bholme, Maiden haire, Hogs grease, sweet oil, Milk, Wax, white Lead, Letharge of white Lead, Capillus veneris, or Walferne, Tucty, or Liquorice, Gourds, Cidron, or Orange.

534. Medicines bot in the first Degree.

Round Aristolochia, Hollihocks, sweet Almonds, Chestnuts, Figs, Worm-wood, Smallage, and Egrimony, Buglosse, Burage, Mercury, Devils bitt, Harts tongue, Walwort, Aloes, Wheat, Fenugreek

Fenugreek, Linfeed, Honey, Butter Sugar, Whay, Melilots, new Wine, Groundfell, Elder tree, Mushrome, or Agarick.

535. Medicines hot in the found degree.

Guaiacum, Cyprus, Calamus aromaticus, Piony, Nutmegs, bitter Almonds, Enula campana, Comfry, Branckerur, fine, Sanicle, Lyons tooth, wild Rocket, Bennet, Lavander, Cardimomum, Horehound, Garden Mints, Stone Parfly, Scabius, Fennel, Frankincense, Myrrhe, Mastick, Sarcacoll, Briony, Madder, Fumitory, Clary, Broom, Hops, Hyssop, Balme.

536. Hot in the third degree.

Gentian, Aristolochia longa, Polypodium, Pellitory of Spain, Hors-radish, Dogstones, Galingale, Gladin, Ginger, Ireos, Watercrowfoot, Mugwort, Chervill, Cyprus, Celendine, Origany, Sage, Raperoot, French Diptany, Annis, Opoponax, Rosemary, Hyssop, Galbanum, Juniper, Coliquintida, Costmary, St. Johns Wort, Privet, Rew, Savine.

537. Hot

537. Hot in the fourth degree.

Garlick, Onions, Tithimale, Mustard and, Euforbinen, Pepper, Petrolium, Pelitory of Spain, Anacardus, Savory.

538. Medicines cold in the first degree.

Chesnuts, Mallowes, Pomegranats, Barbaries, Knotgrasse, Lillies, Orach, Barly, Pears, Apples, Violets, Roses, Quinces, Cytrons.

539. Cold in the second degree.

Peach, Orange, Gourd, Cucumbers, Primrose, sowre Pomegranants, Lungwort, Fleawort, Blossomes of Pomegranats, Acacia, Plantain, Endive, the pellow Flower-Deluce.

540. Cold in the third degree.

Taffell, Housleek, Sorrell, wilde Enive, Tormentill, Purstain, the lesser
ousleek, Night-shade, Strawberries,
aspis, Camphire.

541, Cold

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541. Cold in the fourth degree.

Poppy, Opium, Hemlock, Henbane, Mandrake.

532. Medicines moist in the first degree.

Enula Campana, Mallo wes, Buglosse, Burage, Butter, Spurge, Almonds, Linfeed, Violets, Tarre.

544. Moist in the second degree.

Lillies, Lintels of the Fens, Flower-Deluce, Lettice, wilde Bore brech, Cucumber, Parsly, Primrose, white Mustard seed, Dates, Fleawort, Ammoniacum, Arache, Lingwort, Eringus roots, Gourds.

545. Moist in the third degree.

Satyrion, wilde Endive, Strawberries, Courds, Colwort.

546. Moist in the fourth degree.

Quickfilver.

10,

547. Medicines dry in the first degree.

Fennell, Hollyhocks, Divels bit, Elder, Pomegranats, Barly, Walwort, Chesnuts, Fenugreek, Camomile, Millilot, Saffron, Frankincense, Sarcacole, Beanes, Fumitory, Tormentill, Sorrell.

548. D:y in the second degree.

Aristolochia, Guaiacum, Cyprus, Calamus aromaticus, Cinnamon, Dill, Sothernwood, Camphire, Opium, Centaury the lesser, Horehound, Sanicle, Lyons tooth, Hysop, Broom, Parsly, Scabius, Pimpernell, Cardimomum, bitter Almonds, Millet, the Indian nut, Nutmegs, Myrrhe, Verjuyce, Honey, Aniseed, Cyprus, Juniper tree, Endive, Fennell, Lavander, Hops, Cloves, Balme, Mints, Figs, Pomgranats, Massick.

549. Dry in the third Degree.

Lavander, Hogs bread, Gladin, Rape root, Pellitory of Spain, Gentian, Galingale, Dragons, Wormwood, Mug. wort, Crow foot, Bettony, Celendine, Hemlock, Hellebore, great Celendine, Privet, Towne Creffes, Anifeed, Origan, Cinkfoyle, Rosemary, Savine, Cockel, Tutsan, Garlick, Cumin, Sanguis Draconis, Galls, Sothernwood, S. Johns Wort, Pennyryal, Rew, Sorrel, Tormentill, Gum Arabick, Chalk, Vinegar, Aloes, Millet.

550. Dry in the fourth degree.

Pepper, Spurge, Anacardus, Savory, Oil, stone Parsly, Mustard, Euphorbisum, Garlick, tame Cresses.

551. To cure a green Wound by the Weapon that gave it, without sight of the party mounded.

Ake of the Mosse growing upon a Scull iij 3, of Ceruse ij 3, May Butter

ter clarified two quarts, Deere sewet 13, Bees Wax if 3, Camphire di. 3, boyl all these in the Butter, till it come to a pinte, then Take Venice Turpentine 13, and boyl it a walme with the rest being a pint, stir it till it be cold, put thereinto oil of Snails if 3, while it is lukewarm, beat them all together with your hand, till it be made into a Balsome.

552. The use of it.

Temper the Balforne upon the palme of your hand, and the rewith anoint the Weapon that gave the wound, so far as it was in the wound, then take a fine linner cloth and bind up the weapon, so far as it is anointed, tye it very hard, and pur it into a Trunk or other close place from air for 21. days, the patient shall be well.

553. How the Wound shall be used in the mean sime.

Cavery day with the water of the party wounded, that dip a ragge of fine

fine Holland, in Spring water filling it therewith as full as it can be filled, and lay it close upon the wound; but if any bone be broken or perished, so that it needeth to be scaled, then let the wound be washed and chased with the Urine til it bleed at every washing.

554. His Diet must be temperate.

White bread, Table Beer, fresh Meat, but let him abstain som Beef, Pork, Goose, and all kind of fish.

555. How to make Oil of Snayles.

Ake a quart of black Snayles in May, put them in a bag, with halfe a handfull of Bay salt, bruised, hang them up untill they drop thorow the bag: a quart of Snayls will make ij 3 of Oil.



A briefe Collection of all Hearbs, Plants, Seeds, Spices, and Gums now used in Physick, to purge the Body of Man, omitting all such Hearbs and Plants as have any great Danger to deal withall.

A Garick purgeth Phlegme and Melancholy, ministred with Spices, and corrected accordingly.

Allo Cicotrine in the pap of a roafted Apple, or any way else purgeth gently,

the Dose is one dragme.

Astrabacca, the leaves purgeth upward and downward, if so gathered and

stripped.

Briony white, take the young Sprouts thereof boyled, and eat it, purgeth by stool, and Urine Phlegmes, so doth the roots in decoction, but strong and offensive.

Buckhorne

Buckhorne berries, powdred and Boyled in the fat broth of fleth, one dram and a falf purgeth Phlegme and choler.

Broom, the young tops boyled in Wine, purgeth the Droptie, or any waterish cause.

Bettony one dragm, of the roots dried in water and Honey powdred, purgeth upward groffe and filthy humours, and helpeth the Sciatica.

Borage flowers made in Conserve, purgeth Melancholy, and comforts the

heart.

Coction or otherwise, with Mastick and Spices sit for it, purgeth phlegme and choler.

Cowcumber wilde 10 or 12 grains of the juyce thereof infused, purgeth phlegme.

Centory in Decoction looseth the

belly and cureth the Sciatica.

Cassia Fistula purgeth choler and

bloud from Superfluities.

Cich, or wild Tarre, or Orobus seed fire powdred, and taken with Honey, purg they Seige and Urine. DasDaffodill root with Nettleseed, boyled in white Wine and Honey, purgeth the bloud and spots.

Dodder that grows on Flax, boyled in white Wine, purgeth by Urine, stool,

and choler.

Danewort j 3, of the seed bruised and taken with syrup of Roses, and a little Sack, is a good purgation for Gout or Dropsie, it purgeth waterish humours by stool.

Pithymum, or mother of Thyme four 3 powdred with Oxymel, and a little falt Gem purgeth choler and phlegm, and cleanleth the bloud, so it will do boyled green in Decoction.

Eline with the broad leaf j 3, of his inner bark, boyled in Wine, purgeth

phlegm.

Enula campana the roots, candied, preserved, or in a loch, to be licked, purgeth clammy humours in brest or

lungs.

Eldern the crops, leaves, or inner bark taken in broth, purgeth phlegm, and so doth the seed insused in vinegar, and afterward dried, then take j3 any way.

O₂ Fumitory

L'Umitory the juyce în syrup or decoction purgeth by Urine, and Seige bloud, and hot humours.

Fennell giant j 3 of the juyce of an Electuary, purgeth phlegmand choler.

Flower deluce, the juyce of his roots drunk with Whay, or otherwise, to allay heat, doth effectually purge choler and waterish humours, and is good for the Dropsie.

Fennellhogs, or hogs fennell, the yellow sap of the root taken with bitter Almonds and Rew, purgeth phlegm and

choler.

Fleawort seed boyled, and the decoction made, and taken, purgeth hot cholerick humors.

Fox gloves in decoction boyled with white Wine and Honey, or Sugar, purgeth and ripens tough phlegm in the breast, and opens the stopping of the Liver and intrails.

Fenugreek, the juyce boyled with Honey or the decoction of the feed in Wine, and in a little Vinegar, purgeth by stool, all manner of corrupt humors from stomack and Guts.

Fethersew powder drunk with Oxi-

mel, purgeth phlegm melancholy, and and cheeseth the Lungs from purfive-nesse.

Frankincense, Hearbs, Leaves, and Roots, boyled with white Wine and Pepper, purgeth Leprosie and Pox.

Glasse, Saltwort, a little of the hearb Gany way taken inward purgeth by

Urine the Dropfie.

Gladdeu stinking the root insused in Ale, or any other decoction, purgeth by Siege, and Urine, but the seeds purgeth more by Urine then the roots doth.

Hellebore black, or Bear-foot powdred j3, with sweet Wine, purgeth black choler.

Hops, the juyce purgeth blood from

choller, by Stoole and Urine.

Hedge Hyssop two 3 bruised and boyled, purgeth waterilh humours.

Top the juyce taken with Oximel, purgeth phlegm.

Illies red, the roots and leaves boyled in water and honey; purgeth the bloud.

Lawrell, his leaves green or dry j 3, purgeth phlegm upward and down-O3 ward, ward, ten graines of the seeds doth the

Andrake, the juyce of his roots in small quantity purgeth phlegme.

Mercury, the Decoction purgeth

phlegme and waterish humours.

Mechoacan powdered j 3 in Sack, purgeth ph legme and waterish humors.

I ght shade or bitter-sweet, the wood hereos in decoction in white Wine di. M. thin sliced, purgeth both Dropsic and Jaundis by stoole and urine.

ORgany or wilde Marjoram, in decoction purgeth by Seige and

Urine.

Pleters Wort j 3, fine powdred, a decoction of honied Wine purgeth the belly.

Polypody of the Oake in decoction, purgeth phlegm gently, the Dose is j 3.

Prunes damask di. 15, boyled with honey one spoonfull, and Senna 13, make an Electuary thereof, purgeth gently, it may be sharpned with any the precedent Medicaments.

b oyled in decoction purgth phlegm and waterish humours upward and downward.

Penyriall Penyriall with Honey purgeth the Lungs and Breatt, and with one 3 of Aloes purgeth and helpeth the Cramp

and Convultion of Sinews.

Peach flowers or bloffores insused in warm water 24 hours, then strained out and new put in as before, and so used and renewed 6 times, then strained, and the liquor boyled up with Sugar to a syrup, take two spoonfulls thereof at once, it is the gentlest purgation in the world, none better nor caser.

Parties strength insused or other.

wayes purgeth choler.

Southernwood feed one 3 powdred Sand boyled in white Wine, purgeth

phlegme by Urine.

Scammony ten or twelve grains rosted in a Quince, the Scammony cast away, then eat the Quince, ormake an Electuary with Prunes and some eight grains thereof, purgeth choler and slimy phlegme.

Scabius the decoction purgeth Scabs.

and Sores of the Bladder by Urine.

Seny ij 3, Mechoacan iv 3, white Ginger one 3, Anniseed and Liquorice,

04

ana.

ana ij 3, Salt gem, iij 3, all fine powdred and searced, take it tasting one or two spoonfuls in warm white Wine, it is a gentle purgation.

Sowbread root one 3 di. with honied water, purgeth grosse phlegm and filthy

humours.

Steecadose, or French Lavander, opens all stoppings in body, and expelsall corrupt humours, it is an excellent hearb for man.

Utsane seed iij 3, small powdred in decoction, purgeth choler, and is good for Dropsie, drink water two dayes after it.

Turnesole one M. boyled in white

Wine, purgeth choler and phlegm.

Turbith one 3 di. in an Electuary with Syrup of Violets and Ginger, purgeth phlegm.

Tithimill seed or Spurge corrected,

discreetly purgeth both wayes.

Three-leafed-grasse, the decoction with honey and Salt for a Glyster purgeth the gutsand slime and filth.

Volets the syrup iij 3, purgeth gently, you may sharpen it with

any the presedents.

Woad

297 and Chirurgery.

70ad one penniworth of the feed boyled with water and honey,

Wormwood purgeth by Siege and purgeth choler. Urine a weake stomach, troubled with choler and phlegm.

These Hearbs purge Head and Brain.

He powder of the root of stink. ing Gladwine snuffed or taken

The powder or fume of Tobacco.

taken as aforesaid. The root of Lacewort chewed in the mouth, purgeth and easeth the Toothach.

The root of Primrose stamped and strained, snuffe the juyce, purges and

helps the Meagrom.

The root Mafterwort chewed.

The powder of the root of wild Hel-

The roots and leaves of Pellitory of libore. Spain chewed, purgeth phlegm.

The juyce of Betts snuffed.

Dazie roots and leaves stamped and frained, and the juyce snuffed, The :

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The roots and leaves of the winde flower.

The juyce of Pimpernel gargarized,

helps the Tooth-ach, and purgeth.

The juyce of Ivy snuffed, purges and stayes running eares, and cureth old sores in cares, mixed with a little oyle of Roses.

The spice called Graines chewed.

The juyce of Pilewort or little Celendine mixed with honey and snuffed.

The dry or green leaves of Spurge

Lawrell chewed.

The juyce and powder of Betony helps the fight, and purges.

The juyce of young Sprowts of Net-

tles snuffed.

The powder of Pepper.

The juyce of a white Onion snuffed, purgeth.



Abrief discourse of the colours and judgments of Urine.

Rine fat and troubled, betokens a burning Fever of choler, or red and thick all over with a black circle, sheweth sicknesseall over the body.

Urine white and thin little in quan-

tity sheweth cold in the body.

Urine clear with a black circle, shew-

eth the fick hath the Prifick.

Uine red and thin with a bright cir-

cle, sheweth a bad stomach.

Urine thin and greenish above shews a cold complexion, if blue in cashing 'tis the Prisick.

Urine thin if it shew black above be-

tokens great losse of Nature.

Urine thick and troubled horspisse

fignified head-ach.

Urine fat in the bottome, white in the middest, and red above, shews the Fever quartain.

Urinea

Urine fat like slesh with dregs in the bottome like shadowing, shews the Dropsie of Cold, but if it be whay above clear in the midst, and shadowing beneath, sheweth hot dropsie.

Urine with black dregs in the bottome like gobbets of coals sheweth

tyorms.

Urine with black contents like Moths. in the middest shewes an Impostume under the side.

Urine with contents like shavings of Parchment, in the bottome, sheweth stopping in the Reinsand Pipes of the Liver.

Urine black and green with long

white contents signifies the Palsie.

Urine that hath graines under the circle, sheweth the stomach is sull of wormes, and also burning of the heart.

Urine foul above, sheweth heat in the.

Heart, Lungs and Spleen.

Urine with black contents in the bot-

tom, sheweth Costivenesse.

Urine that is long lasting, betokens biting in the body and great Rheume.
Urine thick, little in quantity, and high coloured.

and Chirurgery.

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coloured, sheweth great burning in the body.

Urine frothy, clear and a little red,

flews pain under the right fide.

Urine frothy, sheweth winde and pain under the left fide.

Urine very red sheweth an Imposume

on the Liver.

Urine as red as burned gold if it be

Hydroptick betokens death.

Urine in a hot Fever, one part red, another black, another green, another blew fignifieth death.

Urine in hot axis black and little in quantity and stinking betokens

death.

Urine all coloured as lead, sheweth a prolonging of death.

Urine dark and clear beneath signi-

fies death.

Urine that shineth raw and bright, if the scum in the bottom shines not, shews death.

Urine thin in substance fleeting above

like a dark skie shews death.

Urine dirty, stinking and a dark skie shews prolonging of death.

Urine like water with a dark skie in

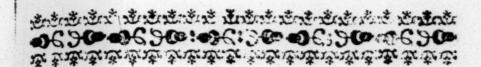
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a fever sheweth death.

Urine with dregs in the bottome mingled like bloud, sheweth death.

Urine black and thin, if the fick do loath when he goes to the stool, and speaks overthwart, or understands not aright, if his sicknesse goeth not from him, signisieth death.

Womens



Womens Vrine, their significations.

The white, heavy and stinking, shews pain in the Reins, and Mother and Cold.

Urine that fleeteth fat above, shews

pain in the Reins of the back.

Urine with black contents in the bot-

tome, shews falling of Flowers.

Urine with white contents in the bottome, shews much falling of flowers.

Urine coloured as Linseed, shews

death if she have the Flux.

Urine red as gold with a watery circle above, shews she is with child: mark if you see your face in a womens water, if she be without a Fever, she is with Child.

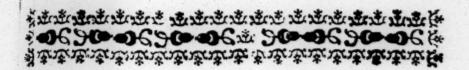
Urine of a woman with child shall have some clear stroaks, the most part is troubled in a reddish maner of a Tawny; this token never fails as soon as the childe hath life, if it be a Girle, the troublesomenesse wil draw downward;

363 The secrets of Physick if a Boy, the troublesomenesse will be above, this fails not.

Urine bright as gold, shews luft, or

defire to marry.

Urine coloured as white Lead, if she be with Child, sheweth the Child, is dead within her, if she be not with Child, and the Urine shink and coloured as Lead, sheweth the Mother is rotaten.



A Rule to know the danger of falling sick by the Diary judgement of the Moon.

I. I Nprimis, He that falleth sick on the first day of the Moon, shall soon die if the sicknesse be tedious or sierce.

2 Although he be fore fick, he shall be

cured.

3 He may with due regard in Physick be cured.

4 He shall be soon restored to health.

5 He shall be sick but ten days, and then restored.

6 He is no danger.

7 He shall enjoy life but the moneths.

8 He shall continue sick and agaish a long time.

9 He shall have health after nine dayes.

10 He shall amend after ten days.

11. He shall be long sick, but at last re-

12 He shall be sick 12 days and recover.

13 He

13 He shall have a long and grievous fickneffe.

14 He shall be soon restored.

15 He shall easily escape death.

16 He shall be in great danger if he take the open ayre.

17 He shall not prevaile with any Phyfick to do him good.

18, 19, 20. Be good days.

21 Sicknesse is mortall and incurable.

22 He shall escape after he hath lain three moneths.

23 He shall die in few days.

24 He shall remain a long time sick.

25, 26, 27, 28, 29. Be all good days. 30 He shall hardly escape with many

Medicines.

15

To know the Humour that causeth the sicknesse by the Patients Spittle.

Inprimis, If the Spittle be white viscous, the sicknesse comes of phlegm.

If black and clammy or like Lead, the

ficknesse is of Melancholy.

If Cytron, yellowish or Glassie, it commeth of choler.

If tawny or reddish mattery colour, it comes of Bloud.

If the white Spittle be not knotty, it fignifies health.

If fumy or frothy, it signifies winde,

and a raw stomach and cold.

If gleary like horne, it shews a stomach slack, raw, and slow of digesture.

A judgement of the state of Mans sicknesse by the Pulse.

Ay your four fingers on the Palle, then mark which finger the Pulse is most strongly under; if the Pulse under the little be feeble and weak, and so under every finger to the heart upward be more weak, it signifieth death.

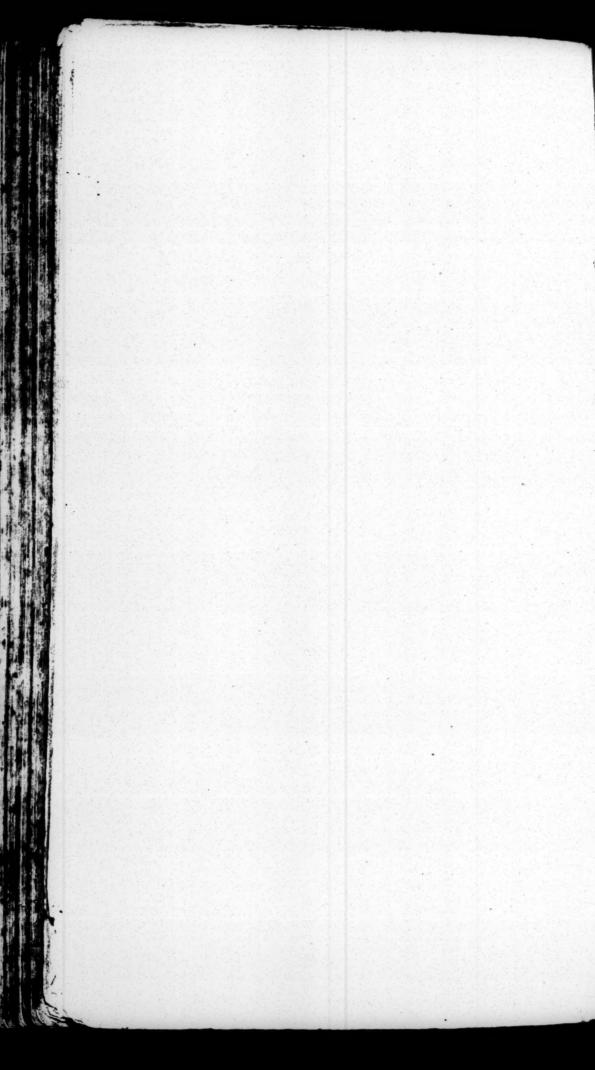
Contrariwise, if under the little finager it smight strong, and under the Ringsinger stronger, the middle singer more strong, and under the fore singer next the heart strongest of all, it is a good sign, and preprosticateth health.

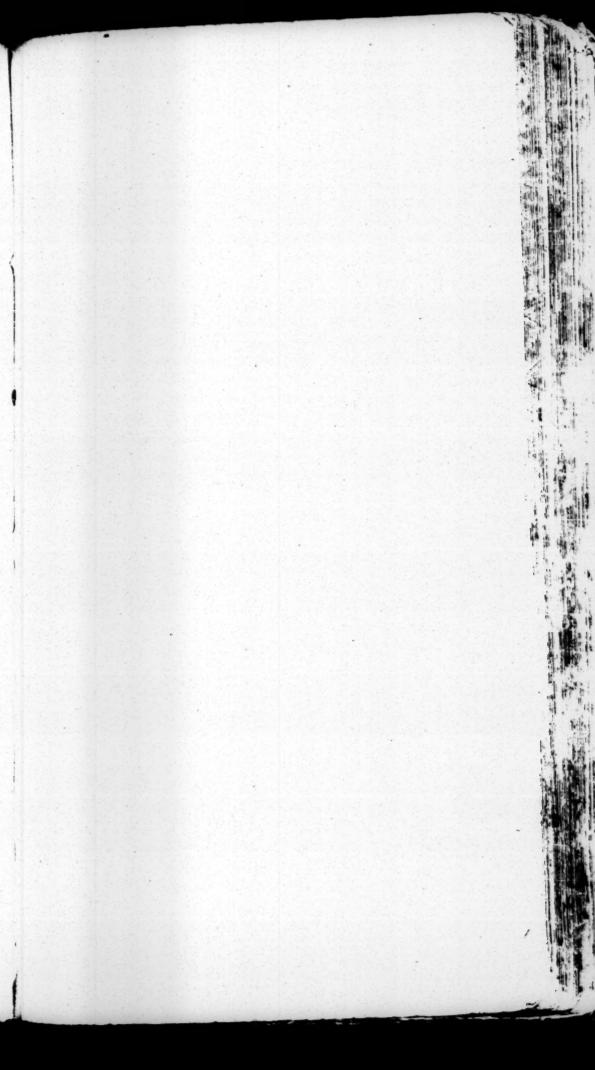
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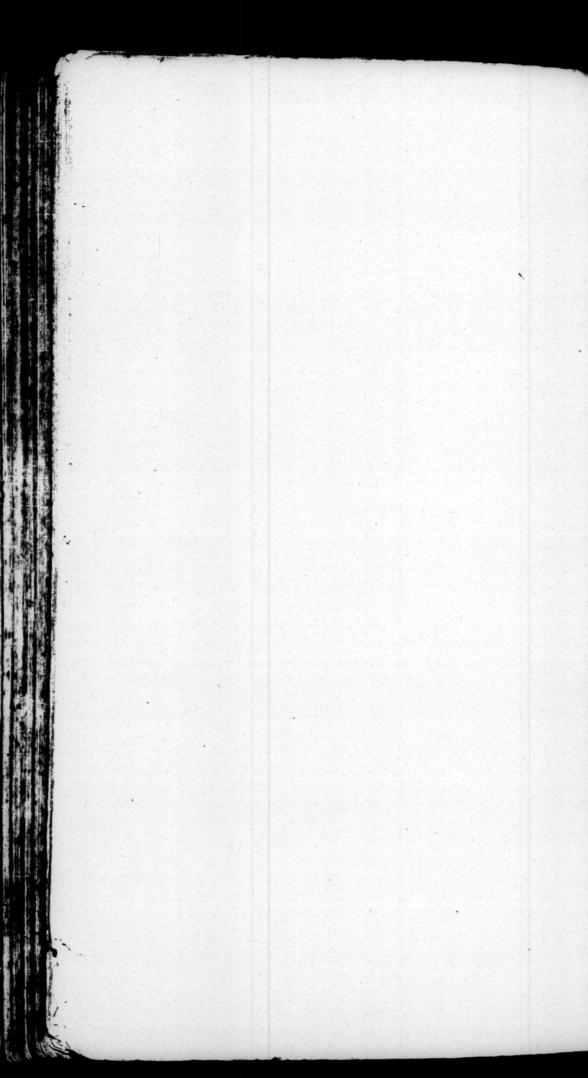
That every one may know how to compound these Medicines, without the help of any other man, therefore the notes of all the weights which are used among the Apothecaries, are placed underneath.

Grain Scruple Drachme Ounce Pound Quart A finall handfull, or as much as you can take up with three fin-	hath this mark,	gr. 3.3.tb. gr. P.
gers. A great handfull Halfe Of each Receive		M. di. ana. R.

As much as is sufficient q. s.









PHISITIANS HELP

TO THE
CHIRURGEONS SALVATORY,
FOR
SUDDAIN ACCIDENTS.

CHAP. I.

Prevention of mischiefe by Poysons eaten or drunke.

vented various rules to prevent Poysoning, by suspecting their food and company; But those are all false lights, and uncertain; poysoning the minde many times with caussesse jealou sies, till the passions break out into sore afflictions of ones own self, and contagious infections ot force

fore (that I may be no abettor of other mens errors) my countell shall be; First, and principally to rely upon the proident mercy of God to watch over and keep us; And in the second place, to rest upon the use of good Antidotes only. Such as are, Mithridate, Andromachus or London-Treacle, Confe & Alkermes, and Confectio Liberans. These are alwayes ready in every wel surnished Apothecaries shop.

Of any of which, you may take every morning fasting the quantity of a Hatel nut: and that either simply by themselves, or else in some Broth, or Posset drinke: or, if your stomach through coldnesse and ill digestion require it, in white Wine sweetned with a little Sugar. Or else use the plain, but anciently

applauded Antidote.

Take two Walnuts, two Figs cut in two, twenty leaves of Rue, and a little Salt. Beate all together in a Morter to a pulp, and eate it in the morning fasting. In praise of which these Verses were written.

Armatusq; cibo tali, quascunq; veneno Quilibet insidias sibi tenderet, hand metuebat. He that with such a Poyson-proofe was arm'd, Fear d not that day by Poyson to be harm'd. A- Avicen makes it thus.

Take of Walnut kernells two parts, dryed Figs and Salt, of each 5. parts, & dryed of Rue 20. parts. Of which Rhasis saith that it will make one vomit up any unwholome food received that day after it.

You may also apply this outward Me-

dicine, which is an approved one.

Take half a halfpeny leafe newly drawne out of the Oven, make it hollow in the middle of the crummy side, and fill it with Treacle and Vinegar, while it is hot apply and tie it to the Navill. It doth preserve the body; and draweth out the venom (if any be within) be it of what kinde soever. I have an excellent Antidote of mine own, if any will be pleased to come to me for it.

CHAP. II.

Agenerall way of Curing such as are hurt by inward Poysons.

IF any be Poysoned, Actius (Tetrab. 4. Serm. 1.cap. 47.) saith it will appear by these signes.

Not long after the taking of it, there will come either a sudden coughing, or

P2 vomiting

vomiting of bloudy and stinking stuffe, or trouble in making water, or some pain within the body, or vehement heat, or gnawings within the Romach or guts, or else some suddain numbness: also prickings in the flesh, trembling of the limbs, Hicket or Yex, Convultions or Cramps; breakings out of the skin into blifters, biles or scabs; filthyspots, or foul and unnaturall colour of the skin; swelling either all over, or else of some part of the body; straitnesse of breath, much filthy vomiting, and in those vomits sometimes the very plain appearance of some part of the Poyson. Ifany of these (saith he) happ n to a healthy man suddainly upon his meat, this man is to be judged intected with Poyson.

And then must this course sollowing

be observed.

First, you must endevour to setch the Poyson outby the same way it was take in. As, if it were eaten, or drunke; by vomit: If in a Glyster or Suppository; by a Glyster again it must be purged out. It by a Fume, by a cordiall Persume it must be encountered, and conquered. If by the mouth

mouth it were receved, what soever kind of Poylon it be, before it be digefted furs ther than the stomach (if it may be time mough found) give the party a great draught of some fat broth; or Oil and childs urine; or else Sweet Butter and Water, with two or three spoonfuls of the juice of Radish roots in it. Give one of these bloud-warm, to make him vomit. If the first vomit fail, give the second, and so the third if the second fail. And if they work not of themselves quickly, provoke them further by putting the finger into his throat, or a feather dipped in rank Oil, or in Oil of Linseed.

But if it have gotten into the guts (which wil appear by the gnawings and gripings) give him a sharpe Glyster. As

Take Mallows, Violet leaves, Mercurie, Beets, of each a handfull; Anifecds, Fenelljeeds, Caraway-jeeds, of each a spoonful bruised; The flowers of Violets, Buglojs, Bure rage, Damask Roses, and Camomill, of each halfe a handfull. Boyl all well in a sufficient quantity of fayre Water. Then strain it; and to three quarters of a pint of the Liquor put an ounce of Diacatholicon, and three drams of Tia.

Diacolocynthis. Three ounces of Honey and a knifes poynt-full of Salt. Mix all together,

and give it Lukewarme.

And if, while it is yet in the stomach, a vomit or two, or at the most three bring not away the Poyson (which wil appear by the ease the party receiveth) then give him a strong Purgation, such as this;

Take of Malloms, Violet leaves, of each one handfull. The flowers of Violets, Borage, Buglosse, Damask Roses, of each halfe a handfull. Aniseeds, and Fenell seeds bruised, of each half a spoonfull. Liquorice scraped and sliced a quarter of an ounce. Boyl altogether in a sufficient quantity of half Water half white Wine. Then having strained it, Take a quarter of a pinte of the liquor; to which put Hicra of Coloquintida and Diacstholicon, of each three drams; Syrup of Roses solutive, and Syrup of Wormwood, of each half an ounce, or a little spoonfull. Mix all well together, and give it as a Purgation.

Those that are of good ability may have this Masse of Pils made by some skilfull Apothecary for them, to keep

by them against a time of need.

Rs. Aloes rosatæ unc. ij. Myrrhæ extractæ com.aq. vitæ drach. vj. Extracti croci drach. ij. Rhabarbari electi drach. ij. Agarici tro-chiscati drach. j. ss. Turbith albi & gummosi drach. j. Scammonii rosati scrup. ij. ss. Ambrægriscæ scrup. ij. Moschi grana &.

Cum syr.rof. soluti.q. s. fiat Masa.

or nine pence, as need requireth; being formed and rowled into Pills of a fit bignesse for the Patient to swallow.

If it be a Child, or a weake body, make a quarter of a pint of plain Posset ale, wherein is boyled a few sweet Fennell seeds bruised: adding to it an ounce of the blacke pulp of Cassiafistula. Mix all well together, and let the party drink it off.

If there be torments in the guts, this may be given in way of a Glyster also, ad-

ding only some course Sugar.

In this case likewise, when the venom appeareth much and violent, you must give a Glyster besides the Purgation; yea Glyster upon Glyster, as soon as one ceaseth to work giving another, (though they be twenty in a day) till all complaints cease. That is, till neither evill

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tafte,

If the stomach and guts complain of a burning heat; to qualifie the stomach, drinke Posset-Ale boyled with sweet Fenellseeds, and mixed with Cassia, as before-said: and for the guts, this Sus-

pository following.

Take of Hiera of Coloquintida ij. drams: a little Salt, and a sufficient quantity of Honey. Heat them together softly on the fire till the lump come to a sufficient hardnesse; then rowle it up in forme of a Suppository, and annoynting it with Sallet oil, or sweet Butter administer it.

Now, when by Vomits, Glysters, Suppositories, and other Purging Medicines before described, the venemous matter
appeareth drawn away; in that the body sceleth no more of those torments
and troubles it was befor afflicted with,
then let the party drink a draught of
warm milk mixed with Honey. And if
sharp Glysters have been often used before, let him take also one Glyster of milk
and

9 ash

and Honey; or of some fat broth to wash away the reliques of the sharpnesse and biting quality lest in the guts and stomach.

In the mean time, to defend the brain, heart, and liver from infection of the venemous vapours that will hasten to those noble parts; Take Conserve of Burrage flowers, Mithridate, and London Treacle of each a like quantity: Mix them well together, and spread all thick upon a piece of Lrather of a hand breadth every way, and lay it well warmed betwixt the Paps.

Take also, of Red Roses three handfulls; Sage, Betony, Rosemarytops, Rue, Wormwood, of each a handfull; Tormentill roots, and Gentian roots, of each clensed and sliced thin, half a handfull. Boyl all these in a sufficient quantity of white wine, half water, till a third part be boyled

away.

In this liquor dip wollen clouts, then wring out the liquor from them, and apply one cloth reasonable hot to the mould of the head; and another all over the stomach. And when these clouts wax dry, dip them again in the same liquor

Ps

well

well warmed, wring them, and apply them as before.

Thus, having rid the body of al evil Accidets, you must root out al the reliques of poyson yet lest behind, lest they remaining stil, beget as dangerous, though not so suddain or violent an Issue. Therefore then betake your self to Antidotes. Such as are named in the first Chapter; for Prævention; but their Dose must be doubled. In way of Cure these also that sollow are especially commended against al kinds of Poysons whatsoever. viz.

The Hoofe of an Oxe cut into parings, and boyled with bruised Mustardseed in white Wine and faire Water.

The Bloud of a Malard drunk fresh and warme: or else dryed to powder, and so drunke in a draught of white Wine.

The bloud of a Stagge also in the same

The Seeds of Rue, and the leaves of Betony boyled together in white Wine. Or,

Take ij. Scruples (chat is, forty graines)
of Mitbridate; of prepared Crystall one dram
(that is, threescore graines) fresh Butter

low it down by such quantities as you can swallow at once; and drink presently upon it a quarter of a pint of the decoction of French Barley; or so much six shillings Beer. Of this I have had happy proof.

There is also another excellent course to be taken (besides all these) by those of ability, and that is, Take a sound horse, open his belly alive, take out all his entrailes quickly, and put the poysoned party naked into it, all save his head, while the body of the horse retaines his naturall heat: and there let

him sweat well.

This may be held a strange course: but the same reason that teacheth to divide live Pullets and Pigeons for Plague-sores, approve th this way of Sweating as most apt to draw to it selfall poysons from the heart and principall parts of the Patients body. But during this time of sweating, he must defend his brain by wearing on his head a Quilt thus made.

Take Cinnamon, Nutmegs, Cloves, all the

Sauders, of each balf an ownce.

Roots

Roots of Angelica, Tormentill, white Dittany, and Valerian, of each one ounce.

Dryed Sage, Rosemary, Balme, of each half a handfull; and of Red-Rose leaves dryed two handfulls. Make all these into a grosse Powder, and quilt them up in Sarsnet or Calico; and let it be so big as to cover all the head like a Cap: Then bind it on fast with a Kerchief.

In all this time the Patients diet is not the least to be thought upon. which must be new milke from the Cow, fresh Butter, Sallet oil, fat Broths of Mutton or Veale, or of fresh Beese. For fat things thop the vessels, and hinder the course of the poyson to the principall parts. In his Broths also boyl these hearbs; Burnet, Buglosse, Burrage, and wilde Thyme.

He must reside in a clear ayre, or else have the Ayre rectified with persumes, and those must be temperate and mild, not too sull of sume, less they suffocate his Spirits. I need not set down any; every one knoweth the use of Rosewater, Iuniper, Rosemary, Bayes, and Frankincense: Let him ever be smelling to Rosemary rubbed

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rubbed in ones hand; to Iuniper-berries a little bruised, Lemons stuck with with Cloves, Myrrh, Storax, or Lignum Aloes.

He must sleep little: for sleep draws the venom to the center of the body; but watching drives it to the outward

parts.

As for Thirst; let him bear it as much as he can: But if it afflict past sufferance, let him drinke (now and then) new milke turned with Vinegar into Posset drink.

CHAP.

CHAP. III.

A more Particular way of Cure; wherein is touched the eating of Mushroms, Muskles, and Perewinckles.

Hough I intend not to discover the particular nature of every Poyson which might be a way to instruct evill minds in evill purposes) yet without some distinction, I shall take much paines to little purpose. Therefore this generall difference must be made known; namely, that there are Poysons both Hot and Cold: and their Cures are as different as their Complexions.

Therefore if the Poyson taken, be hot (as will appeare by the Accidents that will follow; viz. Bitings, Prickings, and Gnawings within; extreame Heats, Burnings, Inflamations and Hot Swellings Inward or Outward) Then the Glysters must be

gentle: As thus,

Take Mallows and Violet leaves, of each two handfulls; French Barley one handfull; Camomill flowers halfe a handfull. Boyle them

them in a sufficient quantity of faire water, till the third part of the water be boyled away. Then straine it, and to three quarters of a pint of the strayned liquor, put an ounce of Diacatholicon (or forthericher fort, an ounce of Caffia Fistula newly drawn) and three ounces of Course Sugar (or else Honey of Rofes two ounces) and a little Salt.

Eate fat Broths, with coole hearbs boyled in them, as Burrage, Buglosse, Violet leaves; and likewise French Barley; with juyce of Lemons, the tartnesse being taken off with Sugar or Honey; as also

Sorrell fo corrected.

Give the Patient leave to sleep, if he

can; but enforce it not.

And for his Antidotes, use Mithridate mixed with Conserve of Roses.

Or else,

Take of Diamargariton frigidum, one dram, of Oxymell simplex one ounce, and Carduus water three ounces. Mix them together, and let him drink it.

In all other points keep him as is

taught before.

But if the Poyson be of a Cold nature, which will appear by coldnesse within

or without, or both, numnesse, fullnesse, dulnesse, and drousinesse. Then use Vomits, sharp Glysters, and the like, as are appointed in the precedent Chapter.

Keep him from Sleeping.

Make him sneez often with powder of strong Tobacco blown up into his nose with a quill; or if the Tabacco alone will not do it, mix a little powder of Euphorbium with it.

Rub his Breasts, Sides, Backe, and Limbs with warm woollen Cloaths.

Speake much to him, and enforce him to stirre his body as much as may be.

Endevour also to make him Sweat: to which purpose you may use this Me-

dicine following.

Take one dram of Gentian root in fine Powder, with two or three graines of Bezoarstone. Give it in a little draught of Cardum Posset drink made with white Wine and a little Vinegar. Give it hot, and cover him well with clothes, ordering him so before, in, and after sweating, that he take no cold; neither eate, nor drink in sive or six houres after.

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Let his Antidotes be Andromachus or

London Treacle.

With his meat, Boyl Garlicke, Onions, Balm, and sweet Fenell seeds. And let him endure Thirst as long as he possibly can.

In all other things, order him as occasion shall serve or require, according to the prescriptions in the Chapter

before.

Some, out of wantonnesse, and apish imitation of Strangers, have learned to eate Mushroms, commonly called Toad stools: which is an excrescence of the earths superfluity, not voyed of a venomous quality; though some are lesse hurtfull than others, and to some constitutions, little or nothing at all apparently offensive.

I knew a Mountebanck in Devonshire, that perswaded many to the use of them; whereof two (the one a young man, and the other a woman) to the hazard of their lives were overtaken with his Cookery. To the young man I gave this Medicine, two drams of Hensdung dryed and powdered; faire water, white Wine, and Vinegar, of each halfe a quarter of

mixed together he drank it, vomited, had also two stooles, and so recovered. The woman being his mother, and seeing me use the dung, conjured me to give her some other Medicine that was more cleanly. Whereupon I made her go to her well warmed bed: and then gave I her a draught of Posset ale wherein Penyroyall was boyled, to which I put a little Aqua Vita and Salt Peter: She hereupon did sweat abundantly, and recovered.

Others there are, that out of an Antipathy to their Constitution, are directly poysoned if they eat Muskles: others againe are in the like case with Perewinckles. I have seen some with Muskles swelled, and spotted all over. In which case, after a Vomit, and a Glyster (such as are before described in the second Chapter) I gave this Antidote following.

I took Terra Sigillata (for want of Terra Lemnia, which I account the better) and Juniper berries, of each a like quantity; made them into fine Powder: And of this Powder I took the weight

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of halfe a dram, and with a sufficient
quantity of fresh Butter, made a Bolus
or lump, which the Patient swallowed:
and after the third time (which was
done every twelve houres) he recovered. And in five dayes was perfectly
well.

CHAP.

CHAP. IIII.

Serpents or Wormes crept into the Body.

Hough it happeneth very rarely; yet sometimes it hath so
fortuned, that some lying asleep
on the grasse with their mouth open (as
many do sleep so) have had a Snake,
some an Est, one had a Slowworm crept
in at his mouth into his Body: Any of
these will much torment a man; but
especially the last: Because therefore, I
have known many take delight to sleep
on the grasse in the fields; and since such
an accident may happen, I thought it
not amisse to teach a helpe for the
same.

While it is yet in the Stomach, labour by vomiting to cast it out. If that prevaylen ot, Take the juice of Rue mixed with your owne Urine: and drinke a draught of it: and if need require, drink diverse of these draughts one within an houre of another.

Marcus Gatinaria commended the smoake of burnt old shooes received in

helps for Suddain Accidents. 21

themouth through a Funnell: Telling of a man that had in vain tryed many other Medicines; and with the use of this, avoyded a Viper downward. This Mizaldus recordeth in Centur.

8. Num. 94.

Some enforced through great thirst in the heat of Summer to drink of any water next to hand, have in their greedinesse swallowed a Horse-Leech, which being in the throate, and finding it selfe in a place full of such food as it loved; fell to sucking of bloud there; which must needs be a great torture to the Party. For which Accident, I finde in Authentical Authors these Remedies following.

The juice of Willow leaves drunk, hath the property of vexing that creature; making him let go his hold; and so the party, enforcing himselfe to vomit, may cast him out. Assa setida dissolved in Vinegar, and the throat therewith gargled (if it be not gone downe into the stomach) will do the like. But if it be gone downe so low, drink a draught of white Wine wherein Garlicke is boyled. Or else, Take half a dram of

Aloes

Aloes Succotrina powdred in a draught of White Wine, or Worm-wood Beere.

If an Earewig or other like creature chance to get into the Eare; blow the smoake of Tobacco through a pipe into the eare. Or, Take the juyces of Wormword and Southernwood, of each a like quantity; mix them, warm them, and drop a little into the Eare.

CHAP.

CHAP. V.

Poysonous Humours spurting or dropping out of the wounded bodies of venomous creatures, and lighting upon a Mans bare skin.

Hus have some been outwardly poysoned. My selfe while I was a Student in Cambridge, was fo hurt by the spurting of a venomous humour from the body of a great Toad into my face, while I pashed him to death with a brickbat. Some of the moisture lighted on my right eye, which did not a little endanger it, and hath made it ever fince apt to receive any flux of Rheume or Inflammation. Others I have known to receive like harme from a Spiders juyce. The skin that it toucheth swelleth and groweth red and painfull. The mischief of this, may be prevented by presently washing and bathing the place for half an houre or an houre with the juyce of Rue, and the distilled water of St. Johns Wort, or with Plaintane water, mixed with Andromachus Treacle, and a drop or two of Oil of

of Aniseeeds.

Hereunto I may adde the Stinging and Blistering of Gnats, Ants, and Nettles.

Though no danger doth follow this Accident; yet we may avoid the temporary trouble: By fomenting the place with the juyce of Lavender Cotton: or else annoynting it with Sallet Oil and Wood ashes. Or,

Take Nettleseeds and Aniseeds, of each a like quantity, bruise them, and steep them in Sallet Oil in a glasse with something a wide mouth: set it in the Sunne in Summer time for a month together. Annoynt the place with it. Oil of Aniseeds will doe it also.

CHAP. VI.

Certaine Genirall Notions for the Help of such as are Stung or Bitten by venomous Beasts.

Sthere are divers kindes of Creatures that sting or bite venomously; so are the mischieses different that break forth from their venomous natures. For the Hornet hath amore venomous Sting than the Bee or Waspe. So the biting of the Adder (which is a kind of Viper) or of the Slowworme (which some also call the Blind worme) is more dangerous, than of the Est, or Shrewmouse.

As for the Snake; I know by experience, that he hath neither sting nor tooth to offend with; though his likenesse to the Adder at first sight, hath long deterred people from so neare acquaintance, as to take notice of his

innocency.

Likewise the Sting and Teeth of the living Creatures are more pernitious than those of the dead: because native heat, that ministreth spirit to the veno-

mous

mous substance more thin and subtle, as

allo more active and piercing.

Furthermore, the Female of every kind is more fierce, and more danger oufly venomous, than the Male: the young, than the old: And those that live in rockes, mountaines, and dry places, than they that live in fens, mores, marishs and such moist grounds.

Moreover they that feed upon other venomous Creatures, are more pernicious upon the eating of that food; As the Adder when he hath eaten a Toad. And requires stronger Antidotes and in

greater quantity than others.

Also at the time of their ingendering they are more curst, and full of poyson,

than at other times.

And in Summer time, all these are more deadly, than in Winter: For the venomous hidden is more deadly, than the mannisest quality; the thin, than the thicke matter; and the hot, than the cold temperature. To which we may adde, the more or lesse aptnesse of disposition & constitution of the body by any of these so offended. For these men or women that are of a hot temperament

ment; having many and great veines ou:wardly apparent, and thereupon their pores more open; are much more apt to receive the venom even speedily to the Liver and Heart: than those, that (being of a cold constitution) have small veines, and strait pores, through which the poyson hath

but flow passage.

Lastly, those that are stung or bitten while they are yet fasting, and their stomach empty; are in more danger than they that are full fed. For when the veins and vessels are empty, they doe greedily sucke in any matter that is administred; yea, though nature abhorre the quality, because at that time she mindes only the supply of quantity (as is apparent in those that are extreame thirsty; for they will drink agreat draught before they regard or inde the taste) whereas those that have fed, and filled the veines to the fatisfaaion of quantity; their vitall spirits are thereby made the more strong, and able to resist and repell the siercenesse of the venomous quality.

With these few generall Notions, I have

have thought good to acquaint such, whose understandings are able to make use of them; that they may lend their helping hand to those that need them, with the more judgment and dexterity.

CHAP. VII.

The Generall Method of Preventing, and Curing all venemous Stingings and Bitings.

By having an eye to all places where they are likely to be abroad: And by driving them from the place of a mans habitation.

All venomous Creatures are driven from the house by these summes and

washings following.

Fume your roomes with the smoake of Harts horne shavings, burnt in a chafingdish or fire pan: or the shavings of sheepes hooses, or the parings of old shooes.

Wash the walls with the Gaule of any beast boyled a little in water: or the decoction of Rue, or Wormwood, or Assa fatida,

fatida, or Coloquintida boyled in water.

But in the Cure; The first thing is to pluck out the Sting, if there be any; and presently after, anoint the place with Honey: If with that it affwage not. Mix Mithridate with you honey, and anoint it again: or Honey and Treacle of Andromachus. If the prick or wound be large enough, wash it with urine, or salted water, or sharp Vinegar, or else with white Wine: in any of which, difsolve Mithridate or old Treacleof Andromachus; which being mixed together, heat it good and hot, and so wash the place well, rubbing it as hard as the patient may endure it, to draw the venom from running inward.

Some do presently burne the wound with a hot Needle or Bodkin: and it is the best way, both to consume the venomous matter before it go surther, and also to keep the orifice open, which must be so kept, till there be no likelihood of venom lest in the affected

part.

Upon this burning, there will grow a crustic scab, round about which the place must be scarified with the sharp point

point of a Penknife, that the corrupted bloud may have issue. And when the scab is grown dry, you must anoint it with fresh Butter alone, or fresh Hogs grease mixed with it, and having so loosened it, take it off. All which time, the part must be often washed with such a mixture as I præscribed before: And round about the wound, over all the swelled part lay a Plaister made of Turpentine, Wax, black Pitch, and Pitch of Burgundie: And into the wound put some Lint dipped in Unguentum Basilicen, mixed with a little burnt Alum, to keep the wound open.

But if the hurt be in the face, the actuall Cauterie or hot iron must not be used for seare of leaving a scarre or blemish in the face for ever after. Therefore in stead of that way; let some body prefently suck the wound with his mouth; which also is very good; but it must be

done with these Caveats.

First, the sucker must take head he have no sore, blister, nor rawnesse in any part of his mouth, tongue, gummes, throat, or lips, for then he endangereth himself, by sucking venomous matter

into

helps for suddain Accidents. 31.
into places prepared to entertaine the infection of it.

Secondly, before he sucke, he must wash his mouth first three or sour times with white Wine wherein Mithridate or old Andromachus Treacle is disso v.d; and after with sallet Oil.

Thirdly, he must be carefull, that he presently spit out all that he sucketh into his mouth, & let none of it go down his throat: lest while he physick ano-

ther, he poyson himselfe.

Lastly, when he hath sucked out all the venom; let him againe wash his mouth three or soure times with the like washing, as before he sucked. And to conclude, let him drink a little draught of the same, to prevent all evill chances.

But if no man will venture thus to suck: Take a Pullet or Cockerell, bare his rump, and rub his fundament well with Salt; then hold it close to the wound, holding his beake closed with your hand, and give him breath but now and then, onely to keep him alive; and his fundament will draw out the venom. If one die, take another; and so continue

continue till one of the creatures outlive the labour. Then may you be sure

the venom is clean drawn out.

Some apply Horseleeches to the wound, if it be very small. But sometimes it is so big, (as when an Adder or flowworme hath entred many teeth, or when a mad dog hath made it) that the fundament of fuch a creature before named cannot compasse it. Then take a Pullet or a Pigeon, and divide it alive, and apply it (while it is full of lifes heat) upon the wounded and grieved place (which must be scarrified before hand) that the vitall heat of that creature may draw the venom through, the scarifications. Let it be therefore bound on and kept there, till it be even cold; and then apply another, and so another; till (by affwaging of all paines, and swelling without, as also by the quietness and quicknesse of the spirits within) the patient appear free from all poysonous offence. Then apply Garlick fryed with sweet Butter or fallet Oil:to make sure that no remainder of mischief be behinde : for it is an excellent outward Medicine against all Stingings

Stingings and Bitings that are veno-

When all this is done, and now it is fure that all the venom is perfectly drawn forth; If the wound be big, it must be healed up with some good Balfam as a green wound. But if it be but a prick, it will soon heal it selfe, so it be but kept from the aire.

But besides these outward Helpes, the Patient must take inward Antidotes also. And of such I have spoken in the sirst Chapter. This is sufficient for the generall course; Now we must come to

a more particular way of Cure.

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CHAP.

CHAP. VIII.

Stingings of Hornets, Bees, and Wasps.

Ometimes these creatures leave not their stings in the place, but when they do, the sirst course is to picke it out: And then if it be a Hornet, as it is the more dangerous, so there must be the more care had of it.

out, lay to it a poultis made of leaven, wood ashes, and sallet Oil mixed together. Or bath it with childes urine good and hot. And when it is out, wash the wound with a little water and salt mixed with the juyce of Rue. Then burn it, or else sucke it as was said before: and after that, apply to it a little lint dipped in old Andremachus Treacle mixed with Honey; and cover it, as also over all the swelling, lay a poultis made of fresh Cow dung mixed with Barrowes grease, or sallet Oil.

Bres, and Wasps, though they seldomeendanger life, yet they swell and enstance the part stung by them, and cause

cause a great deal of pain, which sometimes is followed by a Feaver; therefore it is necessary to find a Cure for it. And some constitutions receive also deadly mitchiefe by tuch stinging. As some thirty yeares ago appeared by the Lady Walsingham wife to Sir Francis Walsingham Serretary to Queen Elizabeth: who (as I have oft n heard it related by my Father who was her Physitian) being stung in the hand by a Wasp at dinner time; the venom presently swelled up all her arme to her houlder, and thence to her throat: that, had not speedy meanes been used, and (as God would) her Physician been there present, it was thought, she would have dyed within lesse than an houre.

First therefore, the Sting is to be taken out, as is said, and presently the place to be annoynted with Honey, and covered from the air. If this prevaile not (as with the most it dorh) burn it, or sucke it: and apply Treacle of Andromachus or Mithridate mixed with Hore". Or, for the poorer fort, fresh Cow dung or degs dung mixed with fallet Oil, And, if need be, give the party some in-

ward Antidote; such as have been before commended. Or else for present
speed, Take Garlicke boyled in white
Wine, or strong Ale. Or else, the seeds and
roots of Lillies boyled in Beere. Or the seeds
of Mallowes boyled in water, and white Wine,

with a little Vinegar.

Not long a goe I saw a young man stung in the eye-ball with a Bee, while he was too closely looking into the doore of the hive: But the Bee left nor her sting there. Upon the place, I applyed this Plaister. I took a bandfull of Carduus benedictus newly gathered, pounded it in a morter very fine, and mixed it with the white of an Egge, so spreading it upon a pledget of flaxe, I laid it to the eye, and as it waxed dry, renued it twice. This Plaister of Cardum is excellent to recover the eye if any venomous juyce be spurted into it, or if the eye be hurt by a corrupt air, which the common people call blafting: It easeth paines: taketh away bloudy spots in the eyes: and is good for all burnings in, or about the eyes.

To this, let me adde the bitings of Spiders, the garden ones are the works for they are of the kinde of Phalangie.

helps for suddain Accidents. 3

The Inward Antidote for them, is, a draught of New Milke, wherein the inner meste of River Crabs is boyled. Or, a spoonfull of the braines of a speep boyled in Water and Vinegar. Outwardly, apply the Cobweb of the same Spider, binding it on with a fine linnen rag.

CHAP.

CHAP. IX.

Bitings of Adders, Slowwormes, Efts, the Shrewmouse, and other such venimous Beasts.

Emembring what I said before in the sixt Chapter, to begin the Cure. The slesh of the same beast that biteth, boyled, or rosted, as they dresse Eeles, and inwardly taken, helpeth much. Or a dram of Gentian root powdered and drunk in a little draught of white Wine, or halfe a dram of Terra Sigillata in the same kinde of Wine. Or else the same wine with Opoponax and Aristolochia rotunda.

Outwardly, the best thing to be applied is the sless of the same beast that did the hurt, pounded in a morter, and applied in manner of a Poultis. Or a Poultis made of Cocks dung and Vinegar. Or an old Walnut beaten with Salt, an Onion and a little Honey, and applied. Or take Peniryall and Fenell, of each a like quantity, boyl them in Water and white Wine, and bathe the place

place with the liquor. Or else drop into the wound the liquor that sweateth out of the green ashen wood while it burneth on the fire. Or oil of Bay and oil of St. Johns Wort, of each a like quantity. Or else a little Tarre mixed with a little salt spread on a piece of Leather, and applied plaisterwise, This is for the

Adder, Slowworme, or Eft.

Now the Shrew mouse is a little kind of mouse with a long sharpe snout, and ashort taile; It liveth commonly in old ruinous walls : It biteth also very venomoufly, and leaveth foure small perforations, made by her four foreteeth; To cure her biting; her flesh roasted and eaten is the best inward Antidote, if it may be had. Otherwise, a dram of the seeds of Agnus Castus beaten and steeped in white Wine. Or else some of the other Antidotes described at the beginning of this Booke. And outwardly, apply her warme liver and skin, if it may be had. Otherwise Rocketseeds beaten into powder, and mixed with the bloud of a Dog. Or else the teeth of a dead man made into fine powder. CHAP

CHAP. X.

The Biting of a Madde Dogge.

Lthough in this our country of England, I have neither seen nor heard of any such terrible dangers happening to people by a mad dogs biting, as in other Regions: yet I have seen Dogs mad. But the care that hath been used for prevention, hath perhaps hindred the fight of those Accidents which old Authors have fo laboriously Commented upon. And besides that , he temparature of our Climate keepeth the Doges of our Country from proving altogether so pernicious as in Gracia and Arabia. For Actim saith that the mad Dogs are most intemperate Climates, where the Wnters cold and Summers heat are extreame. Tetr. 2. Serm. 2. Cap. 24. Howsoever I will set down a briese course of helpe, to prevent the incurablenesse of the mischief;as I have it from the best Authors.

This kind of madness proceedeth from black

black Cholerick juyces, wherewith a dog more then other Beafts aboundeth. For he is of temperament hot and drie; as appeareth by many proofes. As first, by his continuall eager appetite (being alwayes hungry) and greedinesse in devouring any filthy offalls; Flesh putrified, flinking, and full of Maggots; whether it be raw, and perhaps buried under ground; or any other way rotten and infectious. Also they will drink of any durty poudle, or stinking ditch water: which kind of drink wondrously encreaseth black choler. And besides this, at two seasons of the year especially are Dogs most subject to madnesse: which is the surest of all arguments: namely, in the height of Summer, and in the dept of Winter. By Summers fervencie their bloud being overheated, turneth into burnt choller: And through Winters extreame cold, the same bloud is per Antiperistasin, so muchenflamed, that it becommeth burnt Melancholy.

You shall know a Dog to be mad, by these signes. He is affraid of Water, and at the fight of it, trembles and briffles

up his neck; his eyes are fiery and glaring; he runnes to and fro, and reels this way and that way, like one that is drunk: he holds down his head, gapes with his mouth, lils out his tongue (which is blackish, or evill coloured) flavers at the mouth, and his nose runneth: he snaps and bites at every thing in his way, but barkes not at all: he couches his eares, carries his tayle betwixt his legs. Other Dogs (though bigger than he) flie from him at the smell of him. He takes no notice of any friend, neither spareth to bite his own Maker: and being gone out of the house, never repayreth back again toit (unlesse by chance) for he knoweth no place aright.

Whosoever therefore is bitten by such a Dog, must presently be looked to. And if the Dog that hath bitten, have passed by so suddainly, that sufficient notice could not be taken of him: Then dip a little bread in the bloud of the wound, and offer it to some other Dog that is not mad, and if he resule to eate it, there is cause of suf-

picion.

Or take a Wallnut-kernell pilled, beat it in a morter, then steep it in the bloud of the wound: and give it to some Poultry mixed with their meate. If they die the day after, it is counted a sure signe that that biting was of a mad

Dog.

The party so bitten findes no alteration in himselse for diverse dayes after. For this biting is no more painful than as a wound, nor doth any such swellings or other Symptomes follow presently upon it; as in the bitings of Serpents. But after some time, the bitten party begins to grow melancholy, and to have frange and unwonted fancies in his mind, talkes to himself, and useth foolish gestures : for now the power of the poyson having crept up into the brain, corrupteth the imagina. tion. His sleeps are broken with terrors: and he leaves all company, choofing out solitary walkes. If till this time there could bee no certaine knowledge, Now it is high time to begin a speedy helpe.

For when once he comes to barke like a Dog, to hate the light, and fight

of al shining metalls and looking gasses as also to feare water, and all other kindes of liquors (which Symtomes at last doth sollow such bitings hitherto uncured) he is held to be past cure. But so long as he knoweth his own face in a glasse, and is not frighted at it: or may be drawn to drink water; he is (by Avicen and others) accounted curable.

As foon therefore as any one upon these signes suspecteth himself bitten by a mad Dog, let him presently repaire to some learned Physician, or at least to some well experienced Chirurgeon (for such extraordinary cases are beyond ordinary skills) if such may be had. Otherwise let some discreet man read carefully this Treatise, and ponder the method very diligently; especially this Chapter, which teacheth thus to begin the cure.

Labour forthwith to draw the contagion out of the wound by cupping glasses; application of Pullets or Pigeons that lay egges, scarifications, Leeches, and drawing medicines, as in 7. Chap. I have discoursed. If the

wound

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wound be so small that it bleedeth not: scaresse the place, and with a cupping-glasse draw out the bloud: or burn it with a hot Iron, or else (if the patient will not endure the hot Iron or actuall cautery) apply a potentiall cautery, or an eating Medicine, as Sublimate mixed with some cold thing, that it may be lesse painfull: as for example.

Take of Sublimate two drams, of juyce of Henbane one ounce, mixe them and drie them together, and make them into a fine powder. Apply some of this, and when the scab by crust (or escar) is grown dry upon the place take it off with a little sweet butter, or with sweet butter, pitch, and the white of an egge

mixed together.

When it is come off, fill the orifice with the powder of Mercury and Roche Alum, or else use Mercury mixed with a little Unquentum Basilican. Which Mercury is an excellent thing, not onely to keep the wound open, but also to draw the poyson outward. The wound must be kept open forty dayes at least: in which time, the juyce of Sorrell is to be applyed hot every night and morning; and

and the decoction (or broth) of the same hearbe, or at least of meat boyled with the same, must be drunk by the patient every morning fasting. Actius saith he knew an old man that cured this disease often, with this medicine

only.

Or else you may dissolve a little Andromachus Treacle in white Wine or
Aqua vita, and dipping a little lint or
rag in the warmed mixture, rub the
orifice as hard as the patient can endure.
This also is commended for an excellent Medicine: but then you must apply upon it Honey and Turpentine
mixed with an Onion or Garlick beaten
into the forme of a Poultis. And Gal n
appointeth this Plaister following to be
applyed to the wound. Take of Vinegar a
pint and a quarter, Opoponax three ounces,
Tarre one ounce. Boyle away the Vinegar,
and make it a Plaister. And this is highly commended by the Author.

In the beginning of this mischief we must neither purge nor let bloud, for then we shall draw the venom from the circumference to the center; which is dangerous to life. Yet both these meanes

may

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may be used afterward; if by continuance of time, and neglect in the beginning, the venom have spread it self into all the vessels. In the mean time, we must set upon it with apt Antidotes. As with Garlick boyled in white Wine, and drunke fasting, which relateth the poysens entrance into the principall parts. Or,

Let him drink this draught every morning. Take the powders of Myrrhe and Gentian roote, of each one dram; the powder of River Crabs (of Crayfishes) two drams. Mix them in a fit quantity of white Wine,

and drink it. Or,

After Galens way, thus.

Take nine parts of the powder of burnt River Crabs, five parts of Gentian roots powdred, and one of Frankincense powdred. Mix them together, and give a spoonfull of it in a draught of Spring water. These Antidotes are thus to be continued forty days together, and that in the beginning, before he scareth water: for after that, the quantities must be doubled.

The powder of Crabs is made thus.

Take River Crabs, or Crayfishes, (for Sea

Sea Crabs are naught for this use) in the height of Summer, when the Sunne is in Leo, and the Moon a little past the full. [But Rasis will have it when the Sunne is in Aries. [Others in Cancer; it seemes, a similitudine] I will not dispute the choyse: but the first is the most generally accepted, from Galen] These being gotten must, be put alive into a Copper vessell, and burnt on the fire to ashes. Then beat, them in a Morter, searce them, and so reduce them into a fine Powder.

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Another Author, called Johannes Stockerus, both in this and in all other kindes of venomous bitings, affirmeth, this course following; never to have deceived him.

Take Gentian rout powdered, and Treacle of Andromachus, of each one dram, every morning fasting for three dayes together; and the Patient must fast five hours after. If he feel himselfe disposed to sweat, let him order himselfe in his bed for it and sweat as much as he can, or is able to bear.

To the wound, in manner of a Plaister, apply Garlicke, Rue, and Salt pounded together in a Morter. And so much

helps for suddain Accidents. 49 much for the way of Cure in the begin-

ning.

When he beginneth to be affraid of water, he hardly admitteth of any Cure.

Now the reason of this Hydrophobia or seare of water is generally held to be, That the venom abusing the Phantasie, makes the party affected to have horrid imaginations of water. But some speciall Authors (having found by experience that the drinking of cold water causeth Convulsions in such overdryed and parched stomacks) conclude that it is extream pain and torture proceeding from that drinking that so terrisieth them from it. And this also is the reason why those that sear water are counted incurable.

Therefore the water that is forced into them ought to be at first very warm, and the party must by degrees be brought to drink it colder and colder; so likewise the Baths that they are to be cast into, ought to be in like temper, to avoid all cramps and Convulsions both inward and outward. Neither must there be any Bath used at all (ae-

cording to Oribasius) till twenty dayes

after the biting, at the soonest.

This Hydrophobia (or fear of water) beginneth not at any certain time after the Biting. For most commonly it followeth forty dayes after; in some, seaven moneths; in others a whole year after. Again in some it cometh within a fortnight after: According to the ftrength or weaknesse of the constituti. on of him that is bitten. For some bodies strength is able to resist the venom firlonger, when others weaknesse finkes under it much sooner. Some have their pores more strait to keep out, others more open to let in the venom. Also some have their bloud and humours more pure (and therefore lesse apt to infection) others more impure and corrupt; therefore more eafily turned into venom.

The main generall Remedy is by Celsus and others held to be, Casting of the Patient into the Water before he be aware of it; and this to be done every day for many dayes together: (For that which he feareth is the only Medicine to cure him). In doing this, if he cannot swim,

fwim, after he hath swallowed a good quantity of the water, take him one again. But if he be skilfull in swimming. hold him under water a little while till he have taken in some pretty quantity; For thus both his extream thirst and fear of Water will be soonest eured. But let him not be long deeper than his nostrills, least he be suffocated. If the Cramp or any Convulfion take him; as foon as he is out of the water, bath him him all over with Sallet Oil good and warm, which, as it will take away that Accident, so will it also stop the pores of the skin, and keep the waters cooling quality from going out again too suddainly.

My selfe (upon the sight of a picture of the Water Torture in Amboyna) have conceived this invention. Let the Patient bebound iast to some post or stake and tie about his necke a linnen cloth doubled and cast into the forme of a hollow Bason (as you would make him look like the figne of St. Iohn Baptists head in a platter) the cloth must first be dipped in Oil and Wax well mixed together, that it may hold water like Ra

a Bason: Then let one with an Ewer or Pitcher powre water gently into the cloth, till the water rife up to his nostrills, where through it may enter into his body (if he will not open his mouth) whether he will or no. Keepe the Water still at that height with continuall soft pouring in, till he hath drunk a good draught: onely sometimes forbeare so much as to maintaine his breathing. Thus have I out of a wicked weed sucked Honey for Health; and from an inhumane torture extracted case in a grievous sicknesse. This is the helpe without which is no help; for this case is held incurable without drinking of water.

Yet this is not all that must be done: For if the party be Pletherick (that is, too full of good bloud, which will appear by his high colour, and his big and sull veines) he must be let bloud in the Liver vein, according to the discretion of the Artist. If Cacochymick (that is, sull of corrupted Humors) he must be purged with Sena, I pithymum, Fumoterra, Mirabolans, Elaterium, Blacke Helleber, and the like; or with Hamech, Diaeatholicon

water Lillies, and of Flower Deluces, and such like diuretick simples: For the provocation of urine is also in this case very behoovefull.

This only I set down to make the cure compleat; but I do not reduce the Purgatives into forme; because by this time there is leasure enough to find out a.

Physician.

Now in the last place the Patients. Diet commeth to be observed. And such fick ones must feed something liberally, for hunger is very hurtfull to fuch as fuffer under venomous wounds. In the beginning of this disease, Salt meats, and sharp Sauces are good, as Sorrell, Vinegar, and Verjuice; also Garlick, Onions, and Leeks, for by their help the mad venom is hindred from creeping into the noble parts. Fatty and slimy meats also are to be chosen, because they stop the passages, and mouths of the vessels, that they may not easily let in the poyson. H s drink must be stale middle Beere; And of Wines, Sherrys, and Graves-Claret R 3 OT

or White are the best. But after eight, or at the farthest fifteen dayes are paffs let his sauces be of a more temperate quality, tending rather to moist than drie; and such as are proper to resist melancholy: as pickled Gelly flowers, Broom buds, Capars, Ajparagus, and such like. In his broth boyl Beet, Violets, Succory and Endive, Parsley and Fennell roots : Aniseeds and Fenell seeds, and such other simples that provoke urine, (which as I said before are very profitable in this case) Also Sweet Wines, as Muscadine, Canary, and High Country white Wine. Sometimes also (to please the palat, let him licke of Oxymel simplex, Syrup of Citrons, or Syrup of Lemons. He may also eat River Crabs or Crayfishes either raw or buttered. But from the beginning the flesh that he eateth must be of Mutton, Veale, Lambe, Kid, Rabbet, Pullet, Chicken, Partridge or Pheafant. Some counsell to mince some roasted Veale, and the Liver of the mad Dog reasted, together, and so let him eate it with a little Butter, Water, and Vinegar. To

helps for suddain Accidents. 55

To conc'ude, his Belly must be kept soluble (if need require) by gentle Glysters and Suppositories: And his Sleep must in the beginning be but little; but when he beginneth to rage, and is of himself overwakefull, it is good by some safe outward meanes (such as the Artist shall see cause to appoint) to cause Sleep.

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CHAP.

CHAP. XI.

Bitings of Creatures not venomous, yet in some Constitutions apt to turne into venom.

Ome are bitten by Dogs that are not mad: or by Apes, Monkeys, Squirills, by Horses, by Mankind, or any other creature not venomous: yet sometimes these wounds in some kinde of flesh are hard to heal.

The reason is either in the Creature biting, or in the party bitten. In the Creature biting, though in its own nature it be not venomous: yet there is at that time a malignant quality in the moisture of the mouth, begotten by the disturbance of the brain, through immoderate anger.

In the party bitten: Some men are made up of a kind of Flesh alwayes (by what accident soever wounded) hard to be cured. These either are very melancholick of Constitution (and Melancholy is the most offensive humor in the body, and therefore apt through any

extraordinary passion to become corrupted and in a fort venomons) or they are very fearefull; and fear corrupts the juyces of the brain (through the force of imagination) and makes them fall downe and disperse themselves into all the parts of the body filled with a fickly quality, and so contrary to nature. This is the reason why fearfull men are apt to die of a slight Wound: whereas a valiant Spirit hath alwayes flesh apt to be healed.

Now for fuch hard healing Flesh (from which of the two causes soever it commeth) I counsaile, that besides the ordinary course of curing wounds artificially according to the Rules of Chirurgery, there be also given some temperate Cordiall (as it were an An. tidote against this venomous Accident) to call up the Spirits, and to comfort the Faculties. For I know it by experience, that the Cure is thereby made much the more easie.

Such an Antidote is this following; which (because it cannot be rightly made but by an Artist) I will set down in Latine for the Apothecarics understand-

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ing

ing only, lest the ignorant tempering beyond their skill, discredit the Medcine.

Re. fol. Melisse, summitatum Rosmarini, florum Primulæ veris, florum Cheyri, florum Calendulæ, ana m. iij. florum Angelicæ, m.ij. Rad. Angelicæ, 3 j s. Gariophyllorum, 3 tij Rad. Enulæ Campanæ, 3 vj.

Infundantur omnia in Aqua Vitæli.xxiiij. horis 24. Tum in alembico distillentur. s.a.

In Aqua elicita infunde esiam Glycyrrhize

parum, fic guftui arridebit.

This Cordiall Water my Father called Nepenthes. If the Angelica be good indeed, it will have both a pleasant taste and smell.

A sponfull or two of this Water recalls, rectifies, and confirms the Spirits Animall, Vitall, and Naturall: And is therefore very good against Faintings and Swoundings.

CHAP. XII.

Inward or outward Bruises by a fall from an high place.

Sometimes it happeneth unfortunately, that a Man falleth from an high place, as from a house top, a high tree, a scaffold, or a ladder; and is taken up for dead: yet in a little time, may by good meanes be recovered to life; and the bruise (whether it be inward or outward) may be cured.

In this case, the maine things to be looked to, are: First, to recover the party to life and sense: which may be done by the use of my Cordiall Water, called Neperthes, described in the Chapter immediately going before; or else with some other comfortable drink of like

nature.

Secondly, if the Bruise be inward: there will be either ejection of Bloud at the Mouth, Nose, Fundament, or passage of Vrine, or else congealing of Bloud within, wherewith will be inward pain, and difficulty of Breathing.

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If the party avoid bloud, it is not amisse, so it go not too far to the expence of his spirits: But if so, then give him half a dram of Terra Sigillata in a daught of Posset drinke, wherein the flowers of St. Johns Wort are boyked. Or The tops of St. Johns Wort boyled in Poffet ate. Or, Take red Corall, white Corall, white Amber, Bole Armoniack, Terra sigillata, of each j. dram. Campber iiij. graines. Make all into fine powder, and divide it into foure equal quantities or Doses. Take every dose in two ounces of Plantaine water, and as much red wine mixed together, once in fix houres, as need shall require. Or else, Take the quantity of a Walnut of old Conferve of red Roses mixed with a scruple of the powder of Mastick; or rather with five or fix drops of the Oil of Mastick: Repeate the taking according to need.

But if there be no evacuation but suspicion of the Bloud congealed within; Then

Take Nep stamped and strained, with a little Ale or Beer, and drink a draught of it once in fix houres. After three times

times taking it so; stamp it new and strain it with Muscadine, and drink a little draught in the morning fasting, and at night when you go to bed. Or,

Take the quantity of a Bean of quick Brimstone in powder, in a little white Wine warmed. Or else, Twenty graines of Irish Slate in powder in a draught of Posset ale made with white Wine.

Some give two drams of Rheubarh, with one of Madder, made into powder, in a draught of white Wine: repeating it as need requireth. Or, two drams of Rheubarb alone, in neate white Wine. Or, Take of Rheubarb one dram, Madder and Mummy, of each two scruples. Make them into fine powder and drink it in a draught of some ordinary Pectorall Decoction.

Outwardly annoint the Brest, or Back, (as cause electeth) with two ounces of Oil of St. Johns Wort, and half an ounce of Sperma ceti mixed together, and warmed. Do this morning and evening. Orelse, use this Ointment.

Take of new churned butter unsalted ij.

pound, Madder one ounce powdered, Tormentill

ounces, Spermaceti ij. ounces. Boyl them together in a sufficient quantity of good white Wine, till all the wine be boyled away. Then with a little Wax boyleit

again to an Unguent.

Thirdly, if the Bruise be Outward only; you must consider whether it be a Simple or meer Bruise, or a Bruise with a wound. If it be a simple Bruise. You may make a Plaister with Branne, Honey or a little Salt (or rather Witer, if you can get it) and apply to it. Or, Take the powder, and the Oil of Myrtles, of each an ounce, and the white of an eyge well beaten. Make a mixture of them, and dip Clouts in it, and apply them to the place. If the constitution or Bruise be very larg, you must make your quantity accordingly.

But if there be a wound withall; Stop not the bloud too foon (if it bleed well) for many times the noxious humours that are mixed with the bloud, are very happily evacuated that way. But if on the other fide it bleed too much: Take the white of an Egge well bea-

ten, and mixed with Bole Armoniack made into fine powder, and dipping a piece of flax therein, lay it to the wound. Or, the white of an egge besten, brown paper albes, and fine powder of Chalke mixed together. A Cobweb also of a fit bignes for the wound, doth many times serve the turne. Or else have this Powder alwayes ready Take Sanguis Draconis, Olibanum, Aloes bepatica, and and Sarcocolla, of each ij. ounces; root of the Flower de Luce one ounce. Make all into fine powder, and mix them together. Apply a sufficient quantity to the wound, and lay upon it some flax wet with the white of an egge on that fide to be laid next the wound; and binde it on gently for straining the wound. This is very effectuall.

As for the Cure of a Green Wound, there are so many Balsams abroad, that I need not teach any. Yet to shew, I am no niggard of my Medicines, accept

of this Balfam of mine.

Take of the best Sallet Oil two pints, put it in a jarre glasse with a broad mouth; put to it an handfull of flowers of the greater Comfery. Then cover it with a trencher, and set it in the Sunne a week. Then put

in the leaves of fix red Roses not too much blown; a handfull of Mullen flowers, and as much of the flowers of St. Johns Wort. Set it in the Sunne still all the Summer. And if you adde two or three leaves of greene Tobacco, it will bee the better.

This have I often proved to be excellent, both for green wounds and Bruises anointing the place with it warm: and lapping the part up close from the out-

ward air.

The last main poynt in this Accident to be considered is Pain in the Head, which is for the most part a companion of such falls; and if it bee much, must be mitigated by some meanes, lest it bring the patient into a. Feaver.

For this therefore, Anoint the aking part of the head with oil of Roses and cil of Lillies mixed together. Or foment and bathe it with this Fomentation. Take of the yong and tender leaves of Myrtics one handfull, Myrrhe in powder three drams. Boyle them in Mu cadine.

Or else, Take a Quince or two, pare them and coare them, and boyle them in Muscadine

till they be soft: Then beat them in a Merter to a Poultis, and apply them very warme to the aking place.

If one application serve not, repeat it

often.

But, if in such a fall, any bone be put out of joynt, or broken; they must get help of such as are skilfull in Bone-setting, which Art is learned by sight, and not by writing.

CHAP.

CHAP. XIII.

For those that are almost Strangled by a Halter, Garter or such like meanes.

Ome have been strangled in jest.
As I knew a Player that one time Vacting a part wherein he was to be hanged; and having not fastned his halter sufficiently to his trusse, it slipped, and almost choaked him in earnest, I knew another man that was robbed at Tiburn, and because he asked the theeves how they could be so bold to tempt their fate in the face of the gallows, they hanged him up there; but presently upon fight of company tooke them to their heeles, and by the same company the man was faved from a finall execution. Some also through desperation have hanged themselves, as we have too often examples.

If any of these may be cut down while there is life in him; he may by Gods blessing and skilfull endevours

be recovered.

A learned Doctor of Physicke, being asked

asked how one might be recovered in this case; answered both briefly and wittily: Cut a throat to fave a life. His meaning was, That way must be made by incision, through the skin in the place where the Halter was; that so the constrained bloud might be set at liberty, the coagulated bloud let out, and way given for the windepipe and other internall vessells to open themselves again. But this is not to be attempted by any but some skilfull Chirurgeon indeed, that knoweth perfectly the fituation of the parts; for if any nerve or tendon should bee touched, great mis-chiefs would follow; and if the Jugular veins be cut, it is the present death of the Patient. Therefore other and safer meanes are to be attempted.

As soon then as the Halter is loosed from his neck, presently thrust your finger as far as you can down his throat (forcing open his mouth with some fit instrument) and presently plucke it out again; that you may open the passage within, but not stop his breath more. Then straightway powre down his throat some warm Vinegar with beaten

Pepper

Hippocrates in his 43. Aphorisme of his fecond Book, sayes that those that are any way strangled and not yet dead, if about their mouths there appear a foame, will never be recovered. But Galen in his Comment upon that place feems to be of another minde. And Christopherus a Vega in his Tract. de Arte Medendi li. 3. Sectio. 5. cap. 8. affirmeth that he saw three recovered that foamed at the mouth. One of which had hanged him self, but his friends did quickly cut the rope, and he was preserved by drinking Vinegar and Pepper: for that mixture restoreth the almost extinct heat.

helps for suddain Accidents.

heat. Being come to himselfe, let the Patient abstain from much talke, for the space of sour and twenty hours; and let him have some Ptisan or Pectorall Decoction for his drink.

And when he is grown strong again, if he yet seel some encumbrance, and swelling in his throat; it is good to open the Cephalica, or head-veine of his arme, and let him bleed nine or ten ounces, or according to his age and strength. But this must be done by due judgement of the Artist who may by this time be brought to him.

CHAP.

CHAP. XIIII.

For such as are almost Drowned and stiffed in Water.

Any take great delight in swimming and bathing them-selves in Ponds and Rivers in the Summer time; some to clense and coole their bodies, some for pleasure of their skill in swimming, others either for company or meer wantonnesse: And many of these adventure into places past their depth; where I have known some taken with the Cramp on the suddaine, that is there had not been many helpers at hand, they had speedily perithed. Some happen into Whirlepools, wherein they have been violently drawn, and immediately drowned, while their companions might look on with forrow, but could lend no help to fave them. Others in a great River have been carried away by the strength of the stream in spite of their skill in swimming, whereupon before they had fo much presumed. Others floating among

helps for suddain Accidents. 71.

mong flags and weeds, have had their feet to entangled by them, that neither the strength of nature, nor the sleights of Art could keep them from being cast

away.

And here, by the way let me infert a counsell to such as are Fathers and Mothers, or Masters and Tutors to yong Boyes. Some use to keep their children in so strictly, that the unfortunate poore fooles longing after such forbidden pleasure; and fearing to make others privie to their purpose, steal out by themselves, and run into some river or pond, without discretion of election; where (having neither guide norhelper, but fuch as themselves) force of them sometimes prove by the losse of their lives, that while they beguiled their governors too much, they deceived themselves most of all. To prevent this therefore, it were good (in my judgement) to give way to these desires of children, at fit times of the year, and in waters whose bottoms are even and fandy, with clear and gentle streames fit for their strength and stature; and free from flags, weeds, holes and whirlepooles:

pooles: having also with them some discreet man skilfull in swimming, that (if any danger should happen) may speedily succour them. And the times of the year sit for such bathes, I hold to be in the beginning of July and in the end of August: That is, before, and in the end of the dog dayes; The best time of the day likewise, is an hour before

Sunne fet.

And now to return to the point, although by the accidents aforesaid, as also by violent stormes, and the darknesse of night, too too many following their affaires have been woefully wafted to the shore of suddain death: yet some have been taken up for dead that with carefull and skilfull usage have recovered both Life the true love of nature, and Health the happinesse of Life. Therefore when any one is so found, the first thing to be done is to turne his feet upward, his head and mouth downward, and so to hold or hang him up by the heels, that the water may come out of him again. If this alone cause him not to cast out the water, and the party be without sense or motion; that

then alto let some one of the standers by, that is of good discretion, put his finger into the parties throat, or take a feather dipped in Linfeed oil, and thrust it into his throat, turning it round therein, to make him vomit. And in the mean time, let others help forth the water by stroaking, crushing, and driving his belly and stomach reasonable hard, from the bottom of his belly toward his throat. If it be cold weather, let all this be done in a warm roome before a good fire. After the water is come away, it is good to hold firong fweet smelling things to his nose (as Muske, Lignum Aloes, or such like) to warme the Brain, and comfort the Spirits. Also if he remain senselesse or fainting, his Spirits are to be recalled and awaked with Ros Colis, Aqua Celeftis, or some such comfortable water : and he is to be handled in all points as those use to be that fall in a Swound.

If by these meanes he recover life, sense, and speech; let him (some two houres after) eat some meat of a hen or chick (if he be able) or elfe suck the juyce of them; and let them be roafted

or broyled, rather than any other way dressed (for so doth Alexander Benedidus counsell, li. 7. cap. 3. De Curandis morbis. And with his meate, let him eat Pepper and Sugar, or Pepper and Honey, as he liketh best. He may also eat a roafted Egge with Pepper in it. But let him not drink in 24. houres at the least, and then let it be middle Beer and white Wine mixed together; of which let him drink but two smal draughts at a meal, and betwixt meals not at all. This Diet let him observe for a week together, keeping himselfe warme and moderately flirring his body immediately before, and an houre after his meate.

Also if the Physician see it requisite, other meanes may be used to prevent the comming of a Feavor, or to mitigate, and take it away if it be already come; as also to prevent a Dropsie, which is a likely effect of such a watery cause. Therefore by good advise Bloudletting in the Liver-vein; Glysters, and other Medicines may be administred.

Lastly,

Lastly, if any water be gotten into his Eares; Take Goojegrease, and the juyce ef an Onion, mixe them well together, and Erop a little of it bloud warme into his Eares.

Sometime such a sorrowfull misfortune may befall a man in the Winter time; or it may happen to an old body, as once it did in the North part of Devonshire to a worthy old Gentlewoman, who stepping on a bridge over a gutter, her feet flipping, she sell in; and through her great weaknesse (being above fourscore yeares of age) because she was not able to help up herselse again; she lay so long till with crying she had no voyce left. It pleased God that the water was not' so high as to drown her; but the coldnesse of it had like to have killed her before help came: for she was not heard into the house, though she strained her voyce exceedingly, and though the house was hard by. Only her sonne comming forth that way by meere chance, tound and saved her.

In this case, let some cordiall water (as my Nepenthes, Aqua Calestin, or the like)

like) be given first inwardly, to help naturall heat forth into the outwardparts again. Then lay the patient in his naked bed well warmed; And it it be a man, let a young man (in whom naturall heat hath his full torce) strip himtelse naked and presently goe to bed to him, and there embrace him closely, keeping in the clothes about him on all sides, till he have brought heat into him again. If it be a woman, let some young maiden of a sanguin complexion doe the like.

The patients diet must be of good nourishing and warming things, using some cordiall medicine morning and night, first and last for ten dayes together.

Once I knew an Infant of two yeares old, or there about; that was drowned in a tub of Soap suds. And because it is a chance that may happen to more, I will shew how Skenchius saith that he recovered such an one: (Observ. li 2. Observ. 18.) It was a little Girle betwixt two and three yeares of age, which sell into a vessell of Soap-suds, with which soapie water her stomach was much siled,

belps for suddain Accidents. 77

led, & the child thercupon seemed ready to give up the ghost, lay in a dead sleep, ratled in the throat, hardly drew breath, mide a groaning noise, as one sussociated, and lay gasping and gaping like a dying body: the winepipe being so over-full and oppressed, that it could hardly receive air in, or returne breath out.

Skenchius being sent for, prescribed a Decoction of unhulled Barley with Liquorice and Figges, adding a little Butter and Sugar. This he causeth presently to be powred downe her throat lukewarm; whereby she was prevoked to vomit out all the foapy water, and so was recovered. And I beleeve (though Skenchius make no mention of it, he gave her also afterward some Antidotes or Cordiall Medicine (as was meet) to resist the venomous quality of the Soap, whereof of it must needs leave some reliques behind it, too frong for the weak nature offuch an Infant to overcome. Therefore in this case I would give ten graines of Harts borne finely pewdered, with one grain of Bezoar stone, or eise with three or four graines of Ambergreise in a little diffilled

Dragons. And this should be repeated every six hours, till it have been given three times. Or else a little Mithridate dissolved in Red Rose water, sweetned

with a little Sugar.

Forestim (in li. 55. of his Observations, the 26. Observa im) tells of a maide about 19. yeares of age, that having fallen into a filthy Water (some stinking ditch or sewer it should seeme) being not suffocated, but having drunk in much of that water, and sufficiently vomited, using the help of no Physician; within a fortnight after she fell into a pain of her loins, and a continuall Feaver. For which she was faine to be let bloud and purged; and Forestus administred other remedies also, having much labour to save her life This I thought good to note as a warning to those that are apt to make flight account of the Physician, when they finde not present danger of death.

CHAP. XV.

For the ethat are cheaked with Smook of new kindled Coales in a close Room.

With the doors and windows that, where there is a pan or furnace with fire in the middest of the room: especially while the Coales are kindling, or the Furnace but newly made is annealing. For the vapour and smoak stiffeth suddainly before it be suspected or perceived. Diverse have been found dead in this manner.

Christopherus a Vega, Tract. de Arte Medendi. li. 3. Sect. 5. cap. 8. tells of divers that having supped together in a close room, the fire (as it should seem) being renewed after supper, and the dore shut to keep the cold air out; suddainly cast up their supper again, with great perturbation of their Spirits and swounding: No man considering the cause and therefore not labouring for the remedy. Some of them died before they could complain that they ayled

S.4.

any thing. Others were by this Physitian found vomiting. But when he had set open the dore and casements, they were soon resreshed and recovered with the meer ingresse of the fresh aire.

By which you may perceive, that the venting of the ill air out, and the receiving of the fresh aire in, is both the Prevention and cure of this Accident. But commonly there remaineth an head ach for a while after, which with some cold persume, as Rose water poured on a hot fire shovell, or Campher held to the parties nose; and the applying of a Rose cake dipped in Vinegar and Rose water (or in Vinegar alone) to the forehead and temples. After their recovery, it is good also to gargle with warm water, and Oil of Violets, or Oil of sweet Almonds; and to drink some fat broths; or swallow some warm fat morsells of Mutton or Lambe; or else some fresh bntter. Such things doth Haly Abbas in the 6. Book and 4. Chapter of bis Practice appoint. And the reason I take to be, that Fatty and Oily things will best heal that harshnesse that the smoak and

and ill vapours have begotten in the throat and flomach. It a Feaver succeed, and the constitution require it, Forestus counseileth to open a vein. Li.15. Scholio

ad Objer. 26.

Ambiole Pirey (in his treatise de Renuntiationibus) finding two servants in this case, in tight dead, and their teeth set in their head; took this course. First; with a filver quill (which one may better doe with a Syringe) he put into their mouths some Aqua vite well re-Stified (that is, twice or thrice distilled) with Hiera and Treacle dissolved in it. With often doing thus, they began to stir; and soon after voyded much sith at the Nose and Mouth. Upon this he gave them Oxymell very often, with which (together with much rubbing and clapping on the backe) a great deale of flegme and flimy stuffe, with bloudy yellow frothy matter came out of their mouths. Then did he blow up into their nostrills the powder of Euphorbium to purge the brain better (but I would rather advite the powder of good Tobacco, with a little Euphorbium, uneed be; because Euphorbium of it selt is dan-5.5

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dangerously violent) and so with oil of Mints rubbing the palats of their mouthes, and their jawes within, much more filthy matter came forth. Then a sharpe Glyster drew the remnant downward. After which with Cordialls herefreshed their spirits, and rectified their deprayed humors.

CHAP.

CHAP. XVI.

For such as are Sufficated with Stinking Smells.

Me may be choaked also with slinking Scents, such as privies and filthy ditches send forth. As in Saint Laurence Lane in London a young man fell into a privy vault, about tourteen yeares agoe (as Iremember) who with the slinking stuffe was for the sime suffocated; but being misted, and by chance, was with much ado gotten to life again. Neverthelesse, using such only as wanted skill to encounter such a strange Accident, he died within two or three dayes after.

Christopherus a Vegazin the place before quoted, tells of two men that being employed among others in cleansing certain linkes, and stinking sewers, were so overcome of the evill savours, that by their fellowes they were taken up and carried out for dead. Yet he recovered them both. The one by giving him Vinegar and Pepper to drink. And the other by pouring into him Vinegar and the

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for him also to hold to his nose strong sweet persumes, as of Muske, Amber Greise, Civet, Lignum Aloes, and such like. But where such rich Simples are not to be had, Sweet Marjoram, Thym., Peniroyall, Rosemary, and Lavender (rubbed together betwixt ones hands) may be held to the nose. And if any of that silthy water be gone down into his stomach, it must be brought forth by vomiting. Likewise, if in at the nostrills, the patient must be provoked to necesing, with powder of Tobacco, long Pepper, or such like.

CHAP.

CHAP. XVII.

For things Sticking in the Troat.

F things that endanger stopping of the breath in swallowing, some are Sharp, and some Blunt.

Of the Sharp fort are Fishbones, Pinnes, Thornes, and such like, for sometimes a Fishbone in swallowing sticketh crosse the throat, and is very offensive. And the like hath happened by a Pinne with such as soolishly use to carry Pinnes in their mouths.

Of the blount fort, it happeneth sometimes through over-greedy eating, that a gobbet of meat, or a piece of a bonetwo big for the swallow, sticketh in the throat likely to stop the breath. Sometimes through wanton rowling of a piece of money, a ring, a bullet, a pease, a plumstone, or some such like thing; it slippeth into the throat and sticketh there. Some again whose gullet is very narrow, in swallowing a Pill have been much endangered. I have heard

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ofa Child in Woodstreet strangled with a Grape: and we reade that Anacreon the Greek Poet was choaked with a Grape stone.

Now of those things that are Blunt; they that are of the bigger fize cannot fall into the windepipe, because the passage is too little to entertaine them: But they offend with their over-bigness sticking in the meate-pipe, and to compressing or thrusting together the neck of the windepipe, which joyneth to the meat pipe, that the breath (for that cause) cannot passe freely. On the other fide, very Small things, as a Crumme, a drop of liquor, or the like, cannot flick in the meat pipe; but their offence is by reason that when we swallow and breath at once, the Epiglottis (which is a little piece of flesh that covereth the mouth of the winde pipe to keepe the things that we swallow from falling into it') lisiting it self up (as it alwayes doth either to take in air, or to let out breath) some little thing may in that point of time slip into the winde pipe, whose passage is so straight, that the breath is presently stopped. The

The Sharp things may light into either passage, and if they turn crosse, their offence is painfull pricking and wounding of the part; whereupon may follow inflamation, and swelling; which swelling will stop the breath also, as in the Squinancie the swelling of the neighbour parts straitens the

Breath pipe.

If those of the bigger Blunt sort stick in the mouth of the meat pipe, let the party drink as great a draught of drink as he can to carry it down. If that will not stirre it, but the party waxeth black in the face, and cannot setch his breath; clap him often on the neck betwixt the shoulders, holding down his head; and give him a draught of sallet Oil to make it slip away. But if it be so low in the throat, and fixed, that it cannot be gotton up nor down; let some discreet body thrustit down with their singer, or with a smooth stick.

If a Pinne or Fishbone stick in the throat, and it be so high that (opening the mouth wide) you may see some part of it: plucke it out (if you can come at it) with your ingers; or with a hooked

wiar,

wiar, or else with two smooth stickes in manner of a pair of tongs: a imail eurling iron is very apt for the purpose. If it be low and out of sight, thrust in a small Candle of Virgin lwax warmed fufficiently, that the Pin or Bonemay sticke to it when it toucheth it, and so you may draw it out. Or if you have no such Candle, take a small limber willow flick, make it crooked like a bow, and anoint it at one end with Turpentine, and affay in the fame manner to fetch it out. Or let him swallow down a piece of Spronge fastned to the end of a brown thred, and anointed with Turpentine, and when it is gone fo low as to touch that which flicketh in the way; with the thread pluck out the Sponge again. If it will not not come forth; Swallow a piece of fat meet upon it to drive it downe; or a fig opened and turned the inside outward; or a crummy piece of new bread dipped in sallet Oil.

But if a crumme of Bread, a small Fish bone, a Pin or such like, suddainly slip into the windpipe; it will make him cough, and let some other make him

neez

nccz likewise by tickling his nostrills with straws or rushes. It he cough not enough to bring it out, let him swallow (by suddain gulps) some Vinegar or Verjuyce: so with much coughing it will be driven out; for the breath will not suffer it to sinck very low.

But sometime a drop of Vinegar, or some such sharp sauce slipping of it self into the same passage, causeth much trouble. The party must then drink leasurely, and by gulps a draught or two of water and honey; or else of small Ale and Sugar.

For Scaldings with Water, Oil, Lie, Milke, or any other Liquor.

CHAP. XVIII.

As also for Burnings with Fire, Gunpowder, Lime or such like.

OR Scaldings. Take the White of an egge or two or more of them, according to the largenesse of the hurt: Beat it with a sufficient quantity

of oil of Roses, or else of sallet oil. Dip fine rags in it, and apply them to the place, and take them off no more till it be well. Only three or soure times in a day wet the place through them with the said mixture.

Against Fire for Gunpowder; Take two pounds of Butter that was never salted, melt it and powre it into Spring water; there beat it and wash it well. Then take twelve ounces of the fine powder of Brimstone, the seeds of Coucumbers made into fine powder, and Camphor also into fine powder, of each half an ounce. Mix all together with the Butter, and keep it as an Ointment; in which dip a feather, anoint the part burned, and lay a fine soft linen cloth upon it. Repeat the anointing often.

Sometimes Burning Line may be spurted in the Eye, or some scalding drop, or a sparke of Fire may leap into it. For this, the white of an Egge beaten with Eyebright water, or Cardum water, is very good; if you drop now and then a drop of it into the eye. But the Plaister of Cardum described in the 8. Chapter is most soverain.

I was in a place about seaven yeares fince, where some Gentlemen were taking Tobacco; and as one had knocked out the snuffe or coal of it on the Table; another in jest blew it toward him, he also blew it at him again. This began to be pursued from one to the other, til a lettle Girle looing on (whose height was little above the Table) re-ceived the evill of their jesting: for some of the burning coal of Tobacco was blown into her eye. It tormeted her extreamly (as nothing burneth more terribly) I ran into the garden, where I found some ground Ivie, whereof I gathered some, which I stamped, and strained, and putting a little fine powdred Sugar to the Juice, I dropped some of it into her eye; upon which she received suddain ease, and had it not applyed above twice more, before she was perfectly well: But in the mean time, her eye was muffled up from the outward air.

Here observe that the eye must never be dressed with any Oil or Ointment; because oily and greasse things diminish the sight.

But

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But for all the parts of the Head and body beside, make use of two these Ointments sollowing, which are approved excellent for All kindes of Scaldings and Eurnings what soever.

The first is my Grand-fathers, Master John Banisters.

Take of sweet Butter newly churned, and never salted what quantity you will; boyl in it a fit quantity of Goose dung; strain it into cleare and sweet Spring water. Doe this seaven times: and the eight time strain it into Rose water; where let it remain for the space of twelve houres; Ever now and then crushing it, and working it together with very clean hands. After that, take it out, and put it up in a Gally pot; keeping it as a precious ointment for that use. It taketh away the pain presently, and healeth with as little blemish as may be.

The second hath been often proved by the Right Right Honourable, the Lady Hastings, late deceased.

Peru, English Tobacco, and Ground Ivie, of each a like quantity. Chop them small, and rub them in a stone morter as you do Green sauce. Then in a sit quantity of Hogs grease boyle them very leasurely on a gentle fire, till it begin to look green. Then strain it, cool it, and reserve it. When it is cold, while it standeth to settle, you shall see a thin part above seperate it selfe from the thicker part underneath: every day therefore, as it setleth, pour gently off that thin part (as of no use) and keep only that which is thicke.

This healeth grievous Burnings and Scaldings without scarre. But the part when it it dressed must be left bare, that

no linnen or woolen touch it,



Thus have I endeavoured a common good. And I beseech our Lord Fesus Christ so to blesse all bis servants, that either by bis Providence they fall not into any of these Accidents, or else by bis blessing upon these or the like meanes they may safely escape them.

A Discourse of the Na-

tures and Applications of those Herbes which are most ufually known by Countrey-people.

Wormwood.

This herb is good for severall maladies; for it comforts the heart, and cleanseth the stomack; and if it be tempered with honey, it is good to asswage the swelling in a mans mouth: It is also wery helpful for the sight, if it be powned with the gall of a Bull, and after put in to the eye, it helpeth all impediments in the sight.

Mugwort.

This herb is hot and drie in the second degree: If it be powned with tallow, it healeth the soreness of mens seet, and also the aking; and if it be stamped and tempered with running water, it helpeth the aking of mens guts.

Egrimony.

This herbe tempered with Ayfell is good to heal a wound that is made with an Iron weapon; it is likewise for the soreness of the milt if it be used in meats.

T Horse-

Horse-Mint, which is commonly called Water-Mint, or Brook-Mint.

This herb is hot and dry: the juice or pouder of this herb drunk with red wine hot, causeth women in travail soon and easily to be delivered; it is also good to comfort the stomach, and helpeth digestion; also the juice, and clarified honey, and red wine boyled together, will expell wind and cold in a mans stomach.

Borage.

This herb is hot and moith: it cheereth and maketh merry the heart if it be drunk with wine; it is good to destroy cardicle and posshumes that be gathered

of black choller.

Cammomil.

This herb is hot and dry, and is good; it is excellent good, drunk with white-wine for the stone, it helpeth the pain in the liver, it is good for the Megrym, and Head ache.

Colemorts.

The herb is hot and dry: it is good to heale fore eyes, and the canker, and to cleanse fresh wounds; if it be tempered with Allum and Aysel: it encreaseth womans milke.

Colum-

Columbyne.

It is good for the Quinfy, but it must be gathered in August.

Endyve.

This herb is cold and moyft: it is good to asswage the violent heat of the liver, it is good for hot posthumes, and if it be drunk mingled with hot water it helpeth the milt and liver.

Fenell.

This herb is hot and dry: The seed of this herb if it be dryed is good for the stomach, it openeth the stopping of the reines and of the bladder; also the juice is good for the webbe in the eyes; it is good to expell all manner of venome, if it be drunk with wine and water; it will likewise if it be drunk with wine, break the Dropsie and all manner of swelling; and if it be drunk with wine and water, it maketh a womans milk encrease; and if it be mingled with oyle, it is good to help a mans yard that is swell'd.

Grommell.

It is hot and dry. It is good for the Rone, and all evils in the bladder.

Galingale.

It comforteth the stomach, helpeth digestion, and expelleth windes. Hys-

[4] Hysope.

This herb is hot and dry. The juice of this herb will heal all manner of fores in the mouth, it also killeth worms; also if it be drank green, or in powder, it causes a fresh colour in the face.

Lilly.

This herb is hot and dry. And the virtue of it is, that if it be stamped with tallow and oyle, and a plafter made thereof and layd to the place where any imposthume is a growing, it will ripen and break it; also take a great quantity of the roots and feed of the Dock, and the more of Lovache, and put all these in wine and oyle the space of nine daies, and make thereof an ointment after it is feethed & cleansed, and it is good to heal the fore and hardneffe of the milt; also the juice thereof is good to heale the venome of Adders; also lay the juice thereof to a wound that is bitten, and it will heal it: also take the roots and rost them, and temper them with oyle of Olives, and lay it to any place that is burnt, and it will help it: This herb is good for many other diseases, if it be drunk with ale, wine, or water; it also comforteth the finewes.

[5] Primerose.

The juice of this herb put into a mans nose is of an excellent virtue against the Megrim.

Lupine.

This herb is hot and dry. The virtue of it is to destroy worms in the belly; also if the seed be taken and stamped to meale, and mingled with the juice of wormwood and honey, and make a cake thereof and eat, and it will unbinde the stopping of the liver and milt; it is also good against the Dropsie: also take the meal and the juice of Arsmert and make thereof paste, and lay it to the eares and it will kill the worms within them: also if you take the juice of Leeks, and temper it with the meale, and put it to the eares, it will cleanse them from all ill humours and stinking: Also take the same meal and temper it with oyle, and it will break and ripen all manner of imposthumes.

Sowthiftle.

This herb is hot and dry. Take the juice of this herb and temper it with hot water, and let him drink it that is in a hot Fever, and it will cure him. Also dry it

and make powder thereof, and put it into good wine, and it will help him that hath taken any venemous thing.

Letice.

This herb is cold and fomewhat moift. If it be eaten raw or sodden it ingendreth good blood. Also this herb sodden with a little Ayfell and Saffron and then drunk, it helpeth the stoppage of the liver and in the milt. Also take the feed of this herb and stamp it to powder and temper it with womans milke, and make a plaster thereof on lint, and lay it to the temples of the head, and it will cause the party that cannot sleep to take good rest; or, if you please, you may drinke the powder thereof with milke. Also take the seed and temper it with ovle of rofes and make a plafter and lay it to the stomach and it will destroy the hot imposthume; but they that use it overmuch, it will destroy their sight.

Lavender.

It is hot and dry. If it be sodden in water give it to him that is troubled with the Palsie, and t will cure him.

Cockle.

This herb is hot and dry. If it be drunk

drunk with Raddish and a little salt, it will help the canker. It is also good to comfort the stomach and the liver. It is good to provoke urine, and cure sore eyes. Also sumigations thereof will cause a woman in travaile to be speedily delivered.

Red Dock.

This herb is hot and dry. If a man take the juice thereof and hold it in his mouth it will asswage the Toothache. Also see the this herb in wine, and strain it, and give it the party that hath the Kings Evil to drink often and it will help him. It likewise cureth the stch.

Lawrell.

It is hot and dry. It is good to purge flegme and choller.

Lycorish.

It is cold and moist. It is good for a cough. If it be sodden in water it is good to quench thirst,

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ACATALOGU

Books printed for Fohn Staff which are to be fold at his F at the sign of the George at 1 bridge.

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